

<p align="center"><b>COMMITTEE: GENERAL</b></p> <p align="center"><b>MARIN COUNTY COMMISSION ON AGING (MCCOA)</b></p>	<p align="center"><b>DATE: FEBRUARY 10, 2025</b></p>	<p align="center"><b>LOCATION:</b> <b>Marin Wildfire Protection Authority</b></p>
<p><b>PRESENT:</b> Amlie, Barry, Bhanushali, Binkley, Brandon, Brown, Clemmons, Denton Cohen, Gould, López, Ng, Notowich, Sadowsky, Schultz, Wilson, Winer</p> <p><b>EXCUSED:</b> Bortel, Doodha, Rubens</p> <p><b>ABSENT:</b></p> <p><b>VACANT:</b> CSL, District 2, District 3, Larkspur</p>		
<p><b>RECORDER:</b> Amy Dietz, Staff, Area Agency on Aging (AAA)</p>		
<p><b>NEXT MEETING:</b> March 10, 1:30 p.m., Marin Wildfire Prevention Authority Board Room</p>		
<p align="center"><b>MINUTE SUMMARY</b></p>		
<p><b>Presentation and Topic: End-of-Life Planning</b></p> <p><b>Speakers:</b> Michael Hagerty, Professor Emeritus, UC Davis, and former member of the Marin Commission on Aging Rev. Jan Heglund, Chaplain to Marin Fire and Police agencies</p> <p><b>Call to Order:</b> Chair Denton Cohen called the meeting to order at 2:43 p.m.</p> <p><b>Approval of Agenda:</b></p> <ul style="list-style-type: none"> <li>• Motion/Seconded/Carried (M/S/C) – Gould/Brown/17-0</li> </ul> <p><b>Approval of Minutes as Written:</b></p> <ul style="list-style-type: none"> <li>• M/S/C – Ng/Gould</li> <li>• Commissioner Brandon made a motion to amend the minutes with the correction that Marin City Health and Wellness Center, not Marin Community Services District, has been approved to establish a center for Marin Services.</li> <li>• C: 17/0</li> </ul>		

**Open Time for Public Expression on Matters not on the agenda:**

- George Pegelow: Commented on a lack of transparency and cooperation between the Board of Supervisors (BOS) and the public; specifically, that meetings should be held in the evenings. Asked members of the MCCOA to support this.
- Mo Denieva-Marsh, Director of Community School Partnerships at Community Action Marin (CAM): Announced CAM's needs assessment. Distributed information on surveys and focus groups.
- Sue Wilson: California Alzheimer's Advocacy Day is taking place in Sacramento on March 5.
- Salamah Locks: The US Senate Special Committee on Aging will have a full committee hearing titled, "Optimizing Longevity from Research to Action" on Feb. 12. Information can be found at: <https://www.aging.senate.gov/hearings>. She also distributed "red cards" that can be used during ICE encounters.

**Progress Report on Commission Priorities:**

- Priorities from retreat: Financial security, resource guide, ageism resolution.
- Commissioner Winer: Recommended in future to distribute notes directly following the retreat, with a timetable associated. The general commission did not invest in the priorities; and there is a need to forge a path for being engaged throughout the year.
- Commissioner Wilson: Stated the role of the commission and how members advise the BOS feels nebulous.
- Resource Guide:
  - Commissioner Gould: Noted there is information on resource guides at the library. Also asked what the timeline is for the development and completion of the resource guide.
  - Commissioner Notowich: Noted that Commissioner Rubens, who is MCCOA point of contact for resource guide development, can provide an update at the next general meeting and indicate how the different committees can be involved.
- Financial insecurity:
  - Chair Denton Cohen: Commented there have been no specific presentations on financial security and no committee buy-in on the priority decided upon. Asked that committees look at this on their next agendas and discuss how they have addressed financial insecurity. Also asked commissioners to report back to their supervisors/ appointing bodies with this information.
  - Commissioner Barry: Noted that presentations at the Housing and Transportation Committee meetings are on financial insecurity especially when they address housing issues.
  - Commissioner Amlie: Proposed that a format for this to be discussed in a formal matter is created and suggested quarterly updates from committees on progress towards financial security objectives.

- Commissioner Lopez: Noted that pressure on Medicaid/Medi-Cal will impact Medicare, adding that there is work being done by the Legislative Advocacy Committee in relation to financial security.
- Commissioner Binkley: Suggested that financial security be a reoccurring monthly agenda topic.
- Commissioner Sadowsky: Commented that everything that committees are doing is embedded in financial insecurity and social determinants of health are all connected to financial insecurity.
- Commissioner Ng: Noted that at a recent committee meeting, LGBTQI speakers discussed financial insecurity in their community and mentioned an upcoming presentation on financial insecurity impacting older women.

**Forum Update:**

- Chair Denton Cohen asked the committee for ideas for speakers/presenters.

**Commission Community Presentation Approval:**

- Commissioner Notowich distributed a community presentation template to be used by commissioners when addressing their appointing bodies. Offered the help of the committee in developing customizable presentations and practicing. The goal is for commissioners to present to their towns and cities two to three times/ year. This is a guide/ example.
- Commissioner Amlie: Noted the need for presentation to be in a digitally accessible format.
- Commissioner Gould: Suggested the presentation could include “happy news.”
- Chair Denton Cohen: Asked that commissioners email Planning Committee their comments.
- Director Cottrell announced that the AAA would assist with figuring out digital accessibility.

**Commissioner Announcements:**

- Commissioner Schultz: Feb. 19, there will be a men’s coffee connection group in Sausalito addressing social isolation.
- Commissioner Brandon: Supervisor Moulton Peters recently had a brown bag lunch.
- Commissioner Amlie: On Feb. 28, Fairfax Age Friendly hosting the movie, “Do I Need This?”

**Chair Report (Denton Cohen):**

- Asked those terming out to speak with members of their communities about possible replacements.
- **Vice Chair Report (Ng):**
- Attended the last two San Anselmo Council meetings. Attended a LGBTQI dinner and crafts night.

**Secretary Report (Sadowsky):**

- Sent our Feb. and March calendars.

### **Aging and Adult Services Report (AAA Director Cottrell)**

- There is a California Associations for Aging (C4A) workgroup addressing SB 1249. Will wait to as HHS leadership to bring to our BOS until after C4A formulates a response strategy.
- Federal Older Americans Act (OAA) OAA funding status with new White House Administration is uncertain, as is most federal funding. Looking to USAging for updates and guidance.
- AAA reallocated some unspent and one-time-only funds including a contract with the Food Bag for grocery bag delivery:
- Updated phone tree for 473-INFO. Thanks to Commissioner Shultz for his feedback.
- Cat Woods Williams, I&A Supervisor, is participating the Vivalon Resource Guide advisory committee.
- There will be an AAA and CalFresh meeting this week to strategize outreach. Will reach out to interested commissioners once our plan is in place. A sign-up sheet was distributed
- AAA working on the Area Plan Update:
  - Outline to Planning & Communications committee next week
  - AAA Senior Program Coordinator Reyes distributed the Commission Demographic Survey.
- The 2024 – 2028 Area Plan was approved by CDA.
- West Marin Congregate Meals will be starting in March.
- AAA Program Manager Jolly will be presenting on AAA’s services in West Marin at West Marin Collaborative meeting Feb. 26.

### **Commissioner Updates (Commissioners appointed by the Cities and Towns):**

Amlie (Fairfax):

- Fairfax repealed town’s rent control ordinances on Nov. 5. Requested commissioners and staff have Community Media Center of Marin (CMCM) record and televise MCCOA meetings. Requested that commission and committee meetings be later in the day.

Barry (Novato):

- Homeward Bound of Marin Workforce Housing project, the Sweeney Place has been completed with 26 new units. They are looking at being fully occupied by March 19<sup>th</sup>. This is in addition to the 24 units completed as part of the Veteran Housing Project last year.

Binkley (Belvedere):

- Reporting to Town Council in Apr.

- Working with new mayor on Tiburon/ Belvedere joint disaster council.

Clemmons (San Rafael):

- Age-Friendly San Rafael will celebrate those 90 and older on March 2 from 2:30-4 pm at the San Rafael Community Center.

Denton Cohen (Mill Valley):

- Continuing “Live Well” (Age Friendly) program; will be undergoing survey/ focus groups. Exploring a senior day care center.

Doodha (Ross):

- Not present

Gould (Tiburon):

- Spoke to Town Council during public comment period.
- On Feb. 13, will give a talk on transportation at 10 am at Tiburon Library.
- On Feb. 18, Gould, along with Fred Silverman will speak at Fairfax Town Council about internet and financial security.

Ng (San Anselmo):

- Attended two town council meetings in the last month.
- Meeting set with Parks and Recreation Director about accessibility for older adults.

Schultz (Sausalito):

- Through Sausalito Village, space can be reserved at City Hall for presentations on CalFresh and other topics.
- MediCal has changed its eligibility criteria and recommended a presentation on this topic re: financial security.

Wilson (Corte Madera):

- Will be doing a joint presentation on Age-friendly Corte Madera Survey and the MCCOA.

### **Committee/Reports and Chairs:**

Equity and Inclusion (Ng):

- At this week’s meeting, Crystal Martinez from Sup. Sackett’s office will be discussing how to get the “Aging as a Public Health Crisis” draft resolution to the BOS.

- Will discuss Older Women’s Initiative at the next meeting.

Health/Nutrition (Brown):

- At last meeting, had an excellent program from Information and Assistance Supervisor Cat Woods Williams.
- Commissioner Winer is coordinating a volunteer day at the Food Bank on April 4 between 9-11:30. Passed around a sign-up sheet.

Housing/Transportation (Barry):

- In March, there will be a presentation on wildfire prevention. State Farm is looking at increasing Homeowner Insurance by 22% and 15% for condo owners and 38% for renters; if approved, this would take effect May 1. California Insurance Commissioner Ricardo Lara is leading negotiation efforts with State Farm.

Legislative (López):

- Allan Bortel was at the last meeting via Zoom and noted his health is improving.
- The BOS adopted its Legislative Platform, which includes language the committee worked on.

Planning and Communications (Notowich):

- Asked commissioners to send their thoughts on the PowerPoint presentation template
- Discussed the MCCOA mission statement at the Executive Board.
- Next meeting is Feb. 19 from 3-4:30 pm.

**New Business:**

- Director Cottrell announced there are no commissioners that will “term out” June 30, 2025 per term limits. However, four Commissioners’ current terms will end. They may choose to reapply for the next three-year term from their appointing bodies (BOS or their municipality.)

**Adjournment: 4:38 p.m.**

- Motion/Seconded/Carried (M/S/C) – López/Winer/12-0

Next meeting: Monday, March 10, 2025, 1:30 p.m., Marin Wildfire Prevention Authority Board Room