

COMMITTEE: GENERAL	DATE: JANUARY 2, 2020	LOCATION: SAN RAFAEL COMMUNITY CENTER
PRESENT: Asimos, Bloch, Bortel, Boutilier, Brilliant, Dowling, Etemovic, Gunn, Lamorte, Locks, López, Marchese, Nuessle, Silverman, Timms, Vreeland Long, Weingarten, Zeller		
EXCUSED: Bradley, Kwentus, Saffran, Turner		
VACANT: District 5		
RECORDER: Amy Dietz		
NEXT MEETING: Thurs., Feb. 6, 2020, Margaret Todd Senior Center in Novato		

MINUTE SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
----------------	--------------------------------------

<p>Call to Order Chair Marchese called the meeting to order at 11:20 a.m.</p> <p>Approval of Agenda The agenda of Jan. 2, 2020 was approved as written.</p> <p>Approval of the Minutes The minutes of Dec. 5, 2019 were amended to include links provided by Vice-Chair López in her Vice-Chair's report as emailed to staff members Reyes and Dietz.</p>	
--	--

Open Time for Public Expression:

- Carolyn McConnell, Executive Director of Marin Medical Recyclers, reported on her program. Marin Medical Recyclers' goal is to reduce environmental waste and provide people with the medical equipment that they need. She distributed brochures and relayed that they are in need of volunteers. Commissioner Boutilier thanked Ms. McConnell as she had personally utilized the program following a knee replacement.

Aging and Adult Services Report (Pullen)

- There will be an orientation for new commissioners this week.
- The Older Americans Act reauthorization has passed the House and is currently in the Senate. It looks as though there will be at 1-3 percent increase this year.
- California Budget
 - Due to advocacy, there will be a substantial augmentation in nutrition funding this year. Director Pullen asked that the Health and Nutrition Committee brainstorm how to increase congregate meal participation and sites.
 - There will be a fall prevention grant, should the AAA apply it would be for \$140,000.
 - Commissioner Bortel asked if this could be contracted out. Director Pullen replied in the affirmative.
- Requests for Proposals (RFPs) will be released this year for all services.
 - Vice-Chair López asked what the role of commissioners would be. Director Pullen responded that a commissioner is generally on the review panel of various RFPs.
- The Ageism Summit has been postponed to May.

Chair's Report:

- Thanked the Legislative Committee for setting up today's presentation with Senator McGuire.
- Asked the commission to think about what types of innovations could be made to meetings to make them more accessible to the public. He suggested that the commission entertain the possibilities of changing times or locations.
- Asked commissioners to gather information about events happening in their districts so that they can be added to an annual calendar that can be published and distributed.
- Asked that the commission explore revitalizing a relationship with the Women's Commission.

- SPAHR has asked to present to the commission. This could possibly take place at a time aside from the regular monthly meetings.
- Supervisor Rodoni recommended that the commission meet in the Board of Supervisors chambers at the Civic Center.
- Asked that commissioners brainstorm how to recruit people not on the commission to attend committee meetings. Likewise, asked that commissioners brainstorm about engaging ethnic and low-income communities. Commissioners Silverman and Dowling will be exploring this.
- Windchime of Marin has suggested that the commission look at how to market presentations and meetings to 50-55 year olds.
- The Food Policy Council approached Chair Marchese in doing additional work and outreach in West Marin.
- The Executive Committee will brainstorm how to work with the Marin Grand Jury in selecting a topic for its annual report.

Vice Chair's Report:

- The California Master Plan for Aging will have weekly webinars beginning Jan. 15 that will take place from 9:30 – 11 a.m. Each will focus on a specific aspect of the plan.
- Justice on Aging is working to add a dental benefit to Medicare Part B. Justice on Aging has also filed a class action lawsuit to help couples stay in their homes together.
- Recommended the book, "Winners Take All."

Committee Reports:

Health and Nutrition (Locks):

- The Feb. meeting will focus on how to fall safely. A subcommittee will meet on Jan. 7 to finalize the agenda.

Housing and Transportation (Bortel):

- Last meeting did not have quorum. The next meeting is Jan. 15 at 1 p.m. at 20 N. San Pedro in the Point Reyes Room.

Legislative:

(Co-Chair Bloch):

- Co-Chair Bloch has drafted a new piece of legislation re: costs of dementia and Alzheimer's.

(Co-Chair Boutilier):

- The Legislative Committee may change its meeting date from Jan. 17 to either Jan. 24 or Jan. 31.

Planning (Brilliant):

- The committee met on Dec. 18 and formulated draft goals for the AAA 2020-2024 Area Plan. Chair Brilliant presented a summary of the AAA needs assessment at a Mill Valley City Council event at the Redwoods.

Age-Friendly Update (Timms, as Member of the Public):

- At this morning's meeting, seven cities and one region were represented. There is collaboration with the County of Marin age-friendly efforts.

Age-Friendly County of Marin Update (Pullen):

- Collaborative Consulting is finalizing the plan. On Jan. 16 it will be presented to the aides of the Board of Supervisors. It will be presented to the Age-Friendly Marin Network on Jan 21.
- Met with County Administrator Hymel, HHS Director McLarin, Social Services Director Beuerman, and AAA Program Manager Cottrell regarding ongoing governance and oversight of age-friendly efforts. Those on the age-friendly advisory committee recommended that it be a board committee. County Administrator Hymel recommended that the Commission on Aging have an important and active role as an advisory body. This will likely be a MCCOA subcommittee. The AAA will likely bring on a staff person to facilitate. The plan will be presented to the Board of Supervisors on January 28th.
- Linda Jackson (member of the public): Age-friendly planning is where structural changes happen. She will work with the AAI Advocacy Alliance on talking points.

New Business:

- Commissioner Silverman announced the creation of the Outreach and Advocacy Ad Hoc Committee. They will be meeting on Jan 15 or 16 to define their scope and avoid duplicative efforts.
- Commissioner Bortel announced that May 11 is Advocacy Day in Sacramento.
- Commissioner Timms announced that all committees must have their objectives for the coming year submitted to the Planning Committee by the end of Jan.

Commissioner Updates:

Boutilier (City of Sausalito):

- Talked to Parks and Recreation about Age-Friendly Sausalito.

Brilliant (City of Mill Valley):

- Presented results of the AAA needs assessment to the Mill Valley City Council at the Redwoods.

Dowling (City of Ross):

- Represents, with Commissioner Brilliant, the MCCOA on the AAI. On Feb. 5 there will be a forum at Whistlestop from 3:30-5 p.m. for all those running for the Board of Supervisors. If there are specific questions that people want asked, they are to email them to her.
- Apr. 28 is the annual convening of the AAI. It will be held at the Embassy Suites in San Rafael.
- Will be presenting the results of the AAA needs assessment to the Ross Town Council on Jan. 16.

Etemovic (District 4):

- Met recently with Patty Lyons (HHS West Marin Office), Dave Cort (San Geronimo Valley Community Center) and Skip Schwartz and Pam Osborn (West Marin Senior Services (WMSS)). Asked Director Pullen if WMSS was aware of the augmentation in nutrition funding. He responded in the affirmative.

Gunn (District 5):

- The Novato Village received a donation from the Berg Trust which was used to purchase emergency kits for its members.

Lamorte (City of San Anselmo):

- Asked the commission and AAA staff about what types of information should be provided to their Town Council.

Locks (City of San Rafael):

- The City of San Rafael is sponsoring an age-friendly birthday celebration on Feb. 9 from 3 - 4:30 p.m. at the San Rafael Community Center for those over the age of 90.

López (District 1):

- Age-Friendly San Rafael has completed its survey.
- Making a presentation to the San Rafael City Council in Feb.

Nuessle (District 2):

- Excited to have joined the commission and will be joining the Health and Nutrition Committee.

Silverman (District 3):

- Anne Marie Coop passed away last Sat. at the age of 58.

Timms (City of Fairfax):

- She is serving on the Senior Advisory Council of the SPAHR Center. The SPAHR Center will be hiring a new coordinator for senior services.

Weingarten (District 2):

- Suggested that if there were ideas for investigation for the Grand Jury, they be submitted early.

Adjournment: The meeting adjourned at 12:35 p.m.

The next meeting will be on Feb. 6, 2020 at Maragret Todd Senior Center.