COMMITTEE: GENERAL

DATE: DECEMBER 5, 2019

MARIN MOBILE COUNTRY CLUB

PRESENT: Asimos, Bloch, Bortel, Boutilier, Bradley, Brilliant, Dowling, Etemovic, Hagerty, Kwentus, Lamorte, Locks, López, Marchese, Nuessle, Silverman, Timms, Vreeland Long, Weingarten, Zeller

EXCUSED: Gunn, Saffran, Turner

VACANT: District 5

RECORDER: Mandy Reyes

NEXT MEETING: Thursday, January 2, 2020, San Rafael Community Center

MINUTE SUMMARY

ACTION TAKEN/RESPONSIBLE

PARTY

Call to Order

Chair Marchese called the meeting to order at 11:28 a.m.

Approval of Agenda

The agenda of December 5, 2019 was approved as written.

Approval of the Minutes

The minutes of November 3, 2019 were approved as written.

Open Time for Public Expression:

None

Aging and Adult Services Report (Director Lee Pullen):

- Pullen and his staff attended the annual California Association of Area Agencies on Aging
 (C4A) conference last month. One of the listening sessions was held with the new director of
 the California Department on Aging, Kim McCoy Wade. All the buzz about Wade is that she is
 capable, competent, has the energy, and the smarts to get the Master Plan for Aging done and
 have it carried forward in a meaningful way. Pullen agrees after hearing her speak.
- Assemblyman Adrin Nazarian, Chair of the Assembly Aging and Long-Term Care Committee spoke as well. It was an opportunity for them to hear issues on housing and transportation and any other issues that people wanted to bring to the forefront.
- Aging and Disability Resource Connection (ADRC) are what is being looked at for being the
 entry point to help people navigate through all the systems that are out there. Aging and Adult
 Services applied and got our official designation as an ACRC along with Marin Center for
 Independent Living. This means we are a no wrong door, one stop shop for persons of all ages
 who are looking for resources, need social services coordination, or help with finding any other
 services.
- We are anticipating for our budget getting a significant increase in funding for nutrition into our county. We are waiting on California Department of Aging (CDA) to let us know what our allocation will be. Pullen is hopeful that we will be able to open some more congregate meal sites around the county. He would like the Health and Nutrition committee to give it some thought.
- In partnership with Sonoma County and Napa County, we will be hosting an ageism summit. It will be held on Feb. 28 in Napa from 9 a.m. 12 p.m. The keynote speaker will be author Ashton Applewhite.

Chair's Report (Chair Marchese):

- Chair Marchese noted he and the Aging Action Initiative (AAI) attended a meeting with the new HHS director Benita McClarin. The purpose of the meeting was to establish a relationship with her, and that relationship was established.
- McClarin said in the meeting that the government can't do it all and we need to own certain responsibilities that need to be owned by individuals.
- McClarin openly invited the commission to support her work and engage with her.

Vice Chair's Report (Vice Chair López):

- López will be getting together with the Chairs of the committees to pass out templates so that we have written reports.
- As part of the retreat process, a lot of thought went into how the meetings can be run better. López will be pulling together commissioners to help with this.
- Marin County Equity and Jobs November 6, 2019 meeting has been cancelled.
 Next meeting is Thursday, December 5, 2019 1:00 3:00 p.m. Civic Center, Room 143D
 The members of the group will be voting on two areas of interest to them in each category.

Committee Reports:

Health and Nutrition (Chair Asimos):

- Next meeting is January 27, 1:30 p.m. 3:30 p.m., 10 N. San Pedro Rd., Room 1018. New commissioners are welcome and will be finalizing the presentation on fall prevention.
- In response to Lee's request regarding the increased budget and putting money toward nutrition, Asimos would like the Health and Nutrition committee to take on more responsibility around the upcoming use of this money.

Housing and Transportation (Vice Chair Bortel):

• Next meeting is January 15, 1:00 p.m. – 3:00 p.m., 20 N. San Pedro Rd., Point Reyes Room.

Legislative:

(Co-Chair Bloch):

- Next meeting is January 17, 9:30 p.m. –11:00 p.m., 10 N. San Pedro Rd., Room.
- Jan. 2, 2020 Commission on Aging meeting will have Mike McGuire. Please attend and bring a friend.

Planning (Chair Brilliant):

- The Planning Committee met in preparation for today's presentation after this meeting to show the results of the survey. You'll find it interesting.
- Planning committee's next meeting is December 18 at 10 N. San Pedro Rd.

Age- Friendly Update:

- Aging and Adult Services Director Lee Pullen We are moving along with our Age Friendly County of Marin draft plan. Matthew Hymel has read the plan and requested a meeting for next week with Jenay Cottrell, Benita McClarin, Kari Beuerman and Pullen to make sure they are all on the same page.
- Jody Timms Age Friendly Marin Network meets twice a month. On the November 19 meeting
 they talked more about disaster preparedness and whether we could have and advocacy role
 around disaster preparedness. A lot of work, thinking, and initiatives are going to be moving
 forward in this area for everyone to consider. Next meeting is Dec. 17.

New Business:

 Chair Marchese passed around a series of documents to help the group begin understanding of what the commission does and what is coming down the pipeline. This is a work in progress.
 Marchese went through each document with the commission.

Adjournment: The meeting adjourned at 12:36 p.m.

The next meeting will be on Thursday, January 2, 2020, San Rafael Community Center.