

### Legal and Immigration

Do you need legal or immigration assistance?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Bay Area Legal Aid (415) 479-8224
- Canal Alliance (415) 454-2640
- Catholic Charities CYO (415) 406-2360
- Centerforce (incarceration issues) (415) 456-9980
- County Human Rights Commission (415) 499-6189
- Dept of Child Support Services (415) 507-4068
- Fair Housing of Marin (415) 457-5025
- Legal Aid of Marin (415) 492-0230
- Legal Self-Help Center of Marin (415) 492-1111
- Mediation Services (415) 499-7454
- Whistlestop Multi-Cultural Services (415) 456-9062
- Whistlestop Senior Resources (415) 459-6700

### Senior Services

Are you a senior in need of support services?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Adult Protective Services (415) 507-2774
- Novato Shuttle (415) 892-7899
- Project Independence (415) 507-2591
- Senior Access Day Health (415) 491-2500
- Senior Employment (415) 897-4147
- Senior Information and Referral (415) 457-4636
- Seniors At Home (415) 507-0564
- West Marin Senior Services (415) 663-8148
- Whistlestop (415) 456-9062
- YWCA 50 Plus Employment (415) 264-7129

### Substance Abuse Services

Do you need substance abuse services?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Bay Area Community Resources (415) 444-5580
- Center Point Inc. (415) 456-6655
- Helen Vine Detox Center (415) 492-0818
- Marin City Recovery Center (415) 339-2852
- Marin Services for Men (415) 485-6736
- Marin Services for Women (415) 924-5995
- Marin Treatment Center (415) 457-3755
- Ohloff Drug Treatment Programs (415) 451-3411
- West Marin Community Outreach (415) 663-9441

### Veteran's Services

Are you a veteran in need of services?

- Social Security Office (800) 772-1213 or (415) 459-9850
- Veteran's Service Office (415) 499-6193

### Food and Shelter

Are you having difficulty paying for food?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Canal Alliance (415) 454-2640
- Food Stamps (415) 473-3400 or visit 120 N. Redwood Dr. San Rafael, or visit [www.snap-step1.usda.gov](http://www.snap-step1.usda.gov)
- Marin Food Bank (415) 883-1302
- Meals of Marin (lives at risk) (415) 457-4666
- Meals on Wheels (Seniors) (415) 456-9062
- Novato Human Needs (415) 897-4147
- Ritter Center (415) 457-8182
- Salvation Army (415) 459-4520
- San Geronimo Valley Cultural Center (415) 488-9385
- St. Vincent de Paul Society dining room (415) 454-3303
- West Marin Community Resource Cntr (415) 663-8361
- Whistlestop (senior lunch) (415) 456-9062

Are you having difficulty paying for rent or utilities?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Adopt a Family (415) 456-7805
- Canal Alliance (415) 454-2640
- Community Action Marin (415) 485-1489
- Marin Center for Independent Living (seniors and persons with disabilities) (415) 459-6245
- Marin Family Action (housing) (415) 444-0915
- Marin Housing Assist Line (415) 491-2345
- Novato Human Needs (415) 897-4147
- P G & E Care (800) 743-5000
- Ritter Center (415) 457-8182
- Salvation Army (REACH) (415) 459-4520 x 13
- St. Vincent de Paul Society (415) 454-3303
- Women Helping All People (415) 332-1703

Do you have a child under 18 and need cash assistance?

- Call Public Assistance at (415) 473-3400 or go to 120 N. Redwood Dr. in San Rafael to find out if you qualify for CalWORKs.
- If you don't qualify, dial 2-1-1 or go to [www.211bayarea.org](http://www.211bayarea.org) or (800) 273-6222 or (415) 808-4357.

Do you reside in a place not designed for a person to live (tent, car, or boat) and need shelter?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Huckleberry Youth Shelter (415) 453-5200
- Homeward Bound of Marin (415) 457-2114
- Family Emergency Center (415) 454-7418

# Assistance Programs in Marin County

*County and community agencies that provide assistance*



**United Way 2-1-1**

*Free, confidential, information and referrals 24 hours per day seven days per week in over 150 languages. Dial 2-1-1 for any kind of health or human service needs.*

This brochure is intended to provide a general overview of assistance programs. For detailed program information and eligibility requirements, please visit the specific program or organization.

Marin Health and Human Services

Marin Health and Human Services

This information is accurate as of February 2009

## Medical and Dental

Do you need medical insurance or medical care and are unable to pay for it?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Canal Welcome Center (415) 526-2486
- Coastal Health Alliance (415) 663-8666
- County Medical Services Program (415) 473-3400
- Immunization Clinic (415) 473-6888
- Kaiser Permanent (415) 444-2000
- Marin Health and Wellness Center (415) 339-8813
- Marin Community Clinics (415) 448-1500
- Marin General Hospital (415) 925-7000
- Medi-Cal (415) 473-3400
- Novato Community Hospital (415) 209-1300
- Point Reyes Medical Clinic (415) 663-8666
- Ritter Health Center (415) 457-8182 x111
- RotoCare Clinic (415) 482-6906
- Sexually Transmitted Disease Clinic (415) 473-6944
- St. Vincent de Paul Society (financial aid) (415) 454-3303
- Sutter Health Urgent Care Center (415) 492-4810
- Tuberculosis Clinic (415) 473-6867
- Women's Health Services (GYN) (415) 473-4019

Do you or does your child need dental care and you are unable to pay for it?

- Marin Community Clinics (415) 448-1500
- Marin County Dental Clinic at (415) 473-5450
- Marin County Dental Society (415) 472-7974
- University of California S.F. (UCSF) (415) 476-5692
- University of the Pacific, S. F. (415) 929-6501

Are you pregnant, in need of family planning services, or in need of postpartum support?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- APPLE Family Works (415) 492-0720
- Companeras Labor Support (bilingual) (415) 685-2784
- Explorando la Maternidad Juntas & Grupo de apoyo para mamás (support groups in Sp.) (415) 320-5931
- Huckleberry Teen Health Programs (415) 258-4944
- Planned Parenthood 800 967-7526
- Teen Pregnancy Resource Center (415) 892-0558
- Women's Health Services (Maternity) (415) 473-4030

Do you need of HIV testing or services?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Marin AIDS Project (415) 457-2487
- HIV Testing 473-7515
- Marin Specialty Clinic (415) 473-7377
- Marin Treatment Center (415) 457-3755

## Medical and Dental Continued

Does your child need medical insurance or medical care and you are unable to pay for it?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Children's Health Initiative: AIM (Access for Infants & Mothers), California Children's Services, California Children's Services, Healthy Families, Healthy Kids: Kaiser Permanente Child Health, Medi-Cal (415) 473-3434
- Child Health Disability Program (415) 473-7499
- Children's Medical Services (415) 499-7397

## Parenting Resources

Do you need information or support on feeding your infant or baby?

- La Leche League (415) 721-4822
- Marin General Lactation Center (415) 925-7522
- WIC: Women, Infants, and Children (415) 499-6889

Do you need to get your child's birth record?

- If you need a birth certificate and your child was born this year or last year (415) 499-6876
- If your child was born before last year (415) 499-6092

Do you need help finding a preschool or playgroup?

- San Rafael/Canal School Readiness (415) 485-2000 x204
- San Geronimo Valley/Nicacio School Readiness (415) 488-8888 x209
- Shoreline/West Marin School Readiness (415) 663-8335
- Novato School Readiness (415) 892-1643 x251
- Marin City/Sausalito School Readiness (415) 339-2836

Are you concerned about lead poisoning?

- Marin County Childhood Lead Poisoning Prevention Program (415) 473-3254

## Violence

Do you or your child experience verbal or physical abuse in your home?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Community Violence Solutions 24-hour hotline for sexual assault (800) 670-7273
- Marin Abused Women's Services
  - Women: (415) 924-6616 (Eng) 924-3416 (Sp)
  - Men: (415) 924-1070
  - Hotline: (800) 799-SAFE

## Employment Services

Do you need help finding a job?

- Marin Employment Connection (415) 473-3300

## Mental Health

Do you need counseling or mental health services?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- APPLE Family Works (415) 492-0720
- Asian Advocacy Project (415) 259-0178
- Buckelew Employment Srvc (mentally ill) (415) 456-9350
- Catholic Charities/CYO (415) 507-4244
- CHADD of Marin (ADD) (415) 789-9464
- Community Mental Health (415) 499-6769
- Enterprise Resource Ctr (peer counseling) (415) 457-4554
- Family Service Agency (415) 491-5700
- Homeless Chaplaincy (spiritual aid) (415) 459-6452
- Hospice by the Bay (grief) (415) 927-2273
- Jewish Family & Children's Services (415) 491-7960
- Marin AIDS Project (415) 457-2487
- Mental Health Patient Rights Advocate (415) 456-7693
- NAMI (National Alliance on Mental Illness) (415) 444-0480
- Older Adult Mental Health (415) 499-6802
- Psychiatric Emergency (415) 499-6666
- Crisis and Suicide Prevention 24 Hr Hotline (415) 499-1100

Do you need child, teen, or family support services?

Dial 2-1-1 or visit [www.211bayarea.org](http://www.211bayarea.org) or:

- Ambassadors of Hope & Opp. (18-25 yrs) (415) 381-7173
- APPLE Family Works (415) 492-0720
- Asian Advocacy Project (415) 259-0178
- Bay Area Com. Resource (Teen Center) (415) 444-5580
- Canal Alliance (415) 454-2640
- Centerforce (families of incarcerated) (415) 456-9980 Support group (Sp & Eng) (415) 320-5931
- Child & Family Services (formerly CPS) (415) 499-7153
- Early Start (birth to 3 yrs) (415) 475-2123
- Family Service Agency of Marin (415) 491-5700
- Fatherhood Program (415) 339-2853
- Head Start of Marin (415) 883-3791
- Healthy Teens Marin (415) 492-4786
- Huckleberry Teen Health (415) 258-4944
- Jewish Family & Children's Services (415) 491-7960
- Marin Advocates/Children (415) 507-9016
- Marin Childcare Council (415) 472-1092
- Marin City Network Services (415) 339-2837
- Matrix Parent Network (415) 884-3535
- MIYO Teen Delivery Programs (415) 453-8645
- MYC (Marin Youth Center) (415) 459-6884
- Novato Teen Center (415) 899-8270
- Novato Youth Center (415) 892-1643
- Planned Parenthood (415) 457-0471
- Women Helping All People (415) 332-1703
- YWCA (415) 456-0782 / YMCA (415) 492-9622