

<b>COMMITTEE: GENERAL</b> <b>MARIN COUNTY COMMISSION ON AGING</b> <b>(MCCOA)</b>	<b>DATE: MARCH 11, 2024</b>	<b>LOCATION:</b> <b>Marin Wildfire Protection Authority</b>
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**PRESENT:** Amlie, Asimos, Barry, Bhanushali, Bortel, Brandon, Brown, Denton-Cohen, Dowling, Gould, Locks, López, Ng, Notowich, Rubens, Sadowsky

**EXCUSED:** Binkley

**ABSENT:** Saffran

**VACANT:** CSL, District 2, District 3, Corte Madera, Sausalito

**RECORDER:** Mandy Reyes, Staff, Area Agency on Aging (AAA)

**NEXT MEETING:** April 8, 2024, 1:30 p.m., Marin Wildfire Prevention Authority Board Room

**MINUTE SUMMARY**

**Call to Order:** Chair Notowich called the meeting to order at 2:39 p.m.

**Approval of Agenda:**

- Commissioner López made a motion to approve the agenda.
- Commissioner Locks seconded.
- Commissioner López amended the agenda to clarify that the commissioners giving their updates this month would be from Cities/Towns and made a motion to approve the agenda as amended.
- Commissioner Locks seconded.
- The motion carried 16-0.

**Approval of Minutes:**

- Commissioner Asimos made a motion to approve the minutes as written.
- Commissioner Bhanushali seconded.
- Commissioner Brown amended the minutes to correct the date of the Brown Bag lunch to March 7 under the Chair’s Report and to clarify that the Health & Nutrition committee had a presentation on CalFresh by a member of the UC Cooperative Extension.
- Commissioner Asimos made a motion to approve the minutes as amended.
- Commissioner Locks seconded.

- The motion carried 16-0.

**Open Time for Public Expression on Matters not on the agenda:**

- Lisa Rhode, Manager of Vivalon Cowles Active Learning Program, reported there will be new and innovative workshops as part of a participatory, interactive, hands-on learning program.
- Ricardo Moncrief, Director of Isoji, is part of a group that has been doing activist work in Marin City for 24 years. The first Friday of each month is a forum open to everyone where information is shared.

**Commissioner Announcements:**

- Commissioner Gould announced in April she will be teaching a class at the College of Marin on electric vehicles. You'll find out about what rebates are available and learn about the new car models and more.
- Commissioner Locks announced the second annual Marin PowWow, a celebration of the Indigenous communities that live and work in Marin on Coast Miwok land, will be happening at Terra Linda High School on March 17 from 11 a.m.- 8 p.m. It is free and open to the public.
- Commissioner Brandon thanked Wendy Nuessle, former Chair of the Equity committee, for putting together a collaborative action plan that aims to address racial health disparities.
- Commissioner Rubens announced that the Brown Bag lunch was a great first step in building relationships to influence policy and there was very good information shared.
- Commissioner Sadowsky announced that in the San Geronimo Valley there is an Elders Council sponsoring a series of workshops at the end of April having to do with housing. The San Geronimo Valley planning group is having a zoom meeting at 7:30 p.m. tonight to talk about the housing element, and specifically the land owned by the Tamalpais High School district, which is seen as a site for housing. The County is sponsoring a workshop on Thursday at 5:30 p.m. in-person at the San Geronimo Valley Community Center to talk about the issue of septic tanks.
- Commissioner Brown announced there were over 100 people who attended the Age Friendly San Rafael event to honor residents who are 90+.

**Chair and Officers' Reports:**

**Chair Report: Chair Notowich-**

- Attended the Area Agency on Aging Council of California meeting.
- Had the opportunity to go to the Novato Rotary Speaker Series. Felecia Gaston spoke about the historical perspective of Marin City.
- Is representing the MCCOA on the Marin County Strategic Advisory committee.
- Had the opportunity to attend a Marin Organizing Committee (MOC) candidate forum.

- The Brown Bag lunch with all the commissioners appointed by the Supervisors had a robust discussion.
- If your position is rolling out or you're not re-upping, please think about communicating with your city or town or supervisor so they know.

**Vice Chair Report: Vice Chair Ng-**

- A new attendance policy is in progress.

**Secretary Report: Secretary Sadowsky –**

- Went to the League of Women Voters candidate's forum and the MOC meeting for the district candidates.
- There is an online meeting called West Marin Collaborative, which meets every month and brings organizations serving the county and West Marin together.

**Aging Action Initiative (AAI) report:**

- Teri Dowling stated AAI is looking for a new administrative staff person.
- Lisa Brinkmann, the new director of the Aging Action Initiative, reported that the work she has been doing in the last month has been around securing funding. She is working closely with the County, Vivalon and their commission to repurpose some of the money, so that it can be applied to programs that are going to benefit older adults in the next year or two.

**Ad Hoc Communications Committee Report:**

- The committee is working on an elevator pitch that any of the committee members can say at any time, and they are putting together a fact sheet.
- Working on committee objectives.
- Recruiting commissioners to be on the committee.
- If you have useful information about your city or town or anything Marin, please share with this committee because they are going to help disseminate information to everyone.

**May Health Forum Update:** Commissioner Ng reported -

- At the beginning stages of planning. Still working on a venue and time. A possible date is Friday, May 24.
- The Equity, Outreach and Advocacy meeting on Thursday will center around the May Forum.

**World Trust Educational Services Update:** Commissioner López reported -

- Tomorrow is the first session of the World Trust social justice and racial training and there are a few spots left. It is at Marin Clean Energy, 1125 Tamalpais Ave., San Rafael from 3 – 5:30 p.m.

**Aging and Adult Services Report:** Program Manager Jenay Cottrell reported –

- Director Lee Pullin will be moving to San Mateo County. His last day is March 19.

- The 2024-28 Area Plan is coming along. Staff will present the Area Plan and the April 8 MCCOA meeting.
- There is funding coming from the State called Modernizing the Older California Act (MOCA). The AAA will issue a Request for Proposal (RFP) on the first set of funding around supportive services. We will be seeking home modifications, fall prevention classes, and financial coaching or education because those are major concerns identified by the needs assessment.
- The AAA will extend contracts that are funded with Older American's Act baseline money through September 30.
- Staff passed out copies of Choices for Living.
- Please fill out an intake for congregate meals after this meeting if you have not already.

**Commissioner Updates (Commissioners appointed by the Cities and Towns):**

Amlie (Fairfax):

- The Fairfax Town Council voted to implement a process for housing providers to raise rents above the current annual rent cap. Older adults want all legislators to understand the needs of older adults and implement legislation that allows them to remain in the communities they have lived in for many years.
- The Friends of Fairfax library is hosting an information fair on Saturday, April 13, 11:30 – 1 p.m. There will be information about healthcare, safety, social support, lifelong learning, etc. The Fairfax library also has upcoming events on interesting topics for older adults, such as estate planning, death and dying, etc.

Bhanushali (Novato):

- The Novato Council meeting is tomorrow at 6 p.m. He will attend the meeting and give a report at the next commission meeting.

Binkley (Belvedere): N/A

Gould (Tiburon):

- Gould scheduled time and went before the Town Council. A member of the Council asked how they could reach the community.

Denton Cohen (Mill Valley):

- Mill Valley is about to do a survey to see what the needs are for age and disability friendly and trying to come up with a better name.
- Mostly we've been working on Age Friendly and trying to get those ducks in a row.

Dowling (Ross):

- The Ross Age Friendly had a luncheon in February and about 85 people were present. We celebrated those who are over the age of 80.
- Dowling will be presenting and most likely looking to staff for some accurate data for the Town Council for their April meeting before I become a member of the Town Council.

Locks (San Rafael):

- The San Rafael Police Oversight Committee will be meeting on March 20 from 6 – 8 p.m.
- The mayor presented a proclamation at the last meeting.

Ng (San Anselmo):

- San Anselmo is working on an electric bike safety program.
- The San Anselmo Ageism and Ableism committee are getting ideas on how to best move forward with helping the older and handicapped populations of San Anselmo.

**Committee/Reports and Chairs:**

Equity, Outreach and Advocacy (Ng):

- Work needs to be done on getting committee members to commit to meetings so that there are quorums.

Health/Nutrition (Brown):

- Brown met with Vinh Luu, the project director of the Asian Advocacy project, which supports the Vietnamese community.
- The committee had its quarterly report from Dan Steckline, Marin County Ombudsman.
- The May presentation at the General meeting will include a speaker from the California Advocates for Nursing Home Reform.
- The Aging and Disability team of the Marin Organizing Committee (MOC) is beginning to explore the absence of adult daycare in Marin County.
- On February 27, Chair Brown made comments at the Board of Supervisors meeting representing MOC supporting a \$26 an hour wage for IHSS caregivers.
- Committee member Alexandra Morehouse is working to put together a fact sheet for the Cal Fresh presentation we had earlier.

Housing/Transportation (Barry):

- Trying to schedule a train ride for the commission because of the interest raised by District 1.
- Hosting the June presentation at the MCCOA General meeting.
- Commissioner Bortel has been elected Vice Chair of Paratransit Coordinating Council (PCC).

Legislative (López):

- John Pointer, Chair of the Joint Rules committee and Corey Smith, Executive Director of Housing Action Coalition in San Francisco, were speakers at the last meeting.

- The committee is focused on SB 37 for shallow rent subsidies.

CSL (Bortel):

- Senior Rally Day is virtual on May 8 from 9 a.m. – 3:00 p.m.
- The CSL still needs an assembly representative from Marin.

Planning (Dowling)

- At the last meeting, the committee provided feedback on the AAA's draft goals for the next four years.
- The next meeting is March 14 from 1:30 – 3 p.m. At this meeting, the committee will provide feedback on the narrative portion of the Four-year Area Plan.

**New Business:** None

**Adjournment: 4:30 p.m.**

- Commissioner Locks made a motion to adjourn the meeting.
- Commissioner Brandon seconded.
- Motion carried 16-0.

Next meeting: Monday, April 8, 2024, 1:30 pm, Marin Wildfire Prevention Authority Board Room