Cultural Competence Advisory Board Tuesday March 12, 2019

Attendance

Board Members: Cesar Lagleva, Jessica Diaz, Kristen Gardner, Terry Fierer, Kelli Finley (new member), Veronica Alcala

Mark Parker, Cheryl August, Sadegh Norbari, Julie Lehman, Alexis Wise, Vinh Luu, Paula Astalis (guest)

Agenda

11:00am Introductions

- -Introduced new CCAB member, Kelli Finley, ED of NAMI, to the board
- -Introduced Veronica Alcala, newly promoted Administrative Services Technician who will provide administrative technical support (agenda and minutes preparation) for CCAB
- -Cesar announced that he has unofficially submitted his resignation/retirement from BHRS. Depending on some parts of his personal life that still needs to unfold, he will make this announcement formal in September and will depart anytime between September January 2020. If parts of his personal life do not materialize between now until September, he will remain with BHRS until further notice.

11:10am BHRS and Community Announcements and Updates

Upcoming Trainings

- -Delivering the ABC's of Local Advocacy April 5th 9:00am-3:30pm at the Wellness Center
 - Talking to the Board of Supervisors
 - Promote and advocate views and ideas
 - Strengthen, improve new ways to approach advocacy on strategic levels
 - Contact person to sign up is Cheryl August
- -Co- occurring Disorder Training March 22nd at Novato Country Club:

To sign up please follow the link: https://www.marinhhs.org/form/understanding-co-occurring-disorders-whats-all-fuss-about or Email your request to Taylor Watts at cwatts@marincounty.org. A reply email will be sent to confirm your request.

- CEU's offered in training
- Helps view Co-occurring substance use and mental health in an integrated way
- Capacity for training 200
- Applied Suicide Intervention Skills Training April 19th and 20th 9-5pm
 - Mark Parker has the link for more information
- -CBT for Psychosis Training May 9th and 10th -2-day free workshop at Wellness Center
 - Kelli Finley has more information

Celebrate the Uncelebrated: May Mental Health Month

- -May 23rd at 5:30pm
 - Already a panel of Judges to look at nominations
 - Invitation to attend and participate
 - Taffy Lavie contact person to see if there are still scholarship opportunities

- Get the word to the Enterprise that there may be scholarships available for those who cannot afford to attend the event.
- Discuss with Jei Africa how many scholarships should be available for those who cannot afford the fees.

Town Hall Meeting in Marin City on 2/19/19

- Health and Human Services held first town hall meeting in 21 years
- This meeting is a strategic way for the department to unveil their 5-year strategic equity plan
- Was designed to be a listening session to engage with residents
- Executive directors where there:
 - o Public Health
 - Social Services
 - BHRS
 - Hy Hinojosa acting HHS Director
 - Jenny Chacon CSO
- Meetings to expand to the Canal, Novato, and West Marin
- There are processes in place to make sure that the recommended will be completed
- Will have another meeting in one year
- Community looking for opportunities
- Create space not only to traditional organizations but also grassroot organizations

WET Scholarships

- MHSA gives scholarships to family and consumers, with experience, to become counselors for:
 - drug and alcohol counselors
 - Mental health peer counselors/specialists
 - o domestic violence counselors
- Announcement for scholarship March 25th
- Application Process open for 3 weeks
- There will be an orientation
- On the 4th week, application process is closed, applicants are interviewed to see if they
 understand what they are committing to

BHRS Equity and Inclusion Committee (B-EICO Survey results)

To be discussed at the next meeting

HHS Equity Officer Recruitment Process Update

Health and Human Services department has invested in a new position of equity officer. This position is shared between Health and Human Services Department and the county administrator's office.

- Down to 2 finalists
- Will be a person who be spending a lot of time with in the community to continue to further the work of the equity plan
- All departments in the county must come up with a 5-year business equity plan
- Board of Supervisors are creating this policy
 - o Matthew Hymel and Administrator's office are the enforcers
 - o The progress is being documented on an Equity Dashboard
 - Data and work that is being done
 - Equity Dashboard https://www.marincounty.org/depts/hr/divisions/equalemployment/equity-dashboard

HHS Department Director Recruitment

- Grant Colfax resigned 2/18/2019
 - o Is now Director of Health for San Francisco
- Hy Hinojosa Chief Assistant Director is Acting HHS Director
- There is a search committee in process internal and in the community to participate as part of the interview panel
- Notify Cesar if anyone in this meeting wants to represent the interest of this Advisory board

MHSA 3 – Year Community Planning Process

This fiscal July 1, 2019- June 30, 2020 will be the last year of the 3-year MHSA Plan. A new MHSA 3-year plan will need to be prepared for the next MHSA 3-year Plan of 2021-2024. Based on MHSA mandate this will require:

- a robust set of information from the community
- an outreach and engagement plan that will enable the community to participate

This shapes what will be happening within the next 3 years after 2020.

That will determine:

- Priorities
- Funding
- New ideas

11:30am 2019 Cultural Competence Plan

-Subcommittee formation

- Goals designed and developed last January
- Five domains that have different goals, strategies, and objectives:
 - Access
 - Increase the presence in West Marin in terms of mild/moderate adolescence
 - Increase YFS/Adult/ AOD System in all Access Points
 - All Materials translated in Spanish and Vietnamese
 - *Medi-Cal Eligibility worker and access team-there is an eligibility worker whose purpose is to screen for Medi-Cal eligibility as clients walk in the door
 - *Health Navigator-is accessing people throughout the and is not limited to the office. Will happen this year
 - *Family Partner and Peer Counselor in Access Team
 - Outreach Education and Engagement
 - Expand demographic population to other underserved/unserved population
 - Development of formal system
 - Extra Hire Position Outreach and Engagement Intern to develop system
 - Workforce Development
 - Increase the number of BHRS Peer and Family Partners by 4
 - Recruit Clinicians (Bilingual Family Partner Sonoma County for West Marin)
 - Seminars on how to compete for jobs for peers and family partners

 Looking for organizations to provide job readiness for consumers: how to prepare for interviews and help fill out applications (ICS is one of the targeted organizations)

Training

- Intentional Peer Support Training
- Peer Recovery Training tied into Peer and Recovery 3-year initiative (not just BHRS)
 - An unofficial launch for Peer and Recovery Training April 29th and 30th at Wellness Center, announcements to go out soon.
 This training will count as a cultural competence training.
- WRAP Informational education

Advocacy

- Consumer Operated
- Operated/Run
- Peer Org
- MHSA
- Increase wages of CBO/ Peer Counselors and Family Partners

12:00pm Peer and Recovery 3-year Initiative

- -3-year Peer and Recovery Initiative throughout the system
 - Not just crisis driven
 - Strong element of recovery
 - Peer agency collaborative change for 3 years

12:30pm Newly Hired AOT Mental Health Practitioner (Paula Astalis)

Paula is a Clinical Psychologist and has been hired to work with the Assisted Outreach Program. It's a program decided by the Marin County Board of Supervisors to implement Laura's Law. Previously worked with the STAR program as a Supervisor for over a year. Now is the Clinical Psychologist for the Assisted Outpatient Treatment Services. The service program will be doing trainings with different community agencies, with the goal to break down what Laura's Law is. The target is to outreach and engage individuals to voluntary engage in services.

1:00 Adjourn

Next Meeting: Tuesday, May 14, 2019, between 11-1 at the Wellness Center, 3240 Kerner Blvd., San Rafael, room 109