



DEPARTMENT OF HEALTH AND HUMAN SERVICES
**BEHAVIORAL HEALTH AND
 RECOVERY SERVICES**

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.

**MARIN COUNTY
 ADVISORY BOARD ON ALCOHOL AND OTHER DRUG PROGRAMS
 June 7, 2021 @ 6:30 P.M.**



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Join Zoom Meeting

<https://us02web.zoom.us/j/86269207766?pwd=K1I2Tng1OTNYNm1qaHkvU3hwcjBsQT09>

Meeting ID 862 6920 7766/ Passcode: 005649

Dial by your location - 1 669 900 6833

M-I-N-U-T-E-S

TIME	SUBJECT
6:30 PM	Call to Order Call for AOD Quorum: YES Present: Tori Kropp, Heather Johnson, Suzanne Kanner, John Riley, Ruby Gibney Tracy Novick, Mark Dale Guests: none Absent: Gail Dunnett and Christine Lam Staff: Taffy Lavie, Jei Africa, Cat Condon
6:31 PM	Introductions: Introduce Board Members & New Candidates No introductions
6:35 PM	Review of Agenda / Approval of May 2021 meeting Minutes John motioned, Heather seconded.
6:40 PM	Open Public Time: no public present
6:45 PM	BHRS Staff Report: Jei Africa, BHRS Director: June is Pride month—the board will do a proclamation for LGBT. The LGBT community can have substance abuse issues. September is Recovery month.
6:55 PM	Presentations: Mark Dale , RxSafe Marin, Co-Founder & Families for Safer Schools. Discussed emerging substance use trends in Marin County as well as specific member of the immigrant community who lost his battle with addiction. Michael Lie died May 16 th —cause of death meth. Nephew Eric said Michael was on crack for 20 years—chronic meth addictions; did he ever have services wrap around? Clear example of someone slipping through the cracks of the system. Cat Condon , County of Marin Alcohol and Drug Program Administrator. TRENDS IN THE COUNTY: 2020 report from the coroner says in the past three years accidental death by overdose has increased—and 40% of the suspected substances is fentanyl. Non-fatal overdoses include benzos, meth, opioid, alcohol and other. EMS gave data of their services over a year. This all gives a good indication where we need to focus efforts. GENDER: almost double male from female breakdown AGE: 60% under 44 years of age. RACE & Ethnicity: 60% white, 23% latin, 9% black Rx Safe Marin: Intervention, Treatment and Recovery Action Team How to reverse trends:

	<ul style="list-style-type: none"> - Follow up with individuals that had non-fatal overdose as an opportunity for interaction and intervention - 3 in 5 people who died identified opportunity for linkage to care or life-saving actions <p><u>Examples of current strategies:</u></p> <ul style="list-style-type: none"> - EMS non-fatal overdose data sent to BHH, then BHH conducts outreach; - MarinHealth Emergency Dept. Substance Use Navigator outreaches to ED patients; - EMS non-fatal overdose data sent to county BHRS; BHRS send info to SUD and MH agencies that have a Treating Provider Relationship; provider conducts outreach. <p>Increase widespread Distribution of Naloxone (Narcan)</p> <ul style="list-style-type: none"> - By end of year: expand naloxone reach by hosting at least 6 naloxone trainings; and adding naloxone drop-in site in Marin City to support equitable access to naloxone. <p>Tori Kropp comments: we should be careful regarding harm reduction; Narcan is not a solution—people get it multiple times. How do we address this for younger kids—like 16, 17, etc.—especially if the kid doesn’t want treatment.</p> <p>In our county, how do we reach open door solutions that would be more meaningful for kids that won’t access services. Looking for effective intervention towards youth.</p> <p>Mark Dale: 64 substance abuse deaths in 2020 in Marin County:</p> <ul style="list-style-type: none"> - 13 alcohol - 8 meth - 4 fentanyl - 39 combos <p>2021 so far: 18 yr old female in Tiburon (fentanyl) and 18 yr old female in San Rafael</p> <p>Cat: There is a “9-25 initiative” that the board may be interested in that focuses on youth; the inaugural meeting is June 16 at 4pm.</p>
7:20 PM	<p>Committee Reports:</p> <ul style="list-style-type: none"> • RX Safe Marin – Mark Dale (above) • MHB liaison update – Heather Johnson: May is mental health month; crisis text line for under 17 years old with confidential support. • Legislative Update – <ul style="list-style-type: none"> ➢ (Gail not present) postponed: talking about proposing a Bill for The Harrison Law, which requires ALL CA (and maybe start with Marin County) Rehabs to have Oxymeters on site in order to more easily and regularly monitor Clients in Rehabs. • Membership Committee Reports - more time for this? <ul style="list-style-type: none"> ➢ Alternatives to Rehab ➢ Follow up action steps

	<ul style="list-style-type: none"> Reminder – Dark in July – Next meeting is Aug. 2, 2021
7:30 PM	Adjournment
	Next Executive Conference Call: Mon. July 19, 2021 @ 12:15 p.m.– Conference Call- 415-473-3030/ Meeting Number: 7719# / Attendee: password 4154737719# / Host/Moderator: password 633863#
	Next AOD Board Meeting: Mon. August 2, 2021 @ 6:30 pm via Zoom

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-3020 (Voice) (415) 473-3232 (TTY) or by email at disabilityaccess@marincounty.org at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request. Late agenda material can be viewed in the office of Behavioral Health and Recovery Services, between the hours of 8:00 am and 5:00 pm. Behavioral Health and Recovery Services office is located at 20 N. San Pedro Road, Suite 2021, San Rafael, CA, 94903. Thank you for your interest and participation in the workings of the Alcohol and Other Drug Advisory Board. If you would like more information or would like to speak with a member of the Board, please contact: Taffy Lavié 415-473-6809