## Call to Order:

The meeting was called to order at 3:03 PM by Chair Etemovic.

## Approval of the Agenda:

- Commissioner López made a motion to approve the Oct. 18, 2021 agenda.
- The motion was seconded by Commissioner Silverman.
- Motion Carried 5-0.

## Approval of the Minutes:

- Commissioner Vreeland Long made a motion to approve the Sept. 20, 2021 minutes.
- The motion was seconded by Commissioner Nuessle.
- Motion Carried 5-0.
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**Chairs Report:**

- Chair Etemovic announced that she is reaching out to people to join the committee, including: commissioners, community members, Ruth Ramsey at Dominican University, a representative from Hospice by the Bay, health professionals and youth.
- Contacted Commissioner Asimos re: presentation and report of her intergenerational project with Dominican University.
- Recommended a process for members to report out on other meetings they are attending, i.e. AAI.

**Vice-Chair Report:**

- Vice-Chair Vreelend Long announced that she will be reaching out to representatives of assisted living facilities to join committee.

**FY 20/21 Objectives and Upcoming Presentations**

- Chair Etemovic recommended a presentation on climate change and health. The general meeting could be on the impacts on physical and/ or mental health, specifically among low-income populations, with extended presentations at the committee. June and January are current open months for presentations.
- Commissioner López announced that there will be an upcoming MCCOA presentation on Hearing and Vision issues that she hopes the committee will support.
- Hearing from people who lived in assisted living facilities during the pandemic and how it affected mental and physical health. Staff member Dietz recommended reaching out to past MCCOA Char Marge Belknap.

**May Health Forum Discussion**

- Chair Etemovic researched the proposed topic of “Affording Aging” at the May Health Forum, with a focus on caregiving. Possible topics are being discussed at the Executive Committee. Commissioner López recommended a collaboration with the Planning Committee if this topic was chosen.
Future of Telehealth Ad-Hoc Committee:
  - There is no longer a need for the committee.

Update on Mental Health Initiative
  - Waiting for results from the Mental Health Initiative, which utilized an App to help isolated older adults. Chair Etemovic will ask Laurie from BHRS to speak at the committee on the program and current status.

Discuss Committee Time Change:
  - New committee changed the time of meeting to 3:30-5 p.m.

Staff Update:
  - The new target date for resuming the congregate meal program is April 2022. The AAA will be working towards the extension of the Grab and Go program so that there is not a gap in service.
  - There has been an RFP released for a Culturally Appropriate Asian-Inspired Home Delivered Meal Vendor.

Announcements:
  - Commissioner Vreeland Long announced that:
    - October 2021 is the National Clean Energy Action Month put forward by the Biden Administration.
    - October 13, 2021 is Drug Take-Back Day.

New Business:
  - The committee will invite Jenna Ray, the AAA Registered Dietician, to speak every other month. At the next meeting she will present on osteoporosis.
  - Vice-Chair Vreeland Long also had recommendations for R.D.’s that could present.
  - This will now be a standing item on the agenda.
The meeting adjourned at 4:12 p.m.

Next Meeting:

| Nov. 15, 2021 from 3:30 - 5 p.m. |   |