Applying for CalFresh
(formerly Food Stamps)

How to access food for you and your family

**Public transit access**

**To Marin County HHS Social Services**
**120 North Redwood Drive, San Rafael**
**Route 257** – Weekday service every 60 minutes.

**To Marin County Health & Wellness Campus**
**3240 Kerner Blvd, San Rafael**
**Routes 23, 29, 35 or 36** – Weekday service every 60 minutes.

**To Novato Service Center**
**75 Rowland Way, Novato**
**Routes 70, 71 or 101** – Weekday service every 60 minutes.

All Marin Transit services are wheelchair accessible and hold at least two bicycles. One-way fare is $2.00 for adults and $1.00 for seniors/youth/disabled.

For additional information, call (415) 226-0855 or go to www.marintransit.org

**How do I apply for CalFresh benefits?**

**Online:** Go to www.c4yourself.com

**By Mail:** Call 415-473-3400 to start a mail-in application.

**In Person:** Apply at Marin County Health & Human Services, Public Assistance Office in San Rafael, Novato, or West Marin.

**San Rafael**
**Novato**

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<thead>
<tr>
<th>Service Location</th>
<th>Address</th>
<th>Phone Numbers</th>
<th>Days &amp; Hours</th>
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<tbody>
<tr>
<td>120 North Redwood Dr.</td>
<td>San Rafael, CA 94903</td>
<td>(415) 473-3400</td>
<td>M-F, 8:00am - 4:00pm</td>
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<tr>
<td>3240 Kerner Blvd</td>
<td>San Rafael, CA 94901</td>
<td>(415) 473-3400</td>
<td>M-F, 8:00am - 4:00pm</td>
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**West Marin**

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<th>Address</th>
<th>Phone Numbers</th>
<th>Days &amp; Hours</th>
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<tbody>
<tr>
<td>75 Rowland Way, Suite 131</td>
<td>Novato, CA 94945</td>
<td>(415) 473-3715 English</td>
<td>M-F, 8:00 am – 4:00 pm</td>
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<td>(415) 473-3721 Spanish</td>
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**United Way 2-1-1**
Free, confidential, information and referrals 24 hours per day seven days per week in over 150 languages. Dial 2-1-1 for any kind of health or human service needs.

Marin Health and Human Services

This information is accurate as September 2, 2016
What is CalFresh?
The CalFresh (formerly Food Stamps) Program helps people with little or no income buy nutritious food. CalFresh benefits are not cash. They come on an electronic benefit transfer (EBT) card that you use like a bank card to buy food. Most grocery stores take CalFresh benefits.

Can I get CalFresh?
To get CalFresh benefits, your income must be under certain limits. Income limits are different for elderly or disabled households. When you apply, you will be told what those limits are.

To see if you might be able to get CalFresh, visit www.snap-step1.usda.gov. Answer the questions. You will find out if you might be eligible and how much you could receive. But to know for sure, you must apply.

People who receive SSI/SSP are not eligible.

How do I apply for CalFresh benefits?

Online: Go to www.c4yourself.com

By Mail: Call 415-473-3400 to start a mail-in application.

In Person: Apply at one of the Marin County Health & Human Services, Public Assistance Offices in San Rafael, Novato or West Marin.

After you have submitted an application, you will be contacted by an eligibility worker to complete the application process.

You may need to show the office papers such as pay stubs, rent or mortgage payments, utility bills, child or elder care bills, and child support orders. The office will tell you exactly what papers and other verification you need to provide.

After you have completed the application process, your eligibility worker will tell you if you will get CalFresh and how much.


You may potentially get CalFresh if you are a legal immigrant. The County Public Assistance office will make that determination. Even if you are not eligible due to immigration status, your legal immigrant or citizen children may still qualify. You do not have to provide immigration information about yourself when you apply for your legal immigrant or citizen children.

If I am denied CalFresh, can I ask why?

Yes. You will be notified in writing of your denial. If you have any questions, you may call your worker. If you think there is a mistake, ask to speak to a supervisor. If you do not agree with the explanation, you may request a “State Hearing.” State Hearings are free but you must ask for one within 90 days of the date you were denied.