### MARIN MENTAL HEALTH BOARD MEETING

**Tuesday, May 10, 2022**  
6:00pm - 8:00pm  
Zoom Meeting  
**M-I-N-U-T-E-S**  
Join Zoom Meeting

[Link to Zoom Meeting](https://us06web.zoom.us/j/81911356422?pwd=NjRMU2NaWGZaUENwMjZkVmNZa2VIUT09)

Meeting ID: 819 1135 6422 / Passcode: 596001  
Dial in: 1-669-900-6833

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<tr>
<th>Time</th>
<th>Agenda Item</th>
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| 6:00 p.m. | Call to Order  
6:00 pm  
Introductions  
Call for Quorum (Yes)  
In attendance: Rachel Farac (Chair), Stephen Marks (Secretary), Maya Gladstern, Everett Brandon, Elaine Tokolahi, Kim Stafford  
Absent: David Ruth, (Vice-Chair), Supervisor Rice, Stormy Miller Sabia  
Staff: Jei Africa, Galen Main, Taffy Lavié, Cat Condon, Roxana Yekta  
Guests: Mark Dale, Sushma Taylor, Lou Enge, Linda Jackson, Zoe Taylor-Ploog, Melanie Thompson, Mark Solomons, Meriam Salem |
| 6:05 p.m. | Galen Main: Public Hearing for both the MHSA FY2022-23 Annual Update and the Amendment to the FY2021-22 MHSA Annual Update  
Key changes in the FY 2022-23 Annual Update include:  
- Increasing funding to address the heightening mental health needs of youth in our community  
- Increasing funding for community-based providers to support recruitment and retention of staff serving vulnerable community members throughout Marin  
- Supporting peer/family specialists in alignment with new SB803 expectations around certification and professionalization of the field  
- Planning and budgeting for a new electronic health record system  
- Providing high quality supportive services at permanent supportive housing sites  
- Expanding and sustaining field-based services including the Mobile Crisis Response Team  
- Enhancing services for older adults including piloting full neuro-psychological evaluations  
- Creating a Wellness Coordinator to lead staff wellness and county wide wellness initiatives addressing isolation or loneliness  
- Expanding treatment service capacity including therapy capacity and the IMPACT Full-Service Partnership  
- Initial pilot planning around care coordination in alignment with the Suicide Prevention Strategic Plan including peer-based follow-up support after a suicide attempt or non-fatal overdose |
| 6:35 p.m. | Review of Agenda / Review and approval of Minutes for April meeting  
- April minutes were approved by unanimous consent |
| 6:40 p.m. | Correspondence, Announcements and Public Comments (please limit to 3 minutes per speaker) |
### 6:45 p.m.

**BHRS Director’s Report – Jei Africa**

- Mental Health Awareness Week included BOS Resolution, Mental Health Festival sponsored by Youth Commission and Fentanyl Awareness Day (May 10th)
- Shared a flyer listing the many May Mental Health Matters Month events
- Highlighted an event called Redefining Strength – A conversation about men and boys’ Mental Health on May 19th
- Casa Buena (which will serve 18 clients with permanent supported housing) open House was on Fri. May 6th and pictures of the facility were shared
- Community Assistance, Recovery and Empowerment (CARE) Court will focus on individuals with
  - A schizophrenia spectrum or other psychotic disorders and whose judgement is so impaired by the symptoms of their mental illness that they lack the capacity to make informed or rational decisions about their medically necessary treatment
  - Not yet Gravely Disabled/eligible for LPS Conservatorship per statute
  - Up to 12 months, with a possibility of an additional 12 months
- Continuing to work on implementing SB803 (Peer Certification) through Partnership with CalMHSA and Recovery Change Team
- Working to improve services to LGBTQ+ Clients (BHRS LGBTQ+ Workgroup / Adding Sexual Orientation and Gender Identity (SOGI) indicators in Client Form)

### 7:00 p.m.

**Legislative Updates (if any)**

### 7:05 p.m.

**Presentation:** Cat Condon (BHRS Division Director) and Roxy Yekta (Prevention Coordinator) – Introduction and Overview of the BHRS Continuum of Substance Use Prevention, Treatment and Recovery Support Services

**Link to presentation:** [Overview of BHRS Substance Use Services](#)

### 7:30 p.m.

**Committee Liaisons, Task Force Updates**

- MHSA – Galen Main (MHSA Coordinator) - nothing in addition to above report
- BHRS Equity and Community Partnership Committee / Peer Recovery Change Team – Maya Glendstorm -ECPC met on April 28th – one concern was bilingual testing that HR does during recruitment of BHRS staff. PRCT met last Thurs. June 9th and focused on grandparenting in of participants of SB803
- AOD Board Liaison –
- BOS Update – Supervisor Rice
- CALBHB/C (as needed)
- Events that MHB members will attend/have attended

### 7:40 p.m.

**Action Items**

- Creation of a subcommittee that will develop recommendations for new by-laws and new name that will be brought back to the Mental Health Board for a vote / vote **motion made by Rachel / Seconded by Stephen** – 5 yays / 0 nays / 1 abstention
- Reach out to the AOD board to invite one or two representatives to join the subcommittee established in the item above / vote **motion made by Rachel / Seconded by Stephen** – 5 yays / 0 nays / 1 abstention
- Direct BHRS Director/staff to do more discovery around how other counties expanded their mental health boards and to report back / vote **motion made by Rachel / Seconded by Maya** - 5 yays / 0 nays / 1 abstention
- AB361 – As long as the BOS considers us to be in a public health crisis – we will vote every 30 days (following the BOS) as to whether to meet virtually / vote motion made by Rachel / Seconded by Stephen – all in favor

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<th>7: 45 p.m.</th>
<th>Old Business</th>
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<td>- Update on the Declaring Racism as a Public Health Issue resolution</td>
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<td>This has been moved to the agenda for the BOS on May 24th</td>
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<td>New Business</td>
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<td>- Discussion: Intentional recruitment of more representatives from underserved populations</td>
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<td>- Discussed more intentional recruitment of underserved populations; will send out a MHB survey to gather demographics of the current board</td>
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<td>- Involuntary meds in the jail</td>
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<td>Would like to do a future presentation on this subject to make sure everyone’s voices are heard</td>
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<td>- Quarterly focus topics</td>
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<td>Would like to possibly start doing site visits again soon; Rachel asked for a list of sites that might be OK to do in person tours</td>
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<td>- Brainstorming / creating a committee on changing stigma - tabled</td>
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<td>- Discussion: Recruitment / Membership / Future Presentations / MHB-AOD board merger</td>
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<td>New members should be doing a Brown Act training</td>
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<td>New member orientation team</td>
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| 8:00 p.m. | ADJOURN |

**Next Meeting Dates**

- Next MHB meeting- Tues. June 14, 2022 @ 6 pm via Zoom
- Next Executive Committee meeting – Tues. May 31, 2022 @ 12:15 pm – Conference Call

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-3020 (Voice) (415) 473-3232 (TTY) or by email at disabilityaccess@marincounty.org at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request. Late agenda material can be viewed in the office of Community Mental Health services, between the hours of 8:00 am and 5:00 pm. Community Mental Health Services office is located at 20 N. San Pedro Road, Suite 2021, San Rafael.