



DEPARTMENT OF
HEALTH AND HUMAN SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



-- PUBLIC HEALTH ADVISORY --

March 21, 2012

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RE: Campylobacter Cases Associated With Consumption of Raw Milk Products

Campylobacter Advisory: Two Marin County residents were diagnosed with Campylobacter in March 2012. Both cases consumed raw milk and had other possible exposures to Campylobacter. The residents successfully recovered.

Basic Facts About Campylobacter

- Campylobacter is a bacterial gastrointestinal illness of variable severity.
- It causes diarrhea, (frequently bloody stools), malaise, fatigue, fever, abdominal pain, nausea and/or vomiting.
- Diagnosis is based on isolation of the organism from the stool.
- Treatment: none generally indicated except rehydration and electrolyte replacement.
- Symptoms usually occur 2-5 days after exposure and may last one to two weeks.
- While most cases will recover, there are still a significant number of deaths (approximately 100) per year in the United States caused by Campylobacter.

Resources/Patient Handout:

<http://www.cdph.ca.gov/HealthInfo/discond/Documents/campylobacter.pdf>

The Marin County Public Health staff are available and prepared to assist you in evaluating or responding to outbreaks in our community. Please feel free to contact them by calling 415-473-4163. I will send additional information to you as warranted by our local surveillance data.

Sincerely,
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Interim Public Health Officer

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