



**COMMISSION ON AGING  
EXECUTIVE COMMITTEE MINUTES**

**Monday, January 26, 2026 - 3:00 P.M. to 4:45 P.M.**

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**Minutes Summary**

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**RECORDER:** Gary Lara, Staff, Area Agency on Aging (AAA)

**LOCATION:** 10 N. San Pedro Rd., Conference Room 1018

**COMMITTEE MEMBERS:**

- Kristi Denton Cohen, Chair
- Kay Winer, Vice-Chair
- Rhea Brown, Secretary
- Sylvia Barry, Housing and Transportation Chair
- Diana López, Planning, Legislative and Communications Co Chair
- Peter Rubens, Planning, Legislative and Communications Co Chair
- Gene Ng, Equity and Inclusion Chair
- Lee Notowich, Ex Officio

**ABSENT:** None

**EXCUSED:** Lee Notowich, Peter Rubens

**COA APPOINTEES NOT ON THE EXECUTIVE COMMITTEE:** Suzanne Sadowsky

**PUBLIC:** None

**Call to Order and Roll Call**

Chair Denton Cohen called the meeting to order at 3:01 p.m.

**Approval of Agenda**

Motion/Seconded/Carried (M/S/C) – Brown/ Ng/ 6-0.

**Approval of Minutes as Written**

M/S/C – López/ Brown/ 6-0.

**Open Time for Public Expression on Matters not on the agenda:**

- None

**Discussion/Voting Items:**

A. Bylaws Update

Commissioner Winer reviewed the protocols of the California Senior Legislature (CSL) roles as they relate to membership on the Commission on Aging.

The Executive Committee agreed to restrict CSL members as non-voting members of the Commission apart from the Planning, Legislative and Communications committee.

Commissioner Winer made a motion to accept the proposed change in voting rights for members of the CSL. Commissioner Ng seconded.

AYES: Denton Cohen, López, Ng, Winer

NOES: None

ABSTAIN: Barry, Brown

ABSENT: Notowich, Rubens

Motion passed.

B. Commission Presentation to Board of Supervisors

Chair Denton Cohen gave an overview of the process for submitting an agenda item on the Board of Supervisors calendar. It is the commission's intent to request time on the Board agenda in June to provide an update on commission accomplishments.

Chair Denton Cohen also discussed a report of commission goals and accomplishments requested by the County Clerk's office. The Chair asked the Executive team to submit their material for inclusion in this report by January 30, 2026. The report is due to the Clerk of the Board by Friday, February 3, 2026.

C. Dr. Tracey Gendron "Elderhood" Presentation with Vivalon

Chair Denton Cohen discussed the Commission co-sponsoring with Vivalon the "*Ageism & Intergenerational Conversation with Tracey Gendron*" presentation with a contribution of \$1,000 from the commission budget.

Commissioner Brown made a motion to commit to sponsoring the program with a \$1,000 contribution. Commissioner Ng seconded.

AYES: Barry, Brown, Denton Cohen, López, Ng, Winer

NOES: None

ABSTAIN:

ABSENT: Notowich, Rubens

All in favor. Motion passed.

## **Chair, Vice Chair and Secretary Reports:**

### **Chair Denton Cohen:**

- No report.

### **Vice-Chair Winer:**

- No report.

### **Secretary Brown:**

- No report.

## **Aging and Adult Services Report**

### **Director Jenay Cottrell**

- a) AAA Program and Staff Updates:
  - Provided an update to the commissioner meeting attendance report for the current quarter. Updates will be distributed to the Executive Committee on a quarterly basis.
- b) California Senior Legislature Election Process, Timeline, and Promotion:
  - Jenay Cottrell distributed an informational packet and flyer about CSL elections and requirements of the two positions. Camille Jolly discussed the promotional efforts being led by the AAA to promote the CSL election. The Commission also has a role in distributing the flyers and otherwise promoting the election.
- c) Moving Forward Update: Resource Guide, Fall Prevention Services, Information & Assistance/One Door Promotion:
  - Discussions are taking place with the HHS Media team to produce an online version of the community resource guide.
- d) Aging Action Initiative (AAI Update)
  - The AAA will seek approval from the Board of Supervisors to utilize annual funds for the AAI initiative to develop a Master Plan for Aging.

### **Program Manager Camille Jolly**

- a) Part time Support Service Worker II for the I&A team will start on February 3.
- b) Congregate meal program is on hold at the Hilarita due to staffing issues.
- c) Dee's Organic Kitchen will commence their meal production contract in February.
- d) The voting ballot with the three potential new names for the congregate meal program will be translated to Spanish and Vietnamese and distributed to meal participants.
- e) Fall Prevention RFP needs approval from HHS Compliance before being released.
- f) One Door Media campaign vendor will be selected for a campaign in conjunction with Marin Center for Independent Living.
- g) Annual Area Plan Update will be requested from the Planning, Legislative and Advocacy committee.
- h) The AAA and the FAST team are working to bring the AARP SCAM Jam program to Marin in April or May. The event will educate the public on identifying and avoiding scams.

## **Committee**

### a) Progress of Committee Priorities

Chair Denton Cohen deferred this update to the February 9 general meeting.

### b) Committee Listening Sessions in the Community

Commission Brown noted the Health and Nutrition committee plans to host a listening session with the San Rafael Goldenaires in March.

## **New Business Items for the Next Agenda**

- Discuss the future of the Equity and Inclusion committee in terms of when it will sunset.
- Chair Denton Cohen would like to start having hybrid Executive Committee meetings. Note: Hybrid meetings for the Executive Committee will commence with the February meeting. This request does not need to be discussed by the Executive members.

**Adjournment:** 4:45 p.m.

**Next meeting date: Monday, February 23, 2026**