### M-I-N-U-T-E-S

**TIME** | **SUBJECT**
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6:30 PM | **Call to Order** 6:32
Quorum: Yes
Present: John Riley, Suzanne Kanner, Gail Dunnett, Tori Kropp
Absent: Ruby Gibney, Tracy Novick
Guests: Pattie Williams, Craig Lewis, Mark Dale, Eva Crysanthe, Damian Morgan, Dolores
Staff: Todd Schirmer, Cat Condon, Taffy Lavié

6:31 PM | Introductions: Introduce Board Members & New Candidates

6:35 PM | Review of Agenda / Approval of October 2022 meeting Minutes

6:40 PM | Open Public Time:
5 members of the public addressed the Board

6:45 PM | BHRS Staff Report:
Cat Condon report: overdose prevention summit on 11/15, 4-6pm.
Prescription drug overdose is shifting more towards fentanyl; over half of OD deaths are methamphetamine; the main three are: meth, alcohol and fentanyl.
Survey of 164 clients receiving substance abuse-- highest response.
Data with UCLA, share feedback once we get it back. External quality of review, behavioral health concepts. Independent review of our systems and outcomes and contract providers; report should be released Dec. 6 and 7.

Todd Schirmer:
- Introduction: Recently appointed permanent director of BHRS; with MC since 2019; overseeing expanded services.
- Discussion of background: licensed psychologist; previously with Napa State Hospital, forensic psychologist, and past member and chair of MH board.
- Collaborations moving forward:
  - A lot of work with many different reforms like payment processes, 2027 formal integration of mental health and substance abuse.
  - BHRS relationship with the boards will shift slightly, giving the two boards (MH & A/D) more independence; Still support the boards administratively; but will respect independence of these boards. Cat may come to every other meeting; Taffy will have a backup in the next few months.

Questions:
Public comment: 2 members of the public addressed the Board
<table>
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<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>7:10 PM</td>
<td>Pattie Williams, CADC II, of Bay Area Community Resources (BACR) will give an overview of BACR’s In-Custody Substance Use Services</td>
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**Presentation:**
14 years with BRCA
BRCA provides services to inmates for the past 25 years. Jail reentry team refers inmates for treatment. The goal is to provide inmates with education, place to discuss their SA issues, homelessness, mental health; help to provide them with the support of other community resources they may need.

**Curriculums:**
- Thinking for a Change: problem solving skills—integrative program;
- The Courage to Change: developed by the Change Companies; offers integrated journaling system, addresses SA, criminal behavior, offers peer support, and getting back to work;
- Anger management: cognitive behavioral monitor, relaxation training, learn how to identify the risk to anger episode and manage anger in a healthy way;
- Seeking Safety: trauma informed curriculum focuses on PTSD, safe coping skills, help them attain safety in relationships and emotions; changing offender program: Anti-social thought thru interactive approach.
- Mindfulness Meditation: promising for correctional populations, decrease SA, more aware of self.

**Treatment programming in several pods**
So far this fiscal year:
- 106 inmates have attended treatment programming
- 40/50 inmates receive treatment each month
- 21 participants completed T4C Program; 33 participants completed other treatment programming.
- Reentry program in jail to find the program to fit that participant’s needs, referred to the best program.

**Questions:**
Suzanne: how do referrals work?
Patti: Treatment is voluntary only for inmates.
John: How do you measure the programs and their success?
Patti: We don’t.
John: What is your perspective?
Patti: These inmates have to want it; if they don’t want it, it won’t work.
Suzanne: Do you offer some type of social worker to help inmates navigate the system?
Patti: yes recovery coaches help guide people.

Public comment: 3 members of the public addressed the Board

| 7:40 PM | John Riley: board member intros
Suzanne, Tori, John
Public comment:
3 members of the public addressed the Board |
Committee Reports:
- Harrison’s law—Gail: requiring rehabs to carry pulse oximeters
- Community People & Organizations: John: Contacted members of the community groups that have similar kind of interest in substance abuse issues, like Don Carney, Alcohol justice-- a work in progress.
- Press & Public Relations: no report
- Interagency Collaboration: Suzanne—interested in getting a panel of speakers from the jail, HHS, Jeff DeVido, Buckalew, Helen Vine, Center Point, Marin General, first responders. How do we connect all the agencies? Where are the referrals, the gaps, etc.? How can we help facilitate more smoothly and not let people fall thru the cracks.
- Systems of Care Report—a 2-yr program where the county brought all the agencies together for interagency collaboration. As well as all the goals and accomplishments of the county. All the board members should read it. Taffy will send it out.

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<td>7:50 PM</td>
<td>Announcements?</td>
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<td>7:55PM</td>
<td>Action Items:</td>
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<td>- Action Item: AB361 – <strong>VOTE</strong> - As long as the BOS considers us to be in a public health crisis – we will vote every 30 days (following the BOS) as to whether to meet virtually</td>
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<td>- Voted to continue to meet by zoom.</td>
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<td>7:57PM</td>
<td>Old Business:</td>
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<td>New Business:</td>
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<td>- Future presentations</td>
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<td>- Decided to meet in December but may go dark in January. Will discuss at the next meeting.</td>
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<td>- Mark public comment: Jan 2nd might be holiday.</td>
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<td>8:00 PM</td>
<td>Adjournment</td>
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Next Executive Conference Call: Mon. Nov 21, 2022 @ 12:15 p.m.
Conference Call- 415-473-3030/ Meeting Number: 7719#/ Attendee: password 4154737719#/ Host/Moderator: password 633863#

Next AOD Board Meeting: Mon. Dec 5, 2022 @ 6:30 pm via Zoom

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-3020 (Voice) (415) 473-3232 (TTY) or by email at disabilityaccess@marincounty.org at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request. Late agenda material can be viewed in the office of Behavioral Health and Recovery Services, between the hours of 8:00 am and 5:00 pm. Behavioral Health and Recovery Services office is located at 20 N. San Pedro Road, Suite 2021, San Rafael, CA, 94903. Thank you for your interest and participation in the workings of the Alcohol and Other Drug Advisory Board. If you would like more information or would like to speak with a member of the Board, please contact: Taffy Lavié 415-473-6809