

ACT NOW

Addiction is a treatable disease—a serious health problem like heart disease, cancer or diabetes—that can happen to anyone. Just like other treatable diseases, you have to follow a treatment plan.

Treatment works when a person is committed to working on recovery and has a support system.

The first steps can be the most difficult. Admitting you have a problem, recognizing you have tried unsuccessfully on your own and seeking help are steps many addicts never get to; therefore never getting the help they need. Contacting RCC for information, screening, assessment and referral can help you take that first step.

RCC's licensed and certified staff are available to guide and support anyone working toward recovery or uncertain about what their next step should be.

The rate of persons successfully completing treatment in Marin County exceeds state and national averages (Marin County Division of Alcohol, Drug and Tobacco Programs, 2010)



A Program of
Bay Area Community Resources

**3240 Kerner Blvd.
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Helping Put the Pieces Back Together

- Alcohol, Tobacco & Other Drug Information
- Centralized Assessment & Care Management
- Referral to Treatment & Services



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www.bacr.org

Our Services

Recovery Connections Center (RCC) links adults and adolescents with treatment and service providers.

Anyone experiencing problems with alcohol, tobacco, drugs and other addictive behaviors can receive continuum of care management services at RCC.

- Screening & Assessment
- Referrals to Treatment & Counseling
- Motivational Groups
- Continuing Care Management
- Adults & Adolescents
- Spanish Speaking Services



RCC is in operation Monday through Friday, 8:00 am to 5:00 pm with 24-hour helpline support.

You may call our helpline directly.

(415) 755-2345

Our Approach



RCC addresses a range of psychosocial issues including: physical, psychological, emotional and social problems.

We begin with a screening. Basic questions are asked that yield useful answers and inform the Case Manager as to what services are needed. If

indicated, a thorough assessment is then conducted that guides the development of an individual Recovery Action Plan.

RCC Care Management services link program participants with other services that support recovery such as job training, housing, education, and medical assistance.

We provide referrals to treatment and assist with the entry to appropriate treatment based on a thorough assessment. We provide retention and engagement groups until treatment is obtained.

RCC groups include: Exploring Recovery Group (ERG) and Road to Recovery (R2R). RCC groups support clients in becoming ready and motivated to make needed changes. These groups provide the opportunity to explore any ambivalence and obstacles to change. Participation can lead to strengthening and maintaining recovery.

Our Continuing Care

- Do you want to stay connected?
- Were you successful in residential or outpatient treatment, but fear you might relapse out on your own?
- Have you completed treatment?
- Are you still struggling with issues that you believe could trigger you?

After treatment, RCC can help you access needed resources to maintain your recovery and stay connected to the sober community. Our Care Manager will maintain contact with you for as long as needed past treatment, helping to lessen any obstacles or barriers to your continued success.

RCC will provide access to community services that will help you with employment, get therapy, engage in the community and address other issues such as finances, employment, educational and legal issues.

