



DEPARTMENT OF HEALTH AND HUMAN SERVICES
**BEHAVIORAL HEALTH AND
RECOVERY SERVICES**

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Benita McLarin, FACHE
DIRECTOR

Jei Africa, Psy.D.
ASSISTANT DIRECTOR

20 North San Pedro Road
San Rafael, CA 94903
415 473 6809 T
415 473 7008 F
415 473 3344 TTY
marinhhs.org/bhrs

CCAB Meeting Minutes for 10/13/2020

11:00 -11:25

- Welcome and getting to know you
 - Jennifer “Jenn” Moore started off the meeting by asking members to state their name, pronouns, role/agency, any announcements, and what brings them joy for the purpose of getting to know and recognize CCAB members.
 - CCAB members were given the option to state their pronouns.
- Introductions:
 - Jennifer Moore (She/They) Equity and Inclusion Manager for Behavioral Health and Recovery Services
 - Jessica Diaz (She/Her/Hers) Unit Supervisor for the ACCESS Team Behavioral Health and Recovery Services
 - Maria Donnell-Abaci (She/Her) – Unit Supervisor for the Bridge Team for Kerner and Bon Air for Behavioral Health and Recovery Services
 - Douglas Mundo – Director of The Multicultural Center of Marin
 - Vinh Luu – Director of Marin Asian Advocacy Project
 - Veronica Alcala – Administrative Services Technician Behavioral Health and Recovery Services
 - Marta Flores (She/Her) – Unit Supervisor for the IMPACT Team for Behavioral Health and Recovery
 - Terry Fierer – Director of the COPE Program and works for Integrated Care Services
 - Maya Gladstern (She/her/hers) – Medical Health Advocates of Marin and is also on the Mental Health Board
 - Sadegh Nobari – Therapist with Youth and Family Services, Children’s mental health for Behavioral Health and Recovery Services
 - Robert L. Harris Jr. – Licensed Mental Health Practitioner for the Bridge Team Kerner for Behavioral Health and Recovery Services
 - Kara Connors (She/her/hers) – Senior Program Coordinator for Behavioral Health and Recovery Services
 - Amit Rajparia (He/his/him) – Psychiatrist and Medical Director for Behavioral Health and Recovery Services
 - Sara Fusenig – Contract Admin for Behavioral Health and Recovery Services
 - Rebecca Stein – Psychologist and Unit Supervisor at the Crisis Mobilization Unit

- Angela Tognotti (She/her/hers) – Unit Supervisor for the ODESSY Program for Behavioral Health and Recovery Services
- Maria Jaramillo Rea (She/her) – Outreach and Engagement Coordinator for Behavioral Health and Recovery Services
- Claude Crudup (I/We) – Program Director for The Multicultural Center of Marin
- Kerry Peirson- Client, Participant of CCAB to focus on clients
- Jamie Faurot – Peer Advocate, Volunteer for Behavioral Health and Recovery Services, On the Mental Health Board, Part of MHSA, and Mental Health Advocates of Marin

11:25-11:30

- Land acknowledgement for Indigenous Peoples' Day (IDP)
 - Jennifer Moore discussed Land acknowledgement for Indigenous Peoples' Day that was celebrated October 12th. Land acknowledgments are transformative acts that invite us to confront our place on stolen Native lands. Land acknowledgements can be a practice to teach and promote a greater public consciousness of Native Sovereignty. Marin County sits upon Coast Miwok, Graton Rancheria, Ohlone lands. It is recognized the historic discrimination and violence inflicted upon indigenous peoples, including the forced removals, painful back and forth processes on federal recognition, and the complicity behavioral health systems have historically played in the separation of indigenous families.
 - The CCAB was asked to reflect silently for a moment on what the benefits are of fostering a culture that acknowledges these harms and committing to taking steps forward towards repair.

- Acknowledgement of Latinx Heritage Month, NDEAM, LGBTQ History Month, Breast Cancer Awareness Month.

- The following October celebrations were acknowledged:
 - Latinx and Hispanic Heritage month that ends October 15th
 - National Disability Employment Awareness month
 - LGBTQ history month
 - National Coming out day
 - Breast cancer awareness month
 - Dia de Los Muertos (<http://multiculturalmarin.org/>)
 - Domestic Violence Awareness
- By acknowledging and commemorating these calendar and cultural events and celebrations for the purpose of finding inspiration and perseverance.

11:30-11:45

- Updates
 - **COVID Updates given by Amit Rajparia –**
 - Updates on what BHRS is currently doing to manage COVID.
 - There are precautions in the Jails for the Mental Health Team to be able to see clients in settings and keep a safe distance.
 - In the Crisis Stabilization Unit, they are testing every client coming in prior to checking in to the Crisis Stabilization Unit with rapid tests. They have made efforts to provide PPE to staff and clients in need of services.
 - In the clinics and other programs there has been a more drastic shift on how they do things. They must do a risk benefit analysis if client is unable to have a visit through the telephone or online and need to be seen in person. A lot of services have been transferred to Telehealth and video services.
 - Access services have continued without interruption since the pandemic. They are taking on new clients. There has been a dip in client seeking services due to fear around COVID and people needing to seek basic needs before addressing their mental health needs.
 - The distance learning is also having an impact on the fall of clients since the schools are not sending referrals.
 - **PEI Updates by Maria Rea –**
 - This year there was an expansion of Newcomers contract with Bay Area Community Resources. There will be an opportunity to offer more school-based support groups for Newcomers and their families.
 - A request for proposals was sent out for the Community Health Advocates and the Promotores and those proposals were granted on October 12th.
 - There will be an agency in Marin City called Marin City Fatherhood Council.
 - **Kara Connors** gave an update on the Suicide Prevention Collaborative.
 - This Collaborative started in August and the next meeting will be November 4th at 2pm.
 - It is the first Wednesday of every month.
 - If you would like to join email Kara at: Kconnor@marincounty.org and she will add your name for future announcements.
 - There are two co-chairs in this collaborative: Amit Rajparia and Kelli Finley from NAMI.

- A lot of the work that is being done is by the community teams: School Team, Data Team, Training and Education Team, and Postvention Team.
- **State Updates (Jenn)** – to be discuss in next meeting.

11:45-12:00

- Feedback from CCAB on individual roles, purpose of group, strengths of group, and opportunities – **to be discussed in next meeting.**
- Meeting schedule and length –
 - Members discussed having the CCAB meeting every other month for two hours.
- Discussion around it being more community oriented and client facing. Feedback that the CCAB feels like a BHRS staff meeting, as opposed to a space where community and client voices are heard.
- Question was posed around restarting the Recovery Change Team.
- CCAB members were asked to respond to email requesting items for agenda and feedback when agenda is sent out.
 - Member suggested that if the agenda is too packed that CCAB members vote on what takes priority.

12:00

- Adjourn

Next CCAB Meeting: 12/08/20 11am – 1pm