

<p align="center">COMMITTEE: GENERAL</p> <p align="center">MARIN COUNTY COMMISSION ON AGING (MCCOA)</p>	<p align="center">DATE: OCTOBER 6, 2022</p>	<p align="center">LOCATION: TELECONFERENCE</p>
<p>PRESENT: Asimos, Barry, Bortel, Boutilier, Brandon, Brilliant, Buennagel, Dowling, Gould, Locks, López, Marchese, Ng, Notowich, Sadowsky, Silverman</p> <p>EXCUSED: Binkley, Brinkmann, Gunn, Saffran</p> <p>ABSENT: Bhanushali, Boland</p> <p>VACANT: District 2</p>		
<p>RECORDER: Mandy Reyes (Staff, AAA)</p>		
<p>NEXT MEETING: Thursday, November 3, 2022, Zoom Teleconference</p>		
<p align="center">MINUTE SUMMARY</p>		
<p>Presentation and Topic: Building a Healthier Marin: COVID and Beyond Speaker: Dr. Matt Willis, County of Marin Public Health Officer</p> <p>Call to Order: Chair López called the meeting to order at 11:15 a.m.</p> <p>Approval of Agenda:</p> <ul style="list-style-type: none"> • Commissioner Boutilier made a motion to approve the agenda as written. • Commissioner Brilliant seconded. • The motion carried 16-0. <p>Approval of the Minutes – Sept. 1, 2022</p> <ul style="list-style-type: none"> • Commissioner Notowich made a motion to approve the minutes of July 7, 2022 as amended. • Commissioner Ng seconded. • The motion carried 16-0. 		

Open Time for Public Expression on Matters not on the Agenda:

Susan Windman, Member of the Community, reported on the following:

- Thanked the County for the workshops on Dementia.
- Family caregiving is an area that needs more focus and needs more recognition.

Jonathan Frieman, Executive Director, InSpirit, reported on the following:

- InSpirit raises funds to supplement the IHSS payments.

Announcements:

Commissioner Barry, announced the following:

- Polio Abilities Awareness Expo, Oct 23, 2022 11AM – 3PM, Mare Island, Vallejo.

Chair/Vice Chair/Secretary Report:

Chair Report:

Chair López reported on the following:

- Today is Commissioner Brinkmann’s last MCCOA meeting and last day as a California Senior Legislature member.
- FY 22-23 Vice Chair is Sylvia Barry and Secretary is Josaphine Buennagel.
- Committee Chairs should consult with committee members to consider moving meetings so that they are not clustered in the third week of the month.
- In-person meetings will be coming back slowly.
- Medicare open enrollment is Oct. 15. - Dec. 7.
- The cost of healthcare has gone up 24.3% between Aug. 2021 and Aug. 2022 per the Bureau of Labor Statistics.
- Thank you to all who worked on the Aging Action Initiative Convening.

Vice Chair Report:

Vice Chair Barry reported on the following:

- The commission calendar has been turned over to new Secretary Buennagel.
- Barry will continue to Chair the Communications Ad Hoc Committee. A commission website will be developed.

Secretary Report:

Secretary Buennagel reported on the following:

- Buennagel will be reaching out to the Chairs of the committees to discuss the best way to intake each of the regular committee meetings for the committee meeting calendar.

Aging and Adult Services Report:

Director Lee Pullen reported on the following:

- New funds being released to fund the following programs: cash assistance for grocery bag delivery, housing assistance, mental health for long-term care residents, intergenerational senior center activities, health promotion fall prevention, and Dignity at Home fall prevention.
- Recruitment for a bilingual Vietnamese Social Worker to work in the Information and Assistance (I&A) unit is being expanded.
- The new I&A phone system will go live in November.

Aging Action Initiative (AAI) Report:

Teri Dowling reported on the following:

- Thanked everyone for coming to the AAI Convening and recapped the event.
- Advocacy notes:
 - The United States Preventive Services Taskforce has shared a draft recommendation for screening for anxiety in adults. The task force did not recommend screening patients aged 65 and older because: "because anxiety symptoms are similar to normal signs of aging, such as fatigue and generalized pain." The deadline for commenting on the draft is October 17th.
 - The Housing Element is being considered by each town and city in Marin. It's important for all of us to work with our towns and cities to make sure the housing needs of older adults are being considered.

Action Items:

- Approval of Resolution to Continue Online Meetings:
 - Chair López made a motion to approve the resolution to continue online meetings.
 - Votes in favor: 19
 - Vote opposed: 0
 - Abstain: 0
- Approval of Commission on Aging Bylaws:
 - Commissioner Silverman made a motion to approve Commission on Aging Bylaws revision.
 - Votes in favor: 14
 - Votes opposed: 0
 - Abstain: 2

Commissioner Updates (Commissioners appointed by the Cities and Towns):

Boutilier (Sausalito):

- City of Sausalito partnered with Public Health to hold a booster clinic for older adults.
- Meeting with the Mayor of Sausalito and Senator McGuire to discuss a housing project for older adults.
- Attended the American Association of Retired Persons (AARP) housing conference.

Brilliant (Mill Valley):

- Speaking to the Mill Valley City Council on Oct. 16 to give an update on the MCCOA.
- Concerns of the town are about traffic and fighting against affordable housing.

Buennagel (Fairfax):

- Town Council meeting is this evening.
- Age-Friendly Breakfast with Friends is on the third Wednesday of the month.
- Age-Friendly Fairfax is working on an updated method of communicating with the town.

Gould (Tiburon):

- The Town Council has passed a Climate Action plan.
- The public library had a huge expansion and opened in Sept.

Locks (San Rafael):

- A general plan progress report is on the city council's consent calendar.
- Statements made to include the indigenous members of the community.
- Discussion around landscaping and use of indigenous plants.
- Pilot aquatics program at the Terra Linda Community Center - swimming will be extended through the end of October.
- National Disabilities Employment Awareness month - City of San Rafael is committed to cultivating an inclusive community that increases access and opportunities to all and those with disabilities.
- Fire Prevention Week is Oct. 9 – 15.

Ng (San Anselmo):

- There are plans for a 60-unit low-income and older adult housing.
- There is a dispute between the town and the county concerning a park that is next to the bridge that has been condemned.

Committee/Reports and Chairs:

California Senior Legislature (CSL): Allan Bortel

- The CSL Annual Session will take place on Zoom Oct. 25 – 27 and is open to the public.

Equity, Outreach and Advocacy: Fred Silverman

- Land Acknowledgment will be revisited at the next meeting on Oct. 20.
- Commissioners López and Brandon have been meeting with Supervisor Rice and staff to discuss the racism resolution.

Executive Committee / Triple A Council of California Update: Diana López

- None

Health/Nutrition: Lee Notowich

- Community involvement was encouraged at the Sept. 19 meeting.
- Start time has been moved back a half hour.
- Members attended the First Five Forum.
- Next meeting will be Oct. 17 at 4:00 p.m.

Housing/Transportation: Sylvia Barry

- Kimberly Carroll, Interim Executive Director, Marin Housing Authority spoke at the last meeting.
- Mary Stompe, PEP Housing and Bianca Neumann, EAH Housing gave Housing reports.
- Jon Gaffney, Golden Gate Transit gave a transportation report.

Legislative: Diana López

- Transition of the committee leadership is being discussed.
- Contact Chair Brinkmann if you would like to join this meeting.

Planning: Girija Brilliant

- Next meeting is Oct. 26. There will be a discussion around ways the committee can support Age-Friendly.

Age-Friendly Update:

Jenay Cottrell, Aging and Adult Services Program Manager reported on the following:

- One year left before the county's five-year Age Forward report is due to the World Health Organization (WHO) and the AARP. The Planning committee will be giving input.

- Sara Robinson is looking to see how any community services districts and neighborhood groups in unincorporated areas could incorporate age-friendly practices.

New Business: None

Adjournment:

- Commissioner Brilliant made a motion to end the meeting at 12:43 p.m.
- Motion carried 16-0.

The next meeting will be on November 3, 2022, 11:15 a.m.