



DEPARTMENT OF
HEALTH AND HUMAN SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



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PUBLIC HEALTH ADVISORY

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Novel Coronavirus (COVID-19): Education and Outreach, Testing, Isolation and Quarantine Orders, Reporting, Marin Medical Reserve Corps

Current Situation

There are now 143 confirmed cases of COVID-19 in Marin County with 23 hospitalizations and 9 deaths. Centers for Disease Control and Prevention (CDC) [clinical criteria](#) now includes testing individuals with mild symptoms in communities experiencing high COVID-19 hospitalizations. More than 16% of COVID-19 patients in Marin have been hospitalized.

Actions requested of providers

Education and Outreach

1. Review Centers for Disease Control and Prevention (CDC) resources for people who are at [higher risk for severe illness](#).
2. Encourage patients, families, and authorized proxies to discuss advance care plans. [Five Wishes](#) provides resources to guide these conversations.
3. If clinically indicated, review and update/complete [Physician Orders for Life-Sustaining Treatment \(POLST\)](#).
4. Review National Hospice and Palliative Care Organizations' [COVID-19 Shared Decision-Making Tool](#) with patients, families, and authorized proxies.
 - a. Review symptoms, clinical progression and expected outcomes (e.g., Acute Respiratory Distress Syndrome; mechanical ventilation).
 - b. Confirm patients' care preferences.

Testing

Marin County Public Health is accepting health care provider testing referrals for patients with mild to moderate symptoms of COVID-19 using this [confidential form](#). If necessary, available testing will be [prioritized](#) according to California Department of Public Health (CDPH) criteria, including symptomatic hospitalized patients; symptomatic residents and staff of long-term care facilities and other congregate settings; symptomatic persons at higher risk for severe infection (includes older adults age >65 years); and symptomatic healthcare personnel.

1. Healthcare provider should offer telehealth evaluations for patients with mild or moderate illness to discuss the need for testing.
2. Advise ill persons to stay home and away from others until they have been asymptomatic and afebrile without the use of fever-reducing medications for at least 3 days; AND for at least 7 days since symptoms first appeared, i.e., the minimum length of time will be 7 days.

3. Providers can refer patients for Marin County Public Health field-based testing by completing this [confidential form](#).

Isolation and Quarantine Orders

On April 5, 2020, Marin County Public Health issued blanket isolation orders that apply to all persons diagnosed with suspected or confirmed COVID-19 and blanket quarantine orders that apply to close contacts of cases. Marin County Public Health directs health care partners to review orders with all patients who are being tested for COVID-19 or who are presumptively diagnosed with COVID-19 without testing.

1. Print out and give [Isolation](#) and [Quarantine](#) Orders to all patients being tested for COVID-19 as well as patients with suspected COVID-19 who are not being referred for testing.
2. Review [COVID-19 Guidance: At Home Quarantine & Isolation Safety](#) with patients. Instruct patients to:
 - a. Self-isolate at home while waiting for the results of COVID-19 testing (if tested).
 - b. Adhere to the Health Officer Order of Isolation if their COVID-19 test results are positive or if you diagnose them with COVID-19 without laboratory testing.
 - c. Follow [COVID-19 Guidance: At Home Quarantine & Isolation Safety](#).
 - d. Inform their household members, intimate partners, and in-home caregivers that they have been diagnosed with COVID-19.
 - i. They must provide these close household contacts with the Health Officer Order of Quarantine and [COVID-19 Guidance: At Home Quarantine & Isolation Safety](#).

Reporting

1. Healthcare providers must report positive COVID-19 cases by completing this [confidential reporting form](#).
2. Laboratories that perform COVID-19 testing must report all results, positive and negative, through the CalREDIE Electronic Lab Reporting portal: <https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/CalREDIE-ELR.aspx>

Marin Medical Reserve Corps

Marin County Public Health is recruiting of licensed healthcare professionals to support medical surge. If you are interested in volunteering, visit <https://www.marinhhs.org/marin-county-medical-reserve-corps> to learn more about volunteer eligibility, recruitment and registration. If you have questions, please email mmrc@marincounty.org. If you are not a healthcare professional and would like to help with our community's COVID-19 response, please visit the Center for Volunteer and Nonprofit Leadership: <https://cvnl.org/volunteerism/disaster-services/>

Sincerely,

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