

MARIN COUNTY

Alcohol and Drug Advisory Board

February 3rd 2025 @ 6:00 P.M.

20 North San Pedro Rd. Pt. Reyes Conference Room

San Rafael, CA 94903

Join Zoom Meeting

<https://us06web.zoom.us/j/85797943856?pwd=Pv5Q8T6LvKvNeEXa36lac44bxoJb6d.1>

Meeting ID: 857 9794 3856 / Passcode: 347506

M-I-N-U-T-E-S

TIME	SUBJECT
6:00 PM	<p>Call to Order:</p> <p>Quorum: Yes</p> <p>Present: John Riley, Suzanne Kanner, Tori Kropp, Jonathan Parkhurst, Gail Dunnett, & Tracy Novick</p> <p>Staff: Cat Condon</p> <p>Absent: Taffy Lavié</p> <p>Guest: Mark Dale, David Metzger, Faye, Dominique McDowell (guest speaker)</p>
6:05 PM	<p>Presentation / Discussion</p> <p>Dominique McDowell, Director of Addiction and Recovery Services, Marin City Health and Wellness, FQHC</p> <ul style="list-style-type: none">• Dominique has an extensive background in Alcohol and Substance use disorders and in providing opioid care, He has worked at Ritter House, Helen Detox, first MAT program, health care administrator, Marin City Wellness center, Kaiser, & UCSF- SORT outreach to homeless & SUD clients in Bay area.• Directs the MAT program in Marin City. <p>Medical Treatment for abuse of substances:</p> <ul style="list-style-type: none">- Opioids- Heroin- Alcohol- Prescription pain meds

	<p>Individual Counseling</p> <p>Medication Assisted Treatment</p> <p>Resources & Referrals</p> <p>Medi-Cal or no income</p> <ul style="list-style-type: none"> • Their program does not offer Methadone @ MAT instead-they prescribe: <p>buprenorphine/naloxone (Suboxone), extended-release naltrexone (Vivitrol).</p> <ul style="list-style-type: none"> • Biggest challenge: services need to be available 24 hours a day • Clients self-refer or come from Ritter house or outreach- the challenge is how to connect with help. Outreach needs to be amped up (as they have the team)- 167 clients • Removing roadblocks for services and helping marginalized get services <p>What does Dominique need help- services for 24 /7, as “crisis” doesn’t exist only between 9-5.</p> <p>Some discussion by board on ways to engage more clients and thoughts on treatment in Marin County. Two comments from the public.</p>
6:50 PM	<p>Introductions: Introduce Board Members & New Candidates</p> <p>David Metzger (announced he willl apply to AD board). Faye (OD Free Marin)</p>
6:55 PM	<p>Approval of January 6, 2025 Meeting Minutes, First motion for approval from Jonathan, & Tori made the second motion.</p>
7:00PM	<p>Open Public Time: three comments from the public</p>
7:10 PM	<p>Cat Condon, County Alcohol and Other Drug Administrator – BHRS report</p> <ul style="list-style-type: none"> • Seeds of Hope- homeless lunch celebration with many services for the homeless- Feb 10 • Opioid settlements will result in navigator positions for both Ritter House & Marin Community Clinic- no insurance or Medi-Cal needed
7:15 PM	<ul style="list-style-type: none"> • Announcements <p>Public comment- two comments</p>
7:20 PM	<p>Old Business:</p> <ul style="list-style-type: none"> • Tracy announces her resignation from Secretary in March.

	<p>Hoping someone from the Board can step up to take the roll on, she will be resigning from the board by early summer. TBD at March meeting</p> <p>New Business:</p> <ul style="list-style-type: none"> • By-Laws- John plans to look at the BHB bylaws as a guide for updating our restrictive membership bylaws. He will do a draft check with Marin counsel and submit to March Board meeting • Decision about PowerPoint on mental health services in the county and what to do with it- to discuss with proposed summit in March • Recruitment- hoping we can rally more membership. Reminded all the board to find an organization to invite. Tracy will re-send out again the “starter list” circulated last month.
7:25 PM	Open Public Time; three comments
7:30 PM	Adjournment: Tribute to Zachary Colety and Greg Knell
	Next Executive Conference Call: Mon. Feb. 24th 2025 @ 12:15 p.m. Conference Call- 415-473-3030/ Meeting Number: 7719# / Attendee: password 4154737719# / Host/Moderator: password 633863#
	Next AOD Board Meeting: Mon. March 3rd 2025 @ 6:00 pm at 20 N. San Pedro Rd. (Pt. Reyes Conference Room) San Rafael, CA 94903

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for

accommodations may be made by calling (415) 473-3020 (Voice) (415) 473-3232 (TTY) or by email at disabilityaccess@marincounty.org at least four work days in advance of the event. Copies of documents are available in alternative formats, upon written request. Late agenda material can be viewed in the office of Behavioral Health and Recovery Services, between the hours of 8:00 am and 5:00 pm. Behavioral Health and Recovery Services office is located at 20 N. San Pedro Road, Suite 2021, San Rafael, CA, 94903. Thank you for your interest and participation in the workings of the Alcohol and Drug Advisory Board. If you would like more information or would like to speak with a member of the Board, please contact: Taffy Lavié 415-473-6809