



COMMISSION ON AGING GENERAL MEETING MINUTES

Monday, March 9, 2026 – 1:30 P.M. to 4:00 P.M.

Minutes Summary

RECORDER: Amy Dietz, Staff, Area Agency on Aging (AAA)

LOCATION: Marin Wildfire Prevention Authority - 1600 Los Gamos Rd., Ste. 335, San Rafael

PRESENT: Alexovich, Barry, Binkley, Brown, Denton Cohen, Elkin, Gould, Ng, Notowich, Phegan, Sadowsky, Winer

EXCUSED: Bortel, Doodha, Sparkman **ABSENT:** Clemmons, Lopez, Rubens, Smith

Call to Order and Roll Call:

Chair Denton Cohen called the meeting to order at 1:33 pm.

Approval of Agenda

Motion/Seconded/Carried (M/S/C) –Sadowsky/Elkin/12-0.

Approval of Minutes as Written

February 9, 2026: M/S/C – Elkin/Sadowsky/12-0

Open Time for Public Expression on Matters not on the agenda

- Luanne Mullin – College of Marin is celebrating its 100th birthday on Apr. 6. There is a fundraising gala on Apr. 4.

California Senior Legislature (CSL) Elections

Mandy Reyes, Area Agency on Aging -

- The deadline for applications is March 31. Please post flyers in your jurisdictions at community centers, libraries, senior centers, and places of worship.

Discussion, Voting

Amendments to the Commission on Aging Bylaws

- Commissioner Binkley thanked the Bylaws Committee for their work.
- The MCCOA went through changes item by item. The document was voted on by page.

- Page 3:
 - There was discussion, including:
 1. CSL members have unlimited terms as opposed to members of the MCCOA.
 2. There might be an issue if CSL members counted towards quorum at the Planning, Legislative, and Communications Committee meeting but are not regular attendees.
 3. CSL members should weigh in and vote on legislative items.
 - M/S/C: Phegan/ Sadowsky: 8 yes; 3 no; 1 abstain. Motion carries.
- Page 4:
 - M/S/C: Elkin/ Gould/ 12-0. Motion carries.
- Page 8:
 - M/S/C: Elkin/ Notowich/ 12-0. Motion carries.

Listening Sessions

- The Health and Nutrition Committee, in collaboration with the Goldenaires, will hold a Listening Session on Mar. 27 at San Rafael Recreation Center.
 - There was discussion about the flyer. All promotional materials need to have County ADA language and alt-text.
 - The Housing and Transportation Committee will work with this committee for best practices.

Upcoming Presentations

- April: Area Plan Public Hearing
- May: Respite for All program
- June: TBD

Commissioner General Announcements

Commissioner Gould –

- There were two meetings with a Tesla dealership to try their self-driving cars.

Committee/Reports & Chairs

Equity and Inclusion: Commissioner Ng

- The tenets of equity and inclusion should be included in all existing committees.
- Commissioner Sadowsky wrote a summary of the work of the committee.
- There was a continuing discussion as to whether the committee would continue past July.

Health/Nutrition: Commissioner Brown

- Dan Steckline, Ombudsman Manager, gave a quarterly update at the last meeting.
- There will be a listening session with the Goldenaires of San Rafael in March. The listening stories will consist of feedback on what is working and not working for older adults regarding the issue of social isolation.

Housing/Transportation: Commissioner Barry

- At last meeting, Luke Barnesmoore from Front Porch discussed how to promote shallow rent subsidies.
- Will discuss planning a Listening Session at the next committee meeting.
- In March, Marin Access will provide its annual update.

- In April, Canal Alliance will present.

Planning, Legislation, and Communications (PLC): Commissioner Rubens

- The next meeting will be this Wed., March 11.

Nominating: Commissioner Notowich

- Committee will present its slate at the next meeting.

Chair and Officers' Reports

Chair Denton Cohen

- Hope to present to the Board of Supervisors in May.

Vice Chair Kay Winer - None

Secretary Brown

- Reminder to let her and staff member Krenek know if there are schedule changes.

Aging and Adult Services (AAS) Report and Announcements

Jenay Cottrell, Director

- Going to Washington DC next week with members of C4A to advocate for the reauthorization of Older Americans Act.
- SB1249 will likely result in an 8% funding decrease to the Marin AAA.
- Distributed Aging Action Initiative and Master Plan for Aging update. This will go to the Board of Supervisors in May for approval.
- The County is opening an office in Marin City in April. Aging and Adult Services staff will work there one half day a week.
- There will be a \$6-10 million budget shortfall for services as a result of HR-1.

Camille Jolly, Program Manager

- The Fall Prevention RFP was posted on Feb. 5. The contract will start on Apr. 1. Please spread the word.
- One Door campaign consultant is Brown Miller. There was a kickoff meeting last week.
- MOCA IIIB funding will end March 31 for Vivalon Fall Prevention, Front Porch Cash/ Material Aid, Marin Center for Independent Living Home Modifications, and Community Action Marin Financial Coaching
- Marin Scam Jam, a scam prevention event, in partnership with AARP will be happening on April 28 at Westminster Presbyterian, Tiburon.
- 100 surveys have been returned for the new name of the congregate meal program. New name will be announced at next Health and Nutrition Committee.
- FY 26/27 Area Plan Update will be released publicly on April 1. Area Plan Public Hearing will be on April 13.

Commissioner Reports (Commissioners appointed by District):

Commissioner Sadowsky (District 4):

- Home Match will come to present on March 23 at the San Geronimo Valley Community Center.
- There is an Elders Connect Newsletter for those in West Marin.

New Business Items for the Next Agenda: None

Adjournment: 3:59 p.m.
M/S/C – Elkin/Binkley/12-0.

Next meeting date: Monday, April 13, 2026