# MARIN COUNTY COMMISSION ON AGING **Committee Meeting Minutes**

**COMMITTEE:** HEALTH & NUTRITION **DATE**: MAY 24, 2021 **LOCATION**: VIRTUAL MEETING CONDUCTED THROUGH ZOOM

PRESENT: Chris Asimos, Jasmina Etemovic, Jean Gunn, Diana Lopez, Wendy Nuessle, Fred Silverman, Lauren Vreeland-Long

Rhea Brown, Florence Williams

ABSENT: Julie Hanan Friedman, Sylvia Barry, Salamah Locks,

**RECORDER**: Kari Bell

Next Meeting: June 21, 2021

**MINUTES SUMMARY RESPONSIBLE** 

#### Call to Order:

The meeting was called to order at 3:02 PM by Chair Asimos.

#### **Approval of the Agenda:**

The agenda was approved.

# **Approval of the Minutes:**

- Asimos made a motion to approve the April 2021 minutes as corrected, adding Rhea Brown as present.
- The motion was seconded by Wendy Nuessle.
- Motion Carried 7-0.

# **Open Time for Public Comment:**

- Florence Williams from Marin City Community Center inquired about where to share information with other organizations.
- Informed Committee on the intergenerational garden in Marin City.

**ACTION TAKEN/** 

**PARTY** 

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#### **Chairs Report**

- Contacted the Education Coordinator from Family Caregivers Alliance about a possible presentation.
- Requested committee/commission members to give feedback regarding possible topics for presentation by Family Caregivers Alliance.
- Informed committee on an article about the issue of "baby bust" and demographic transformation.
- Reported on the benefits of intergenerational gardening.

### **Brief Report from the Telehealth Subcommittee**

#### **Report from Commissioner Etemovic:**

- Telehealth subcommittee has met and discussed different articles regarding telehealth.
- Interested in legislature bills regarding telehealth.

# **Report from Commissioner: Lauren Vreeland-Long**

- Will be attending an upcoming webinar by Manet Health on June 9th at 1:00 p.m.
- Commissioner Vreeland-Long will forward information for those interested.
- Discussed a possible letter drafted by the legislative committee to address the needs of Older Adults to be included in legislation bills.

#### **Report from Commissioner Lopez:**

- Introduced Three Legislation Bills
- SB 855-Health Coverage for mental health/substance abuse use disorders.
- AB 383-Mental Health funding/services for Older Adults.
- SB 221-Timely access to healthcare.

#### **Report from Commissioner Nuessle:**

• Health Care for All and inclusion of Older Adults in this program.

#### **New Business:**

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# **Staff Update:**

- Staff member Dietz announced that Kari Bell will be taking minutes for this committee.
- Staff Member Jenna Ray, the new AAA RD, presented on the congregate meal pick-up program.
- Staff Member Dietz explained that there will be a new nutrition vendor for congregate meals, and an RFP will be done.

The meeting adjourned at 4:12 p.m.

**Next Meeting: June** 24, 2021 from 3:00 p.m. – 4:30 p.m.