

MARIN COUNTY COMMISSION ON AGING
Committee Meeting Minutes

COMMITTEE: HEALTH & NUTRITION	DATE: DECEMBER 14, 2020	LOCATION: VIRTUAL MEETING CONDUCTED THROUGH ZOOM
<p>PRESENT: Chris Asimos, Everett Brandon, Jasmina Etemovic, Jean Gunn, Diana López, Wendy Nuessle, Fred Silverman, Salamah Locks, Lauren Vreeland Long, <i>Sylvia Barry (MCCOA Commissioners), Rhea Brown (community)</i></p> <p>ABSENT: None</p>		
<p>RECORDER: Mandy Reyes</p>		
<p>Next Meeting: Jan. 19, 2021 from 3:00 p.m. – 4:30 p.m.</p>		
MINUTES SUMMARY		ACTION TAKEN/RESPONSIBLE PARTY
<p>Call to Order: The meeting was called to order at 12:33 p.m. by Chair Asimos.</p> <p>Approval of the Agenda: The agenda for December 14, 2020 was approved as written.</p> <p>Approval of the Minutes: The October 12, 2020 minutes were approved as written.</p> <p>Open Time for Public Comment: None</p> <p>Chair’s Report:</p> <ul style="list-style-type: none"> • There was a program just completed where young adults would call older adults on the telephone. The calls developed into interactive discussions on ethics and healthcare for the aging population. The program received positive feedback. There seems to be a 		

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need for bridging the communication gaps between intergenerations. Would anyone like to form a subcommittee to help with this and develop ideas to bring to the next meeting?

- Sage Organization – Advocacy for LGBT elders and advocacy for policies and programs to improve elder healthcare. Would 2 or 3 people like to look into this and present it at our next meeting?

AAA Updates: Updates on the Area Agency on Aging’s nutrition programs for older adults in Marin County. Mandy Reyes reported on the following:

- The drive-through congregate meal program is set to start at Margaret Todd Senior Center in late January. If all goes well, we hope to expand to other sites.
- Home delivered meals has leveled off in terms of the number of clients. We had a big increase (about 35%) at the beginning of COVID and there have been no interruptions to meal delivery.
- The emergency meal boxes were purchased with home-delivered meal and congregate funds. There are 1300 emergency senior housing and Meals on Wheels clients. We are working on getting out another 200 to the food bank and one more low-income housing site.
- Great Plates has been extended to early January. It is month to month and only for people on the program already.

Discussion Items: Syndemics; Environmental Analysis of Health Care Delivery, Coverage, and Financing in California and Health Policy Priorities for the New Administration - Justice in Aging; Fierce Health IT Virtual Series

- Diana López noted that the Justice in Aging document was sent out and it will tell you what they have in mind for the policies and priorities for the new administration.
- López also noted the Healthy California for All Commission was established by Senate Bill 104. They are charged with developing a plan that includes options for advancing the progress towards unified healthcare systems.
- López discussed the topic of syndemics – there is a 3-part series on syndemics that she is willing to pay for and send on the committee.

New Business:

- Call for members of the committee to form a subcommittee on Telehealth.

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The meeting adjourned at 1:14 p.m.

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