

MARIN MENTAL HEALTH BOARD MEETING

Tuesday, March 9th, 2021

6:00pm -7:30pm

Zoom Meeting

M-I-N-U-T-E-S

Join Zoom Meeting

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Meeting ID: 818 6339 8417 / Passcode: 369602

Dial in: 1 669 900 6833

6:00 p.m.	Call to Order: 6:00 pm Introductions Call for Quorum: Yes (6) In attendance: Maya Gladstern, Stephen Marks, Katie Rice, Everett Brandon, Heather Johnson, Aida-Cecilia Castro Garcia Absent: Rachel Farac, Patricia Carillon Guests: Dana Van Gorder, Fel Agrelius, Kim Stafford, Matthew Siroka Staff: Jei Africa, Galen Marin, Taffy Lavié, Public Attendance: Lisa Leavitt
6:05 p.m.	Review of Agenda / Review and approval of Minutes for December meeting Agenda Accepted – moved by Maya G. / Seconded by Heather J. Minutes Approved – moved by Maya G. / Seconded by Everett B.
6:10 p.m.	Correspondence, Announcements and Public Comments (please limit to 3 minutes per speaker)
6:15 p.m.	BHRS Director’s Report – Jei Africa <ul style="list-style-type: none">➤ HHS partners with Marin County Office of Education who just sponsored a high school virtual Wellness Forum. There are lots of young people getting involved in raising awareness of mental health issues.➤ AB1973 has brought back the discussion of Laura’s Law / AOT. As the pilot finished, Marin has continued to provide that infrastructure in a different way. Laura’s Law / AOT has integrated with our FSP’s.➤ DHCS recently came up with guidance for those with MH and SUD conditions to be considered as high risk and be included in the tier of vaccine recipients as of March 15th. Shared this with PH Office and working to figure out capacity and logistics.➤ CalAIM is a statewide initiative whose goal is to improve the experience and services for Medi-Cal beneficiaries. Right now, the primary focus is on the alignment with Whole Person Care that sunsets at the end of this year. Partnership Health Plan will take over these services/benefits. PHP is exploring to see how care can be standardized. It is projected that many of the processes within the county will shift because of this transition.➤ BHRS is starting a strategic planning effort. We are working with TriWest to help us study our system. The consultants will assist in helping make BHRS a stronger division to be able to serve our clients and their families much better.

6:25 p.m.	<p>Legislative Updates (if any)</p> <ul style="list-style-type: none"> • Mentioned above AB1973.
6:30 p.m.	<p>Presentation: Fel Agrelius, Youth Program Director, and Dana Van Gorder, Executive Director of The Spahr Center, will discuss the needs of Marin’s LGBTQ+ and HIV communities and The Spahr Center’s programs addressing them. Fel will make a brief presentation about the importance of using correct pronouns to refer to the gender identity of clients and community members. And both Fel and Dana will discuss the need for the comprehensive collection of data on the Sexual Orientation and Gender Identity (SOGI) of clients and patients by health care systems.</p> <p>➤ Link to LGBTQ + Mental Health in Marin - Spahr Center Presentation</p>
7:00 p.m.	<p>Committee Liaisons, Task Force Updates</p> <ul style="list-style-type: none"> • MHSa – Galen Main (MHSa Coordinator) <ul style="list-style-type: none"> ➤ The Mental Health Services Act’s Innovation component provides California the opportunity to develop and test new, unproven mental health models with the potential to become tomorrow’s best practices. These projects are designed and implemented for a defined time period (not more than 5 years) and focus on a finding the answer to a key learning question. Innovation accounts for 5% of the MHSa allocation each year. After the scores from the Lived Experience Review Committee and the leadership review committee, there were two top proposals. These were presented to the MHSa Advisory Committee this month and they recommended moving forward with both. • The first will be ready to go out for Public Comment this Friday through the next MH Board Meeting (April) at which there could be the public hearing. The details of the first proposal are as follows: <ul style="list-style-type: none"> ○ Proposed Name: From Housing to Healing, Re-Entry Community for Women ○ Proposed Budget: \$1.795M in MHSa Innovation funding over 5 years ○ Target Population: Women (trans-inclusive) with criminal justice involvement and histories of trauma. Women in the County Jail have significantly higher ACE scores than the general population or even than the men in the jail. A Trauma-Focused short-term housing program that addresses trauma first and forefront rather than focused on a diagnosis of Mental Health or Substance Use Disorder. This program will be led by a Trauma Therapist who will work with women in the jail as part of their re-entry work as well as the women while they are living in the house and then alumnae will be welcome back for groups. In addition to the Trauma Therapist a variety of Somatic, Alternative, Cultural, or other healing practices will be introduced to the women and they will play an active role in evaluating those therapies and selecting what should be introduced more broadly within BHRS. Nutrition will also be a key part of this program and all alumnae will be welcome back for Sunday dinners to help foster the sense of community. ○ Numbers to be served: Estimated that 38 women would live in the house over 5 years, 100 additional BHRS clients to take part in somatic/alternative healing practices as a result of this program • Proposal 2, which would be ready for public comment later this year after working with more stakeholder groups: <ul style="list-style-type: none"> ○ Proposed Name: County-Wide Student Peer Wellness Program ○ Proposed Budget: \$1M in MHSa Innovation funding over 3 years (more if we make the program longer or incorporate a technology element)

	<ul style="list-style-type: none"> ○ Target Population: Middle and High School students throughout Marin; Ambassadors and focus on populations who are marginalized including Newcomers, African-American Youth, and LGBTQ+ youth. ○ Goals: to improve school connectedness, improve mental health outcomes, build leadership skills and capacity. Address youth stigma around Mental Health and how that impacts their life-long approach to seeking or accessing mental health support. ○ Innovative component: Centralized training and coordination structure; county/school district/CBO partnership ○ Aligned with suicide prevention strategic plan and community priorities around enhancing school-based supports ● Cultural Competency Board / WET – Maya Gladstern <ul style="list-style-type: none"> ➢ WET scholarship is now quarterly instead of twice a year ● AOD Board Liaison – Heather Johnson <ul style="list-style-type: none"> ➢ External review of AOD services was done in January. Preliminary report was recently received and recommendations will be applied next year ➢ April Rovero spoke about the loss of her son and starting the National Coalition Against Prescription Drug Abuse (NCAPDA) ➢ CALBHB/C (as needed) ➢ Events that MHB members will attend/have attended
7: 10 p.m.	<p>Old Business</p> <ul style="list-style-type: none"> ● Declaring racism as a public health issue recommendation to the BOS <ul style="list-style-type: none"> ➢ Tabled until April meeting <p>New Business</p> <ul style="list-style-type: none"> ● Discussion: Recruitment / Membership / Future Presentations
7:30 p.m.	ADJOURN
Next Meeting Dates	<p>Next MHB meeting- Tues. April 13, 2021 @ 6 pm via Zoom</p> <p>Next Executive Committee meeting – 12:15 pm Tues. March 30, 2021 – Conference Call</p>

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