

COMMITTEE: EXECUTIVE	SEPTEMBER 26, 2022	LOCATION: ZOOM TELECONFERENCE
<b>COMMITTEE MEMBERS:</b> Diana López, Sylvia Barry, Girija Brilliant, Lisa Brinkmann, Jean Gunn		
<b>COA APPOINTEES NOT ON THE EXECUTIVE COMMITTEE:</b> Salamah Locks, Teri Dowling, Sybil Boutilier, Josa Buennagel		
<b>PUBLIC:</b> Linda Jackson, Wendy Nuessle, Gerrie Kunin		
<b>STAFF:</b> Gary Lara, Jenay Cottrell		
<b>EXCUSED:</b>		
<b>UNEXCUSED ABSENCE:</b> Ralph Marchese		
<b>RECORDER:</b> Gary Lara		
Next Meeting: October 24, 2022, 10 NSP, conference room 1018		

MINUTES SUMMARY	ACTION TAKEN/RESPONSIBLE PARTY
<p><b><u>Call to Order</u></b></p> <ul style="list-style-type: none"> <li>• Chair López called the meeting to order at 3:02 p.m.</li> </ul> <p><b><u>Agenda</u></b></p> <ul style="list-style-type: none"> <li>• The agenda of September 26, 2022 was approved as written.</li> </ul> <p><b><u>Minutes</u></b></p> <p>The minutes of August 22, 2022 were approved with one correction. Commissioner Brilliant requested a revision on page 4 to note the following; Since Commissioner Nuessle is moving out of Marin and stepping down as Chair of the Equity, Outreach and Advocacy (EOA) committee, Vice Chair Salamah</p>	

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<p>Locks will be Chair. Commissioner Everett Brandon expressed interest in becoming Vice Chair of the EOA Committee.</p> <p><b><u>Public Comment</u></b></p> <ul style="list-style-type: none"> <li>• Linda Jackson announced the AAI Convening will take place on Thursday, September 29<sup>th</sup> at the Embassy Suites in San Rafael.</li> <li>• Former Commissioner Wendy Nuessle looks forward to observing the work of the Commission.</li> <li>• Gerrie Kunin noted the 2022 Marin County Employee Arts &amp; Crafts Fair will be held on Wednesday, November 30<sup>th</sup> and Thursday, December 1<sup>st</sup>. Contact Anne Starr at <a href="mailto:astarr@marincounty.org">astarr@marincounty.org</a> or (415) 473-7167 for more information.</li> </ul> <p><b><u>Chair, Vice Chair and Secretary's Report</u></b></p> <p>Chair López provided the following report.</p> <p><b><u>Marianne Gontarz York</u></b></p> <p>A Celebration of Life will be held for Marianne on October 22, 2022, at 10:00 a.m. on October 22<sup>nd</sup> at the Marin Valley Clubhouse Ballroom, 100 Marin Valley Drive, Novato, CA. 94949. A Zoom option is available. Please contact Chair López if you would like the Zoom link.</p> <p><b><u>MCCoA Presentation to the Marin County Supervisors</u></b></p> <p>The requisite Agenda Request Form has been submitted to schedule a presentation at a BOS Meeting in late fall 2022.</p>	

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<p><b><u>Bylaws</u></b></p> <p>The latest greatest and, hopefully, last iteration of the revised Bylaws will be an action item at October's General Meeting.</p> <p><b><u>AAI Convening – September 29, 2022, Embassy Suites, 8:30 a.m. – 4:30 p.m.</u></b></p> <p>Focus Intersection of Women, Sexism, and Ageism, Ashton Applewhite, Masterplan for Aging – Five Bold Goals, Fred Silverman, Panelist, Inclusion, Not Isolation (Part 1), Diana López, Presenter, Inclusion, Not Isolation (Part 2).</p> <p><b><u>Age Friendly Forum</u></b></p> <p>Medicare Changes 2023, Wednesday, October 26, 2022 10:30 – 11:45 a.m. via Zoom.</p> <p><b><u>Rising Rents are Putting Squeeze on Older Adults</u></b></p> <p>Next Avenue - <a href="https://www.nextavenue.org/rising-rents-are-putting-squeeze-on-older-adults?utm_source=share&amp;utm_medium=email&amp;utm_campaign=email_article_share">https://www.nextavenue.org/rising-rents-are-putting-squeeze-on-older-adults?utm_source=share&amp;utm_medium=email&amp;utm_campaign=email_article_share</a></p> <p><b><u>AARP – Network of Age Friendly States and Communities (NAFSC) October Webinar: National and International Lessons in LGBTQI+ Inclusion in Age-Friendly</u></b></p> <p>Speakers Include:</p> <ul style="list-style-type: none"> <li>• Aaron Guest, Ph.D., assistant professor of aging with the Center for Innovation in Healthy and Resilient Aging – Arizona State University</li> <li>• Representatives from Age-friendly Wales and the <a href="http://ageuk.org.uk">Human rights project ! Age Cymru (ageuk.org.uk)</a></li> </ul>	

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<p>Tuesday October 11, 3-4 p.m. (ET)  Register <a href="#">here</a> (or cut and paste this link into your browser <a href="https://aarp.cventevents.com/71M0Vr">https://aarp.cventevents.com/71M0Vr</a>)</p> <p><b><u>Justice in Aging - New National Strategy to Support Family Caregivers</u></b></p> <p>This week, the Administration for Community Living (ACL) at the U.S. Department of Health &amp; Human Services announced the <a href="#">2022 National Strategy to Support Family Caregivers</a>, as required under the RAISE Family Caregivers Act.</p> <p>The strategy builds on recommendations from the RAISE Family Caregiving Advisory Council and the Advisory Council to Support Grandparents Raising Grandchildren and includes five goals to improve services and supports for family caregivers. To advance these goals, the strategy outlines nearly 350 actions that 15 federal agencies commit to taking over the next three years, as well as recommended legislative and other policy changes and actions that state and local governments and other stakeholders can take.</p> <p>The strategy will be open for public comment for 60 days beginning on October 1, 2022</p> <p><b><u>Health Care Rights Law</u></b></p> <p>Monday, October 3, is the last day for public comment on the proposed rule implementing the Health Care Rights Law, also known as Section 1557 of the Affordable Care Act. This proposed rule is very important for older adults as it expands and clarifies civil rights in health care settings around language access, intersectional discrimination, and health care for LGBTQ+ individuals.</p> <p><a href="#">Organizations should use Justice in Aging's template comment letter</a> focusing on the aspects of the proposed rule that are most important to older adults. Partner organizations have created <a href="#">6 additional templates</a> focusing on disability, race/ethnicity, and other aspects of the rule. Please feel free to borrow</p>	

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<p>language from any of these templates to make your comment unique and respond to the issues that are most aligned with your organization’s mission.</p> <p><a href="#">Individual commenters can use SAGE’s comment portal</a> to tell the U.S. Department of Health and Human Services (HHS) why 1557’s nondiscrimination protections are important to them. <a href="#">My Care Counts</a> is a general comment portal for anyone to use.</p> <p><b>The last day to comment is Monday, October 3.</b> <a href="#">Get the template comment letter</a>, <a href="#">our webinar explaining what’s in the proposed rule</a>, and <a href="#">more resources on Justice in Aging’s Health Care Rights Law webpage</a>.</p> <p><b><u>Frameworks UK News</u></b></p> <p><b>A matter of life and death</b>  We're thrilled to be able to share <a href="#">this toolkit</a> - the culmination of our work with The Health Foundation - showing how we can tell a more powerful story about the building blocks of health. 3 top tips to inspire action on health inequalities:</p> <p><b>1. Show why it matters: lives are being cut short</b>  To increase support for policies and action on the wider determinants of health we need to start by showing why this is important. To do that, be clear that this is a matter of life and death.</p> <p><b>2. Use the metaphor of building blocks</b>  Use the idea of building blocks to explain the wider determinants of our health. Show what surrounds us, shapes us - including our health.</p> <p><b>3. Use data to strengthen your story, not to tell it</b>  We can help people make sense of facts and figures by putting them in context; with metaphor, explanation and by signaling why they matter.</p>	

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<p>To learn how to use these tips and see examples of how to apply them, check out the <a href="#">toolkit</a>. Our Director of Impact, Maria Castellina, was interviewed by The Health Foundation as part of the toolkit launch. She talks about why framing matters when we're trying to talk differently about health <a href="#">here</a>.</p> <p>Secretary Sylvia Barry reported on the following.</p> <ul style="list-style-type: none"> <li>• There are no updates to the current Commission calendar.</li> </ul> <p><b><u>Director's Report</u></b></p> <p>Program Manager Jenay Cottrell reported the following items.</p> <ul style="list-style-type: none"> <li>• Provided an overview of recent contract awards resulting from the RFP.</li> <li>• No bids were received for the Latino Older Adult Services program. The AAA will regroup on this RFP.</li> <li>• AAA staff will attend the AAI Convening on September 29<sup>th</sup>.</li> <li>• AAA is in the process of returning to congregate meals.</li> </ul> <p><b><u>Committee Reports</u></b></p> <p><b><u>Equity, Outreach and Advocacy (EOA): Chair López on behalf of Chair Silverman</u></b></p> <ul style="list-style-type: none"> <li>• The committee discussed the land acknowledgement.</li> <li>• There will be an ally's meeting on October 20<sup>th</sup>.</li> <li>• A meeting will be arranged with Supervisor Katie Rice to discuss the racism resolution. Commissioners López and Brandon will work with the Board Aide to arrange this request.</li> <li>• Samantha Ramirez from the Marin County Youth Commission participated in the last meeting.</li> </ul>	

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<p>Commissioner Locks discussed her community activities with the Community Coalition Seeking Justice for Mateo; Showing Up for Racial Justice (SURJ); and the National Association for Civilian Oversight of Law Enforcement (NACOLE).</p> <p><b><u>Health and Nutrition</u></b></p> <ul style="list-style-type: none"> <li>• Chair Gunn would like to see a Commissioner presence at the congregate meal sites.</li> <li>• A strong connection has been made with Board members of Five 5 Marin. They will have a presentation at their November meeting and look forward to having an event in 2023.</li> </ul> <p><b><u>Housing and Transportation: Sylvia Barry</u></b></p> <p>Commissioner Barry noted the following.</p> <ul style="list-style-type: none"> <li>• The next meeting is on Wednesday, September 28th and will feature a presentation from the executive director of Marin Housing Authority to discuss the revitalization of Golden Gate Village.</li> </ul> <p><b><u>Legislative / CSL: Lisa Brinkmann</u></b></p> <ul style="list-style-type: none"> <li>• The committee met last month to review the policy guidelines for 2022 from the county. The changes are due to Director Pullen by September 30<sup>th</sup>.</li> </ul> <p><b><u>Planning: Girija Brilliant</u></b></p> <ul style="list-style-type: none"> <li>• Commissioner Brilliant noted they are meeting on Oct. 26<sup>th</sup> and that she and Commissioner Dowling will be meeting before that with Sara Robinson to discuss how they can support the Age-Forward work.</li> </ul>	

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<p><b><u>Ad Hoc Committees</u></b></p> <p><b><u>Communications</u></b></p> <ul style="list-style-type: none"> <li>• Commissioner Barry did not have a report. She is currently working on the next meeting date.</li> </ul> <p><b><u>Digital Inclusion</u></b></p> <ul style="list-style-type: none"> <li>• Committee Chair Silverman was unable to participate in today's Executive Committee meeting. Chair López noted Silverman will be a panelist at the AAI Convening which will discuss inclusion and equity, not isolation.</li> </ul> <p><b><u>Action Item: Filling Officer Vacancy</u></b></p> <ul style="list-style-type: none"> <li>• Chair López reported that Commissioner Barry has agreed to be Vice Chair and Josa Buennagel agreed to be Secretary of the Commission. Chair López noted the Executive Committee is responsible for these appointments. Commissioner Brinkmann made a motion to approve. Commissioner Gunn seconded. All in favor. Motion passed.</li> </ul> <p><b><u>Committee Meeting Dates, Times &amp; Frequency and Return to In-Person</u></b></p> <ul style="list-style-type: none"> <li>• Chair López noted there are a lot of committee meetings taking place during the third week of the month and would like to put together a plan to address the issue of how often committees meet and at what time.</li> </ul> <p><b><u>Discussion: Commission Member Requirements</u></b></p>	

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<ul style="list-style-type: none"> <li>Chair López asked for feedback in terms of Commissioners who are not meeting membership requirements and how best to manage beyond what is stated in the bylaws. It was agreed that the Commission Chair will appoint members to a committee if they do not choose one on their own.</li> </ul> <p><b><u>Develop General Meeting Agenda: Items to add for the General meeting agenda.</u></b></p> <ul style="list-style-type: none"> <li>Approval of the Commission on Aging Bylaws.</li> </ul> <p><b><u>Announcements and New Business</u></b></p> <ul style="list-style-type: none"> <li>Commissioner Locks would like to request an agenda item for the next meeting about communication among Commission members.</li> </ul> <p><b><u>Adjourn</u></b></p> <p>The meeting adjourned at 4:34p.m. The next meeting is on Monday, October 24, 2022 and will take place in person at 10 N. San Pedro Rd., conference room 1018.</p>	