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| COMMITTEE: EXECUTIVE | FEBRUARY 24, 2020 | LOCATION: 10 NORTH SAN PEDRO ROAD, RM 1018 |
| PRESENT MEMBERS: Ralph Marchese, Salamah Locks, Diana López, Allan Bortel, Sybil Boutilier | | |
| PUBLIC / OTHER: Linda Jackson, Lauren Vreeland Long, Sylvia Barry | | |
| STAFF: Gary Lara, Lee Pullen | | |
| EXCUSED: Girija Brilliant, Chris Asimos, Sue Kwentus | | |
| ABSENT: | | |
| RECORDER: Gary Lara | | |
| Next Meeting: 10 N. San Pedro Rd., Conference Room 1018 - Monday, March 23, 2020 | | |

| MINUTES SUMMARY | ACTION TAKEN/RESPONSIBLE PARTY |
|--|--------------------------------|
| <p><u>Call to Order</u></p> <p>Chair Marchese called the meeting to order at 10:42 a.m.</p> <p><u>Agenda</u></p> <p>The February 24, 2020 agenda was approved.</p> <p><u>Minutes</u></p> <p>The January 27, 2019 minutes were approved.</p> | |

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PARTY**

Public Comment:

Linda Jackson noted the Aging Action Initiative (AAI) is hosting its annual convening on Tuesday, April 28th at the Embassy Suites in San Rafael. This year there will be a registration fee of \$25 to attend the event. Registration information is forthcoming. This year’s theme is “Committing to Action.”

Senior Rally Day in Sacramento at the State Capitol is scheduled for Monday, May 11, 2020.

Lauren Vreeland Long expressed her appreciation for the General commission meetings noting they are very informative. She would like to see increased attendance from the public and suggested having a sandwich board outside the meeting venue welcoming the public.

Chair’s Report:

Marchese provided the following updates.

Additional planning is in the works for the commission’s annual forum.

Senior Program Coordinator Amy Dietz will provide to Marchese a copy of the biannual report due to the Board of Supervisors. He will review and provide input. Once finalized, the report will be provided to the Executive Committee.

Marchese would like to see a more even distribution of involvement in activities throughout the entire commission.

In the near future Marchese would like to talk about vacancies in the commission with the goal to strengthen and align people’s interests with committee assignments.

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Director's Report:

Director Pullen reported on the following.

Administrative Updates:

The Area Agency on Aging received \$143,000 in funding for a Falls Prevention program through June 2021. This will allow for education and outreach as well as home modifications. Funding is one time and not on-going.

The nutrition program increase allows funding from one to two meals a day for home delivered meal recipients, as needed. Expect to see more promotion of this in the summer and fall months.

There will be some emergency meal purchasing of shelf stable food for clientele in the event of an emergency.

Request for Proposals (RFP) will be issued for all programs March 16th with the bidder's conference at the end of the month. Contract awards are expected to be announced May 1st. Linda Jackson offered to help publicize the RFP announcements.

We are hoping to add additional sites for the congregate program which will include culturally congruent food and seeking another site or second day in the West Marin area.

Bortel would like to see vegetarian meals offered at the congregate sites each time food is served.

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Discussion Items:

Annual Health Forum:

Commissioner López noted Secretary Sue Kwentus is looking into venues for the May event. All commissioners will be asked to presell tickets.

López highly recommended the book “Elderhood” by Louise Aronson who is being considered as one of the speakers for the May event.

Locks noted the planning committee for the event is working on selecting either May 22nd or 28th as the date for the event once the potential speakers Louise Aronson and/or Carroll Estes are confirmed. More information will be provided as it becomes available.

CSL Legislative Vacancy:

Pullen provided an overview of the [CSL Election Rules and Procedures](https://4csl.org/become-a-senior-legislator/). If no known candidates are available, an election will need to be held. If only one interested party expresses interest, a completed application packet should be submitted to the CSL. Application packets are located at the following url: <https://4csl.org/become-a-senior-legislator/>. Pullen will work with John Pointer, Chair of the CSL to publicize the vacancy. It was decided to proceed with an election.

Quarterly Meeting with H&HS Director:

Marchese will put together the agenda for the meeting with H&HS Director, Benita McLarin. Discussion topics include social determinants to health, H&HS Strategic Plan and Census 2020: outreach to ethnic, under served and hard to count.

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Linda Jackson would like to know the plans to count older adults in Marin.

López noted the commission was going to support the count of older adults but asked if we have gone further by developing a plan?

Committee Reports:

Legislative:

Chair Boutilier noted the committee last met on February 21st. This was also the date that bills needed to be introduced and when CSL bills would be picked up by an author in the first phase. At their next meeting on March 20th, the group will discuss how best to monitor the Master Plan for Aging.

C4A Capitol Day is on Thursday, February 27th. Boutilier noted a carpool from the county will attend the event. State Senator Mike McGuire decided to bring all counties together instead of meeting with them separately.

Health and Nutrition:

Commissioner Asimos was unable to attend today’s meeting. Locks noted the next meeting date of the committee is Monday, March 23rd. The group will finalize their goals and objectives which have already been submitted to the Planning Committee. The committee hopes to have a speaker focus on congregate meal sites.

Locks noted that Asimos met with a mental health practitioner to discuss mental health issues in the county. A report out will be given to this committee.

Housing and Transportation: Bortel noted the Marin Senior Fair is scheduled for Wednesday, October 28th. Locks has joined the fair planning committee which meets once a month.

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Bortel reminded everyone about the upcoming General commission meeting scheduled for March 5th at the San Geronimo Valley Community Center. The speaker is Robert Betts, Director of Planning and Operations at Marin Transit. A congregate lunch follows after the meeting.

The committee’s next meeting is Wednesday, March 18th at 1p.m.

Planning: Boutilier noted the committee last met on February 12th to review the goals and objectives of all the committees. Also reviewed was the draft outline of the Area Plan and the commission goals and activities report due to the County Administrator’s office. The Planning Committee provided feedback.

The committee’s next meeting is Wednesday, March 18th at 11a.m.

Ad Hoc: Marchese noted the committee had their second meeting to discuss age-friendly unincorporated areas. The committee will schedule additional meetings in order to put together a tool kit of information for commissioners to take to their reporting bodies. Marchese will have a discussion about how to make the Ad Hoc group a standing committee.

New Business/Other:

Commissioner López provided the following updates.

Please use this link - <https://www.chhs.ca.gov/home/master-plan-for-aging/master-plan-for-aging-engagement-activities/> to access all the California Master Plan for Aging meeting documents and to view the webinars noted below.

Master Plan for Aging Stakeholders Advisory Committee Meeting

Provides advice and input to the California Health and Human Services Agency and to a Cabinet-level group in the Newsom administration.

| MINUTES SUMMARY | ACTION TAKEN/RESPONSIBLE PARTY |
|---|---------------------------------------|
| <p>Wednesday, February 26, 2020, 11:30 a.m. - 1:00 p.m Cheryl Brown from the California Commission on Aging is a member of this committee.</p> <p><u>Master Plan for Aging Research Committee Meeting</u> hosted by the Stanford Center for Longevity (Developing measurements that will track the progress of the MPA) Tuesday, February 25, 2020, 1:00 - 5:00 p.m.</p> <p><u>Long Term Services and Supports</u> February 19, 2020, agenda, transcript, presentation, and video are available Disasters and emergencies, IHSS assessments, In-Home Supportive Services fiscal structure, and accessing and directing IHSS services</p> <p><u>Equity Work Group Meeting #1</u> February 13, 2020, agenda, transcript, presentation, and video are available</p> <p><u>Webinar Wednesdays</u></p> <p><u>Isolation and Inclusion</u> February 26, 2020, 9:30 - 11:00 a.m.</p> <p><u>Poverty, Hunger, and Homelessness</u> February 12, 2020, presentation and transcript are available</p> <p><u>Housing</u> January 29, 2020, presentation, transcript available</p> <p><u>Work Opportunity</u> January 22, 2020, presentation, transcript available</p> | |

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Healthy Aging

January 15, 2020, presentation, transcript available

Other events:

California Commission on Aging Meeting

March 2 - 3, 2020, San Francisco, CA

Community Heritage & History Day at Bon Air

May 2, 2020, 11:00 a.m.- 2:00 p.m.

Jasmina Etemovic, Lead

Will There Be a Cure for HIV/Aids?

Co-sponsored by the SPAHR Center

March 5, 2020, 6:30 - 8:00 p.m., Corte Madera Library

New business tabled for next month: how the commission can monitor what the Master Plan on Aging is doing.

Adjourn

The meeting adjourned at 12:07 p.m. The next meeting is Monday, March 23, 2020 from 10:30 a.m. - noon.