# MARIN COUNTY COMMISSION ON AGING Committee Meeting Minutes

COMMITTEE: HEALTH & NUTRITION

DATE: APRIL 21, 2025

LOCATION: 10 N. SAN PEDRO RD. ROOM 1018

PRESENT: Pranav Bhanushali, Rhea Brown, Kay Winer, Kristi Denton Cohen

EXCUSED: Ed Schultz, Joan Clemmons
ABSENT:

STAFF/RECORDER: Amy Dietz

Next Meeting: Mon., May 19, 4 – 5:30 p.m., 10 North San Pedro Rd., Room 1018

ACTION TAKEN/
RESPONSIBLE
PARTY

#### Call to Order:

The meeting was called to order at 4:03 p.m. by Chair Brown.

# **Approval of the Agenda:**

- Commissioner Bhunashali made a motion to approve the agenda.
- The motion was seconded by Commissioner Winer.
- Motion passed 3-0.

# **Approval of the Minutes:**

- Commissioner Winer made a motion to approve the minutes.
- Commissioner Bhunashali seconded.
- Motion passed 3-0.

#### **Open Time for Public Expression:**

None.

### **Chair's Report:**

# MARIN COUNTY COMMISSION ON AGING Committee Meeting Minutes

- On Apr. 4, people volunteered at SF Marin Food Bank. It was recommended that this happen 1-2 times per year.
- On Apr. 9, there was a Wellness Fair at Vivalon.
- On Apr. 15, she went with the Marin Organizing Committee to Mt. Tam United Methodist Church to learn about a respite-for-all (adult day care) program.

### Presentation by Mo Denieva Marsh, Community Lead, Community Action Marin

#### **Marin Food Policy Council:**

- It was announced that Vivalon will be distributing medically tailored meals via a CalAim grant.
- There was a report from North Coast Emergency Food System Partnership with a focus on improving food access during disasters.

#### **Financial Insecurity:**

• There was discussion as to this being a moving target.

# **May Forum Update:**

• MCCOA Chair Denton Cohen reported that the title is, "The Power of Connection: Creating, Building, and Sustaining Community as We Age." There is a suggested donation of \$25.

#### **Staff Report:**

• Staff member Dietz reported on some of the proposed cuts in the federal budget.

#### **New Business and Announcements:**

None

The meeting adjourned at 5:17 p.m.

Next meeting: May 19, 4 - 5:30 p.m.