

**MARIN COUNTY COMMISSION ON AGING**  
***Committee Meeting Minutes***

<b>COMMITTEE:</b> HEALTH & NUTRITION	<b>DATE:</b> JANUARY 19, 2021	<b>LOCATION:</b> VIRTUAL MEETING CONDUCTED THROUGH ZOOM
<p><b>PRESENT:</b> Chris Asimos, Jasmina Etemovic, Jean Gunn, Diana López, Wendy Nuessle, Fred Silverman, Lauren Vreeland Long, Rhea Brown (<i>community</i>), Valerie Stilton (<i>Marin Villages</i>)</p> <p><b>ABSENT:</b> Salamah Locks</p>		
<p><b>RECORDER:</b> Mandy Reyes</p>		
<p><b>Next Meeting:</b> February 16, 2021 from 3:00 p.m. – 4:30 p.m.</p>		
<b>MINUTES SUMMARY</b>		<b>ACTION TAKEN/RESPONSIBLE PARTY</b>
<p><b>Call to Order:</b> The meeting was called to order at 3:02 p.m. by Chair Asimos.</p> <p><b>Approval of the Agenda:</b> The agenda for January 19, 2021 was approved as written.</p> <p><b>Approval of the Minutes:</b> The December 14, 2020 minutes were approved as written.</p> <p><b>Open Time for Public Comment:</b> None</p> <p><b>Introduction to the Intergenerational Project and the Three Participants: Valerie Stilson, Rebecca DeGeorge, Chris Asimos</b></p> <p>Chair Asimos and Valerie Stilson reported on the program and outcome of an intergenerational pilot project that involved the Marin Villages and the Dominican University students who were</p>		

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taking an ethics class. The students were paired with older adults and there were 18 pairs. They were in contact weekly by either Skype, Zoom or telephone. The primary goal was to gain an understanding of what it is to be an older adult and to gain some insight into how older adults experience healthcare. The class began at the end of August and ended in the middle of December. The feedback received from both the students and the older adults was interesting.

**Chair's Report:**

Chair Asimos invited any and all people who are interested in expanding on the intergenerational project to go ahead and do so.

**Area Plan Update FY 21-22 Goals and Objectives:**

The committee reviewed the FY 20-21 goals and objectives and created their FY 21-22 objectives for the Area Plan update.

**Brief Report from the Telehealth Subcommittee:**

Commissioner Etemovic reported that the committee is in an exploratory phase right now. They are focusing on the equity and education side of things right now and figuring out access to the internet and technology, not the medical side right now.

**Discussion of the Publication "The Best and The Rest" – Diana López:**

Commissioner López reported on "The Best and The Rest" by Ezekiel Emanuel. Which has great information. The United States is the only advanced industrial nation without universal healthcare. Emanuel looks at a variety of countries and their healthcare.

**New Business:**

- Equity, Outreach and Advocacy Committee will be hosting a presentation by members of the Tribal Council of the Coast Miwok Tribe on January 28 at 10:00 a.m.

**The meeting adjourned at 4:17 p.m.**

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