**Call to Order**

Chair Marchese called the meeting to order at 10:37 a.m.

**Agenda**

The November 30, 2020 agenda was approved as amended. The discussion item pertaining to the bylaws was given priority to be discussed first as one member needed to leave early.

**Minutes**

The November 30, 2020 minutes were approved.
### MINUTES SUMMARY

<table>
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<tr>
<th>PUBLIC COMMENT</th>
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<td>None</td>
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<tr>
<th>DIRECTOR'S REPORT</th>
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<tr>
<td>Lee Pullen reported on the following.</td>
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<tr>
<td>Program Coordinator Amy Dietz is on indefinite leave.</td>
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<td>Jenay and Mandy will work on the Area Plan update. Please have your committee report objectives for this year and your goals for next year to the Planning Committee by Friday, January 29th.</td>
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<td>Marin CIL will be providing Dignity at Home Falls Prevention contract services. This is a home modification program.</td>
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<td>The State Department of Aging is prohibiting distribution of cash aid to qualified individuals. This matter is being discussed with CDA since the AAA has allotted $100K in CARES Act funding in their budget for this purpose. The cash aid contract with West Marin Community Services is currently on hold.</td>
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<td>Pullen met with Supervisor Dennis Rodoni for an annual check in meeting. Topics discussed included Digital Marin and telehealth. Arrangements are being made to have a Digital Marin rep from Aging.</td>
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<td>Jenay Cottrell provided the following updates.</td>
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<td>Program monitoring is on hold with the exception of nutrition.</td>
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<td>MINUTES SUMMARY</td>
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<td>Interviews will be taking place for the AAA’s full-time registered dietician. Commissioner Lisa Brinkmann will participate on the interview panel.</td>
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<td>The AAA will also be holding interviews for an extra hire, limited term Senior Program Coordinator. Commissioner Fred Silverman will participate on this panel.</td>
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<tr>
<td>At the request of Commissioner López, Pullen spoke about the approval process for the Older Americans Act State Plan which is expected to incorporate the Ca Master Plan on Aging. Public comment is expected around March with the final document being released in June / July. Pullen noted that TACC may be providing additional updates.</td>
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<tr>
<td>One last point of discussion during the meeting between Pullen and Supervisor Rodoni which arose out of the Age Forward West Marin work that Sara Robinson was doing was utilizing the volunteer network around home modifications and disaster preparedness. There is talk about what type of project can be done in honor of Commissioner Jim Monson. Marchese would also like to include Ellie Bloch as we thinking of honoring these former commissioners.</td>
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**Chair’s Report**

Marchese provided the following updates.

Rod Githens and Associates would be a good option to explore as a facilitator for the next commission retreat.

Reminded commissioners about the County’s virtual event, “COVID-19: What Marin County Residents Need to Know” on Tuesday, January 26 from 5:30 – 6:30p.m. In addition to the COVID-19 vaccine, officials will also provide a brief update on the regional stay-home order and schools.

The Commission Bylaws are slated for vote by the Board next Tuesday, February 2nd.
## MINUTES SUMMARY

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Marchese hopes to identify a rep soon to join the commission to fill the vacancy for the Town of Corte Madera. Two demographic categories are being considered: male Latino, someone that represents the 50 or 55 year old category and who has the primary responsibility to take care of older parents; or a young person that can do work against ageism.

Commissioner López reminded everyone about the Marin Coalition meeting on Wednesday, January 27th. Please see the following url for more details. [https://marincoalition.org/events/next-event-webinar/](https://marincoalition.org/events/next-event-webinar/)

The Marin Economic Council is having a presentation at 9a.m on January 28th to discuss economic proposals introduced by President Biden that will affect Marin.

### Discussion Items:

a. **MCCOA Bylaws: Discussion of Status:**

   Commissioner Locks led the discussion on this topic.

   Locks spoke with Supervisor Connolly and Diedre Smith from County Counsel about her concern over the language in the bylaws for the new Equity, Outreach and Advocacy Committee; specifically lines 281 to 283 which state, “The committee participates in the implementation of the Age-Forward Plan, under guidance of the Age-Forward Solutions Sub-Committee of the Board of Supervisors.” It was communicated to Locks during her conversations with Connolly and Smith that the Board of Supervisors’ role was to pass forward what went through the legal process.

   After further discussion and clarification from Jean Gunn that equity is woven throughout the Age Forward plan and that equity is an on-going County goal, Locks withdrew her request to make a motion to amend the bylaws. Having done so would require the entire review process to be vetted again.
Marchese confirmed the bylaws document will stand as is and will continue on its path for Board of Supervisors approval.

**b. Possible Dates for the Annual Health Forum:**

Commissioner Gunn inquired if there were any county dates on the calendar that should be avoided while trying to determine the date for the annual health forum.

Pullen noted this special meeting of the Commission is normally held on the first Thursday in May in lieu of the regular Commission meeting.

Gunn and the committee plan to determine a subject that is timely to inform and educate the public such as Digital Marin and telehealth with some highly visible speakers. The length of the forum will be dictated by the content.

**c. Theme, Dates, and Topics for the Commission Retreat**

Marchese will present the framework draft that the officers have developed for the retreat agenda and solicit feedback from the commissioners.

**d. Determine Focus and Priorities for FY 2021-2022**

Marchese confirmed this discussion will take place during the retreat.

Pullen encouraged commissioners to orient themselves to the Area Plan which is the agency’s work.
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<th>Committee Reports:</th>
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<tr>
<td><strong>Planning:</strong></td>
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<td>Commissioner Brilliant noted the committee met last Wednesday to review the Area Plan timeline and articulate their objectives for the coming year. The committee will set another meeting date soon. January 29th is the deadline for all Commission committee objectives.</td>
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<td><strong>Health and Nutrition:</strong></td>
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<td>Commissioner Asimos noted the committee met last Tuesday. Members of the San Rafael Villages spoke about intergenerational projects. The committee will write a Great Age article about intergenerational issues. Their next meeting is Tuesday, February 16th.</td>
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<td><strong>Housing and Transportation:</strong></td>
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<td>Allan Bortel had to leave the meeting before adjournment. Commissioner Barry noted the group met last week. The committee worked on and finished their objectives. A new objective is to actively advocate for the needs of older adults in addition to advocacy for affordable housing for older adults and caretakers. The committee wants to collaborate with community partners to present topics related to equity and mental and physical health. This is their #3 goal which was refined from last year. The committee’s #4 goal is to be determined.</td>
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The committee is planning the March 4th commission meeting on “How Older Adults Can Remain at Home Safely.”

**Legislative:**

Commissioner López noted the committee is busy with developing goals and objectives. The committee will meet this Friday with Assemblyman Levine. The committee will also work with Congressman Huffman’s aides at the meeting on February 19th. The areas of discussion are the Digital Divide, housing and full funding for the Older Americans Act.

**Equity, Outreach and Advocacy:**

Commissioner Silverman noted the group met on December 17th. Their next meeting is Thursday, January 28th at 10:00a.m. There is a presentation from the Coastal Miwok Tribe scheduled.

The group’s next meeting is Thursday, February 18th.

**New Business/Other:**

a. **Update on California Master Plan on Aging:**

Commissioner López provided an update on the California Master Plan.

**MASTER PLAN FOR AGING UPDATE:**

- **GOAL 1 – HOUSING FOR ALL STAGES AND AGES**
  - We will live where we choose as we age in communities that are age-, disability-, and dementia-friendly and climate and disaster-ready.
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<tbody>
<tr>
<td>More Housing Options</td>
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<td>Transportation Beyond Cars</td>
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<tr>
<td>Outdoor and Community Spaces for All Ages</td>
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<tr>
<td>Emergency Preparedness</td>
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<tr>
<td>Climate Readiness</td>
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#### GOAL 2 – HEALTH REIMAGINED
- We will have access to the care and services we need to optimize our health and quality of life and continue to live where we choose.
  - Bridging Health Care with Home
  - Health Care as We Age
  - Lifelong Health Aging
  - Geriatric Care Expansion
  - Dementia in Focus
  - Nursing Home Innovation

#### GOAL 3 – INCLUSION & EQUITY IN AGING
- We will have lifelong opportunities for work, volunteering, community engagement, and leadership and will be protected from isolation, discrimination, abuse, neglect, and exploitation.
  - Inclusion and Equity in Aging
  - Closing the Digital Divide
  - Opportunities for Work
  - Opportunities to Volunteer and Engage Across Generations
  - California Leadership on Aging
## GOAL 4 – CAREGIVING THAT WORKS
- We will be prepared and supported through the rewards and challenges of caring for aging and disabled loved ones.
  - Family and Friends Caregiving Support
  - Direct Care Job Creation
  - Virtual Care Expansion

## GOAL 5 – AFFORDING AGING
- We will have economic security as long as we live.
  - End Homelessness for older adults
  - Income Security as We Age

## GOVERNOR’S STATEWIDE BUDGET INVESTMENTS
- New Office of Medicare Innovation and Integration at DHCS
- Senior Advisor in the Governor’s Office for Aging, Disability, and Alzheimer’s Disease
- Master Plan for Aging Implementation Placeholder Funding - $5M
- Alzheimer’s Research, Public Education, Caregiver Training, Provider Standard of Care and Dementia Friendly “Blue Zones” - $17M one-time
- Aging and Disability Resource Connection – $7.5M 2021-22, $5M half-year 2022 – 23
- Long-Term Care Ombudsman - $17.4M
- Health Insurance Counseling and Advocacy Program $13.6M
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### H.R. 133 – CONSOLIDATED APPROPRIATIONS ACT – 2021

- Enacted December 27, 2020
- Total national allocation for older adults
  - Older Americans Act Senior Nutrition Programs - $168M
  - Elder Justice Programs including Ombudsman Program - $100M
- CDA is waiting for further information regarding disbursements from the Administration on Community Living

### OPPORTUNITIES FOR COMMUNITY INVOLVEMENT

- Impact Committee (Board of Directors) responsible for accountability, transparency, and continued improvement
- Alzheimer's Advisory Committee
- Olmstead Act Community Living Committee
- ADRC Advisory Committee
- And more....

More information is available at the following url. [https://www.chhs.ca.gov/home/master-plan-for-aging/](https://www.chhs.ca.gov/home/master-plan-for-aging/)

#### b. Rod Githens & Associates Training:

Commissioner López gave a brief overview about this organization. Rod Githens has impressive facilitation skills and is being considered to lead the commissioner retreat.
### c. Accurate Notification of COVID-19 Vaccine Availability:

The AAA would like to remind commissioners about the County of Marin’s Corona Virus website. This will provide the latest information including vaccine availability status.

At the top center of the following webpage, there is a link to click where you can subscribe with your email address to receive the latest updates.

[https://coronavirus.marinhhs.org/](https://coronavirus.marinhhs.org/)

### d. Additional Item(s):

Pullen notified Supervisor Rodoni’s office will have a representative attending our commission business meetings on a monthly basis.

Commissioners are encouraged to invite their district representatives to the Commission business meeting.

**Adjourn:** The meeting adjourned at 11:56 p.m. The next meeting is on Monday, February 22, 2021 from 10:30a.m. to Noon.