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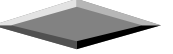
**DEPARTMENT OF HEALTH AND HUMAN SERVICES**

*Division of Behavioral Health and Recovery Services*

**Description of Services**

**2018 – 2019**

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## **I. BHRS MANAGEMENT**

Address: 20 North San Pedro Road, Suite 2021, San Rafael, CA 94903  
Mailing -- Same as above  
Telephone: 415-473-6769  
Hours: 8:30 a.m. - 5:00 p.m.

### **General Description**

One of four divisions within the Department of Health and Human Services, the Division of Behavioral Health and Recovery Services (BHRS) provides and oversees a range of mental health and substance use programs for children, adults, and older adults. The Division is administered by the Director of Behavioral Health and Recovery Services (BHRS) who reports to the Director of the Department of Health and Human Services. The Board of Supervisors appoints community volunteers to a Mental Health Board and a separate Alcohol and Drug Advisory Board. Both Boards discuss policies and priorities and advise on client needs; the Mental Health Board is also required to approve certain public planning processes. Both Boards meet together on a quarterly basis to collaborate and align initiatives as appropriate.

Behavioral Health and Recovery Services are provided in California with a variety of funds including those appropriated under the Bronzan-McCorquodale Act; Medi-Cal (state/federal) funds; federal and state grants, funds appropriated under the 2011 Realignment Plan; Substance Abuse Prevention and Treatment Block Grant funds; Mental Health Services Act funds; and County general funds.

Each county is charged with the responsibility of developing and coordinating a comprehensive system of programs to meet its residents' mental health and substance use needs. These programs address the problems of acute and chronic mental disorders, of life crises, and other disabilities that occur concurrently with mental health and substance use issues. Services may be provided directly by County staff or under county contract with private practitioners and/or service agencies.

BHRS services are primarily available to Marin County residents who meet medical necessity for services, and are Medi-Cal beneficiaries or who are uninsured with low incomes. Emergency psychiatric services are provided regardless of insurance and income at the County Crisis Stabilization Unit. Generally, fees are, based on the client's ability to pay, and range from zero charge (if fully covered by Medi-Cal) to full charge. As a division of the county's integrated health and human service system, all BHRS units maintain close contact and coordinate activities with other programs of the Department of Health and Human Services, as well as with community-based agencies and services. This helps to maintain and improve integration of BHRS services with all other services needed by clients.

## **II. ADMINISTRATIVE AND FISCAL SERVICES**

Centralized administrative and fiscal services are provided by the HHS Division of Administration. However, some services are specific to the BHRS Division and provided under the leadership of the Assistant Chief Fiscal Officers, the Division's Administrative Services Manager and/or the Alcohol and Drug Administrator.

### **Fiscal Services**

BHRS Financial Services are under the direction of the Assistant Chief Fiscal Officer (CFO) H&HS – Behavioral Health and Recovery Services who provides overall direction for all fiscal and related administrative services. The Assistant CFO reports to the CFO of Health & Human Services.

Fiscal services include fiscal services, maintenance of systems and procedures to comply with reporting requirements of multiple funding sources, contract management, system-wide data collection management, and accounting operations.

### **Quality Management**

The Quality Management Division Director, who reports to the Behavioral Health and Recovery Services Director, is responsible for ensuring that BHRS fulfills all state and federal requirements regarding quality of care, including but not limited to: DHCS contract compliance, provider credentialing, site certifications, utilization review and management, initiating performance improvement projects and monitoring and maintaining the accessibility, timeliness and quality of clinical care. The Quality Manager chairs the Quality Improvement Committee. The Utilization Review Coordinator reports to the Quality Manager and is responsible for the day to day implementation of the Quality Improvement Plan.

### **Other Administrative Services**

The Division's remaining administrative services are provided by the BHRS Administrative Services Manager and Substance Use Services Division Director. These include supervision of administrative staff in multiple Division locations; oversight of Division compliance efforts; contract management of community-based behavioral health prevention, intervention, treatment and recovery support services; training, technical assistance and program development support for contracted providers; management of all Division-specific facilities issues including Capital Improvement projects; oversight of BHRS Medical records, medication clinic locations, and administrative and fiscal management of all County-operated services, as well as other administrative management functions in the Division.

Substance use related administrative services also include responsibility for ensuring Contractor's compliance in accordance with applicable Federal, State and local laws, statutes, rules, regulations, guidelines and ordinances. Both informal and formal monitoring of contract objectives and use of funds are performed as well as technical assistance in program planning and implementation and evaluation.

### **Administrative Services - Contract Providers**

All other contracts listed in the following sections are under the joint oversight and responsibility of the BHRS Division Director(s) and the Behavioral Health and Recovery Services Director.

### **Patient's Rights Advocate**

Community Action Marin - Contract provides for the Patients' Rights Advocate services to protect the rights of all local psychiatric clients under involuntary treatment status.

Esmeralda Garcia Phone: 415-526-7525 / Email: egarcia@camarin.org

## **III. BEHAVIORAL HEALTH AND RECOVERY SERVICES ACCESS**

### **Access Team**

Address: 250 Bon Air Road, Greenbrae, CA 94904

Phone: 1-888-818-1115 (24 hours/7 days a week)

The Access Team is a centralized team that provides 24/7 information, screenings and referrals by phone as well as face to face assessments during business hours for adults and children who are Marin County Medi-Cal beneficiaries. The Access Team provides referrals and authorizations for Specialty Mental Health Services that may be provided by county programs and/or a network of organizational and individual providers, as well as authorizations for substance use residential treatment services. Callers requesting mental health and/or substance use treatment services may be referred to seek services from other entities if the nature and severity of the mental health and/or substance use impairment of the individuals does not require specialty services.

## **IV. ADULT – OLDER ADULT SERVICES**

### **Bridge Teams: Bon Air and Kerner**

Telephone: 1-888-818-1115

Locations: 3270 Kerner Blvd. Second Floor, Ste. B, San Rafael, CA 94901

250 Bon Air Rd, Greenbrae, CA 94904

The Bridge (formerly Adult Case Management) teams provides case management services to adults who have a serious mental illness and see a psychiatric medical provider at either the Kerner or Bon Air location, coordinating their treatment and aftercare programs in the community.

These units have integrated with the Medication Clinics to provide and connect their clients to a continuum of services. Some of these services provide residential care in addition to a range of specific treatment interventions, as well as support services for clients who live independently.

### **Adult Continuing Care -- Contract Providers**

All Saints - Beds in a licensed board and care, providing quality services for adult clients who have mental illness in a licensed Adult Residential Care facility.

Saint Michael's Extended Care – Beds in a licensed board and care home; also licensed as a

Saint Michael's Extended Care – Beds in a licensed board and care home; also licensed as a Residential Care Home for Elderly (RCFE). Serves adults with mental illness, those with co-occurring physical illness, persons with dementia, and provides hospice services.

Saint Anne's – Dually licensed Adult Residential Care and Assisted Living Facility for the Elderly providing beds and quality board and care for adult clients age 60 and older, with mental illness and/or dementia.

Golden Home Extended Care – Licensed Adult Residential Care providing beds and quality board and care for adult clients who have mental illness.

### **Buckelew Programs**

*Marin Assisted Independent Living (MAIL)* - Assists clients who have serious mental illness to form households and obtain rental housing. Serving 160 clients annually,

MAIL provides on-going clinical support and independent living training to the household units at clients' residences.

*Residential Support Services* (Avanti RSS, D Street RSS, Novato RSS, Draper House RSS) - 41 beds in 4 locations providing quality board and care. The emphasis is on providing 24 hour, 7 day per week services in a home like setting with activities designed for enrichment.

Buckelew Employment Services – Provides comprehensive vocational services including pre-employment counseling, vocational training, job development, placement, job coaching, a computer lab and classes for support and skill development to assist clients not enrolled in the State Department of Rehabilitation to secure and maintain employment. Serve up to 30 clients at any given time.

Canyon Manor – Beds in a mental health rehabilitation facility providing an enriched psychiatric treatment program for adults and older adults, located in Novato.

Community Action Marin - Client run drop-in center, warm phone line, peer companion program, trains and supervises peer providers, and provides outreach and engagement services. Staff and operates the CARE Team providing outreach and pre-crisis support homeless adults who have mental illness. Places trained peer case managers on several service teams through the ASOC, including Adult Case Management, and the Odyssey and STAR Programs. Also provides family support and education services through Adult Family Partners who works with families throughout the adult and older adult system.

Country Villa Merced Behavioral Health Center – Beds in IMD/skilled nursing facilities for adults, located in Merced.

Creekwood Senior Home - Beds in an enriched board and care for adult clients, age 60 and older, who have mental illness.

Creekside Mental Health Rehabilitation Program, Nadhan, Inc. - 19 dedicated beds in a skilled nursing facility providing an enriched psychiatric treatment program for adults; located in Santa Rosa.

Crestwood Manor – Offers beds in IMD/skilled nursing facilities for adults at various locations.

Davis Guest Home – Providing beds in an enriched board and care facility for adults with serious mental illness located in Modesto.

### Homeward Bound

Carmel Hotel - Offers 26 rooms in a local hotel for semi-independent living adults with mental illness formerly homeless/at-risk of homelessness. Located in San Rafael, provides permanent, affordable supported housing.

Voyager - An eight-bed temporary housing program for adults with mental illness who are homeless or at-risk of homelessness allowing a length of stay up to 4 months.

Integrated Community Services – Provides comprehensive vocational services including pre-employment counseling, vocational training, job development and

placement. Offers job coaching, and independent living skills training to clients of the adult and older adult system.

Marin Housing Authority - Support for Shelter Plus Care program provides rental subsidy and case management support for up to 110 adults with mental illness who are homeless, many of whom are also enrolled in the Odyssey Program.

Medical Hill Rehabilitation Center – Supplies beds in a skilled nursing facility for neurologically impaired adults; located in Oakland.

Parfitt Rest Home – Provides beds in a licensed board and care, supplying quality board and care for adult clients, age 60 and older, who have mental illness.

Providence Place – Enriched board and care for adults with serious mental illness and dementia; located in San Francisco.

Willow Glenn Care Center – Enriched board and care for adults with serious mental illness; located in Yuba City.

### **Family Support Meetings**

Telephone: 415-473-6805  
Address: 250 Bon Air Road, Greenbrae, CA 94904

Offered every Thursday evening from 7-8:30 PM, these no-fee drop-in meetings are open to families and friends of adults living with a serious mental illness. Staffed by BHRS mental health staff, the meetings offer on-going support, education, coping/problem-solving strategies and information about local resources.

### **Odyssey Full Service Partnership (FSP) - Homeless Outreach Program**

Telephone: 1-888-818-1115  
Location: 1682 Novato Blvd., Suite 105, Novato, CA 94947

The Odyssey Team provides a comprehensive, integrated continuum of services to individuals who are seriously and persistently mentally ill and who are homeless **or at risk of homelessness**. All services are guided by the principles of recovery and consumer empowerment. Odyssey currently has the capacity to serve **90** clients. Odyssey's multidisciplinary staff works within a strength-based model, confident that program participants are most successful when they set their own goals and actively engage in their mental health recovery. **Services including outreach, a personal service coordinator, psychiatric and medical treatment, psychotherapy, employment support services, and some supportive housing services are designed to reduce symptoms that impair clients' ability to live independently, work, maintain community supports, care for their children, remain healthy, and avoid psychiatric hospitalizations and crime. The program's goal is to help consumers achieve their highest level of wellness and independence within their recovery and their community.**

## **Integrated Multi-Service Partnership Assertive Community Treatment (IMPACT) Program**

Telephone: 1-888-818-1115

Location: 1682 Novato Blvd, Suite 105, Novato, CA 94947

The IMPACT FSP provides culturally competent intensive, integrated services to thirty to 40 priority population at-risk adults. The program will be strengths-based and focused on recovery and relapse prevention, seeking out participants and serving them wherever they may be. As stated above, the goals of the program are to promote recovery and self-sufficiency, improve the ability to function independently in the community, reduce homelessness, reduce incarceration, and reduce hospitalization.

Following the Assertive Community Treatment model, a diverse multi-disciplinary team will be developed to provide comprehensive “wrap-around” services for individuals in need of the highest level of outpatient services. Staffing will be comprised of mental health clinicians, Peer Specialists, Family Partners, para-professionals, psychiatry and Nurse Practitioners. Services will include comprehensive assessment, individualized client-centered service planning, crisis management, therapy services, peer counseling and support, medication support, psycho-education, employment services, independent living skills training, assistance with money management, and linkages to/provision of all needed services and supports. Treatment for co-occurring substance abuse disorders is essential to successful recovery and will be provided on a case-by-case basis. The team will have a pool of flexible funding to purchase needed goods and services (including emergency and transitional housing, medications, and transportation) that cannot be otherwise obtained.

## **WIN - Work Independence Network, An Employment Cooperative**

Telephone: 415-473-3304 (Mental Health Liaison)

Telephone: 415-456-9350 (Buckelew Social Enterprises)

WIN is an employment program that offers support services, including job development and job coaching services, to adults with severe and chronic mental illness to assist them in overcoming challenges to employment. Up to 40 eligible enrollees can be enrolled into WIN at any given time. Based on a wellness and recovery focus, WIN integrates services provided by a Mental Health Liaison from Behavioral Health and Recovery Services, Employment Specialists from Buckelew Employment Services, and a California Department of Rehabilitation Counselor. Funding is provided by a collaborative contract between the California Department of Rehabilitation and Marin County Health & Human Services.

WIN's multidisciplinary team recognizes that employment success happens when an enrollee is actively engaged in mental health recovery. WIN's goal is to support enrollees through the employment process -- identifying ways clients can achieve levels of wellness and independence that help them reach their employment goals.

## **HOPE Full Service Partnership Program**



HOPE FSP Program Telephone: 415-473-4306

Address: 10 N. San Pedro Road, Ste.1020, San Rafael, CA 94903

The HOPE Full Service Partnership Program is a Mental Health Services Act funded program that provides intensive case management for people 60 and older who are suffering from mental illness. The HOPE Program team uses a multi-disciplinary approach and is comprised of mental health practitioners, nurse practitioners, a public guardian and a psychiatrist. Services include comprehensive assessment, mental health, housing, medication and physical health services and/or coordination.

Senior Peer Counseling serves individuals over the age of 60 who are experiencing emotional distress and can benefit from a little extra support in their lives. Support is provided where the clients reside by trained volunteers who receive weekly supervision from a licensed MFT and/or Registered Nurse. Decreasing isolation, issues of aging, grief and depression are common issues addressed in Senior Peer Counseling.

### **Support & Treatment After Release (STAR) Full Service Partnership Program**

Telephone: 1-888-818-1115

Location: 3270 Kerner Blvd, Suite A, San Rafael, CA 94901

This multi-agency, multi-disciplinary team provides culturally competent, community-based services to 50 adults who have serious mental illness and current involvement with the criminal justice system. Operating in conjunction with the STAR mental health court, the team provides comprehensive assessment, individualized client-centered service planning, psychiatric care, intensive case management, therapy and linkages to all needed services and supports. The goals of the program are to promote recovery and self-sufficiency, improve the ability to function independently in the community, reduce incarceration, and reduce hospitalization.

### **Adult Outpatient Therapy and Medication Clinic**

Telephone: 415-473-6835

Provided primarily by masters and Ph.D. level interns working under supervision of licensed BHRS clinicians, this clinic provides brief psychotherapy for clients with Medi-Cal or no insurance. Fees for the uninsured are based on the client's ability to pay.

Clients' need for psychiatric medications and the lack of willing providers in the private sector has created a remarkable growth in the BHRS Adult Medication Clinic over the last few years. Under direction of the BHRS Medical Director, 4.5 full time psychiatrists and 5 mental health nurse practitioners provide assessments, prescriptions, and on-going medication support to approximately 1000 individuals.

### **Adult Outpatient Substance Use Treatment**

Provided by the County and contracted community-based agencies, outpatient substance use services are designed to address the treatment needs of individuals, and typically include individualized treatment planning, education and counseling groups, individual counseling sessions, and linkage with ancillary and recovery support services.

**Center Point, Inc.** Telephone: 415-456-6655

- ***Outpatient and Intensive Outpatient Treatment Program for Justice and Non-Justice Involved Males:*** This program provides individual and group counseling services for substance use disorders.

**Bay Area Community Resources** Telephone: 415-328-6269

- ***Gender Specific Outpatient and Intensive Outpatient Treatment Program for Women and Women with Children:*** This program provides gender-specific services to women and women with children.

**Marin Outpatient Recovery Services** Telephone: 415-485-6736

- ***Gender Specific Outpatient and Intensive Outpatient Treatment Program for Justice and Non-Justice Involved Males:*** This program provides services to men.
- ***Spanish Speaking Outpatient and Intensive Outpatient Treatment Program for Spanish speaking Men and Women:*** This program provides services to Spanish-speaking men and women.

**Marin Treatment Center** Telephone: 415-457-3755

- ***Outpatient and Intensive Outpatient Treatment Program with Access to Medication Assisted Treatment:*** This program provides services, including access to Medication Assisted Treatment, for individuals with opiate-related substance use disorders (additional information below).
- **Group Counseling:** Marin Treatment Center provides individual and group counseling services to participants with co-occurring substance use and mental health disorders in the STAR and ODYSSEY Programs.

**Ritter Center** Telephone: 415-457-0728

***Intensive Outpatient Services for the Safety Net Population (Homeless or at risk of Homelessness):*** This program provides services to homeless individuals. Shelter and transitional housing are available at Mill Street and New Beginnings Center, respectively, while actively participating in treatment services.

## Road to Recovery – Marin County Behavioral Health and Recovery Services

- ***Outpatient and Intensive Outpatient Treatment Program for individuals with co-occurring Substance Use Disorders and Serious Mental Illness.***

### **Adult Residential Substance Use Treatment Services**

Bucklew Programs – Helen Vine Recovery Center

Telephone: 415-492-0818      Address: 291 Smith Ranch Rd., San Rafael

- The Helen Vine Recovery Center is a licensed 26-bed co-educational residential treatment and residential detoxification program.

Center Point, Inc.      Telephone: 415-456-6655

- Center Point offers residential treatment programs for Men, Women, and Women with Children up to five years of age or younger. Center Point uses a Therapeutic Community model which seeks to restore the dignity, values and self-esteem of each client, helping them to realize their own potential. The focus of treatment is to provide services that help reintegrate the individuals into the community life with the necessary coping mechanism to sustain recovery. The first phase of residential program utilizes an intensive, psycho-educational treatment approach, followed by a second phase focused on the development of vocational and community reintegration skills.

### **Adult Medication Assisted Treatment (Narcotic Replacement Treatment)**

Marin Treatment Center      Telephone: 415-457-3755

Address: 1466 Lincoln Avenue, San Rafael

- ***Methadone Maintenance:*** Narcotic replacement treatment services are a long-term treatment for opiate addiction, and include methadone, treatment planning, individual counseling, and random monthly urinalysis.
- ***Other Medication Assisted Therapies:*** Contact Marin Treatment Center for an evaluation and consultation for other medication assisted treatments, such as buprenorphine (suboxone) and disulfiram.

### **Adult Residential Detoxification Services**

Helen Vine Recovery Center (Bucklew Programs)

Telephone: 415-492-0818

Address: 291 Smith Ranch Road, San Rafael

The Helen Vine Recovery Center is a non-medical detoxification program where adults under the influence of drugs and/or alcohol can safely withdraw from the ill effects of intoxication. The Helen Vine Recovery Center is staffed by trained personnel specializing in alcohol and drug detoxification, relapse prevention, assessment and referral, and teaching skills of daily living. The typical length of stay is 3-5 days.

### **Housing and Support Services for Persons with Chronic Alcoholism and related-Justice Involvement**

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Center Point Telephone: 415-456-6655

“**Transitions**” is a new program designed to provide housing and support services to 10 individuals annually. Individuals are identified by the Office of the District Attorney and Public Defender as having 4 or more arrests related to alcohol use, as well as multiple usage of emergency room visits, hospitalizations, and detoxification admissions, and for which traditional treatment programs have not been successful. Individuals are deemed eligible for the program by the justice system and eligible following screening and assessment by Center Point staff.

### **Access to Care Program**

The Adult Medication Clinic provides psychiatric medications to some clients who are uninsured. BHRS works with the pharmaceutical companies to obtain medications at no cost to the client when possible. Each company has its own criteria for admission to their program. BHRS works with over 20 pharmaceutical companies. The program can only provide this service to BHRS clients. BHRS currently provides this service to approximately 175 clients.

### **Marin County Jail Mental Health Team**

Telephone: 415-473-6648

The Jail Mental Health Team provides consultation, evaluation, treatment discharge planning, and placement services for mentally disordered offenders at the County Jail. The goal of the jail mental health service is to provide seamless psychiatric care for clients who are involved with Behavioral Health and Recovery Services and private providers during a jail stay.

In addition, the Team provides referrals, evaluations and other consultations to the jail staff, as well as to the courts, District Attorney and Public Defender’s Office. BHRS staff participates in pre-trial conferences and provide clinical input to the court as requested.

### **Marin County Jail Substance Use Services**

Bay Area Community Resources Telephone: 415-507-4137

Bay Area Community Resources provides screening, engagement and group counseling services to inmates in the Marin County Jail. *Thinking for a Change*, is

offered in Pods A, B, C and F on a continuous basis, and has the capacity to serve up to approximately 150 individuals annually. *Thinking for a Change* is a cognitive behavioral therapeutic curriculum designed to facilitate behavior change through addressing the underlying thought processes that precede behavior. In addition, an evidence-based program titled *Seeking Safety* is also offered in the female Pod and several male Pods.

### **Adult Drug Court Program**

Telephone:415-473-6403

The Marin County Adult Drug Court Program, which was established in 2002, is a collaborative between the Division of Behavioral Health and Recovery Services, Marin County Superior Court, the District Attorney, the Public Defender, Marin County Probation, and community agencies. In 2012, the Family Violence Court was integrated with the Adult Drug Court Program.

Adult Drug Courts are an *Evidence Based Practice* with over twenty years of research demonstrating their effectiveness in working with criminal defendants who have a substance use disorder. Under the model of the *Ten Key Components of Adult Drug Courts*, eligible drug-addicted clients may be sent to Drug Court in lieu of traditional justice system case processing.

### **Additional Substance Use Services for Adults**

- **Recovery Coach/Care Manager:** The Division of Behavioral Health and Recovery Services contracts with four Recovery Coaches. The purpose of the Recovery Oriented Coach/Care Manager is to: 1) help individuals gain access to needed resources, services, or supports that will help them achieve recovery from their substance use disorder and other co-occurring issues; 2) identify, evaluate, inventory and collaborate with public and private community agencies to assist clients with referrals and linkages to these services; and 3) Ensure that clients are supported through the criminal justice process, as applicable, in order to: Increase the likelihood of retention in co-occurring treatment and long-term success.
- **Sober Living:**  
Marin contracts with a variety of Sober Living Environments (SLEs) for eligible clients in the community including AB 109 affiliates, probationers, drug court and private pay referrals. SLE's are safe, clean, sober, residential environments that promote individual recovery through positive peer group interactions among house members and staff. Call 415.473.4074 for additional information.
- **Thinking for a Change:** Similar to the in-custody program, *Thinking for a Change* is offered in Marin City, San Rafael and Novato. *Thinking for a Change* is a cognitive behavioral therapeutic curriculum designed to facilitate behavior change through addressing the underlying thought processes that precede behavior. It is recognized as an evidence-based practice for reducing criminal behavior and substance use, and is designed and will be offered in two group sessions per week for a period of 14-18 weeks.

## **V. Crisis Stabilization Unit (CSU) and the Crisis Continuum of Care**

Telephone: 415-473-6666 (crisis)  
Address: 250 Bon Air Road, Greenbrae, CA 94904

Marin County Crisis Stabilization Unit serves children, teenagers, young adults, adults, and older adults, regardless of financial status, whether or not they are insured.

CSU services are available 24 hours a day, 7 days per week. Length of stay is limited to less than 24 hours.

### **Crisis Stabilization Unit (CSU)...**

- Provides psychiatric assessments, referrals, recommendations and consultation on behalf of individuals who arrive on an involuntary basis (Pursuant: California Welfare and Institutions Code 5150), and for those who come to CSU voluntarily. Typically clients are experiencing a mental or emotional crisis; in that they may be deemed a danger to themselves or to others, or they may appear incapable of caring for their basic needs.
- Provides crisis stabilization; i.e., individualized interventions directed toward resolution of the presenting, psychiatric episode.
- Provides evaluations of clients for whom inpatient psychiatric hospitalization appears indicated. Admissions for inpatient, psychiatric hospitalization are arranged as necessary.
- Provides referrals to other county and community-based agencies and services.

Referrals *to* CSU are received from families and individuals, from all County of Marin departments, our thirteen, local law enforcement agencies, community health providers and agencies, and from facilities and agencies throughout Northern California.

### **Mobile Crisis Support Team**

Address: 250 Bon Air Road, Greenbrae, CA 94904

The Mobile Crisis Support Team will operate 7 days a week from 1-9 p.m. This team is comprised of a licensed and/or licensed eligible Crisis Specialists and a peer provider. The team will be able to respond to individuals in the community who present in a crisis; schools; police departments; and family members who are concerned about

loved ones. This team will have the capacity to initiate a 5150 if warranted OR to offer crisis intervention, stabilization and linkage to appropriate community based services.

### **Transitions Team**

Address: 250 Bon Air Road, Greenbrae, CA 94904

The Transitions Team will be field based Monday through Friday 10am-6pm. This team will provide time limited case management and crisis intervention to individuals presenting in crisis which do not meet the criteria for a 5150 and are willing to and wanting to engage in the help offered.

### **Casa Rene (Crisis Residential Unit)**

Telephone: 415-473-6666

Casa Rene is a 10 bed Crisis Residential Unit located in Marin County. This unit serves to divert individuals 18 years and older from locked psychiatric units to a lower level of care in the community with a recovery and wellness focus. This program is operated by Buckelew and referrals all come through Marin County's CSU or through BHRS Hospital Liaison for step down referrals for clients in inpatient units. Clients must have Marin Medi-cal.

## **VI. Children's Mental Health Services**

Address: 3230 Kerner Blvd. San Rafael, CA 94901  
Mailing -- P. O. Box 2728, San Rafael, CA 94903

Telephone: 415-473-6724 or Marin Access 888-818-1115

Hours: 8:30 a.m. - 5:00 p.m.

### **Brief Overview**

Children's Mental Health Services (CMHS) provide mental health services to children and adolescents and their families ages 0-20. CMHS consists of 3 primary programs: Youth and Family Services, Youth Empowerment Services, and the Child Medication Clinic, as well as contracted services for family partners and mentors, wraparound services, therapeutic behavioral services and oversight of Marin's TAY program.

Children's Mental Health Services are located on the Marin Health and Wellness campus and provide mental health services to the safety net population of Marin

County. The safety net population is up to 200% of federal poverty level (approximately \$38,000 for a family of three).

The guiding philosophy is that children and youth with mental health and substance use issues should have access to an integrated and comprehensive array of services that address their physical, emotional, social and educational needs in a coordinated and therapeutic manner. Mental health services are provided to children and youth at Kerner offices, in local schools or in the community as appropriate. Psychiatric emergency mental health services are available at the Crisis Stabilization Unit (CSU) adjacent to Marin General Hospital.

### **Youth and Family Services**

The Youth and Family Services program (YFS) serves children and families who are eligible for Medi-Cal (i.e., fall below the 200% Federal Poverty Line) and experience significant impairments in daily functioning secondary to mental health conditions.

Serve approximately 400 clients per year

YFS staffing consists of 10 FTE (5 bilingual), 2 child psychiatrists

YFS staff provide mental health services at school district sites (San Rafael, Novato and Marin City) as well as in our offices on the Kerner campus

Services include individual and family therapy, intensive case management, medication services, wraparound support, parent coaching and parenting classes

In partnership with Marin County Social Services, YFS provides Katie A services (intensive care coordination and intensive home-based services) for foster care youth with mental health needs

The Child Medication Clinic provides medication services and support for children and youth on site

### **Youth Empowerment Services (YES)**

Marin County's Youth Empowerment Services (YES) is one of our Mental Health Services Act Full Service Partnership Programs and serves higher risk youth that are unserved or underserved, as well as youth on probation or youth attending an alternative high school program.

- YES serve approximately 60 clients per year
- YES provides intensive outpatient and family services, case management, medication support, vocational support, mentoring and wraparound support to youth and their families
- 76% of clients self-identify as Hispanic currently and over half speak Spanish as the primary language at home
- YES staff consists of 4 FTE (4 bilingual) and one family partner
- A county child psychiatrist provides dedicated hours weekly at Juvenile Hall for medication evaluation and management



- YES staff work intensively with probation officers, school staff and other providers to address school challenges, substance use, behavioral or other high risk behaviors and to encourage family involvement.

### **First Episode Psychosis (FEP)**

Marin County has been in the process of developing specialized services to increase treatment engagement of BHRS clients who are experiencing the current or recent onset of a psychotic disorder. The goal is to reduce the long-term negative consequences of untreated psychosis by using the evidence-based approach of short (two years or less), intensive, engaging, and recovery-oriented interventions. Services include:

- Helping BHRS teams identify these clients through use of the Prodromal Questionnaire-Brief (PQ-B) screener, as well as training, consultation and when possible, direct assessment
- Provide a rapid response to any client in the BHRS system who appears to be experiencing these symptoms
- Engaging clients in 6-8 weeks of extended assessment, orientation, and psychoeducation. This is designed to help clients learn about their diagnosis and how to manage it, getting clients comfortable with services and service providers, and determining what additional services they need.
- Developing outreach and psychoeducation groups for clients and their families

### **Pathways to Well-Being and Continuous Care Reform (CCR)**

Foster care reform under AB403 continues to change how foster youth access needed support services. Goals of reform include decreasing barriers to mental health services when foster youth move from one county to another, as well as increasing the level of coordinated care available to all youth. Some important aspects of CCR that are being implemented in Marin:

- Pathways to Well-Being is an integrated practice model for mental health and child welfare that is being implemented in Marin. The goal is to establish a system where children, youth and families, child welfare and mental health staff work within a team environment to build a culturally relevant and trauma-informed system of supports and services that is responsive to the strengths and underlying needs of families being served jointly by child welfare and mental health.
- Child and Family Teams (CFT) are one component of this model, along with intensive care coordination (ICC) and intensive home based services (IHBS).
- Presumptive transfer (AB1299) refers to changes in how foster youth access mental health services. Responsibility for mental health services now transfers to the county mental health plan where the youth resides unless a transfer is waived by the county of jurisdiction.

- Introduction of short term residential treatment programs (STRTPs) that are intended to be intensive, short term placements for youth
- Therapeutic foster care homes will decrease the need for youth to be placed in STRTPs and will support youth to remain in the community

### **Parenting Classes**

Classes in Spanish and English are offered throughout the year for parents. Currently, the parenting class in Spanish is facilitated by a bilingual psychologist and intern on Wednesday nights at 6:30. Two family partners lead the parenting class in English on Thursday night at 6:30. Both classes provide psychoeducation for raising children, support and discussion around current topics of interest to parents.

### **Contracted Services**

#### **TAY Program**

Marin County's Transition Age Youth (TAY) Partnership, provided by Sunny Hills Services, is also a Full Service Partnership providing up to 24 young people (ages 16-25) at any given time, with independent living skills, employment services, housing supports, and comprehensive, culturally appropriate, integrated mental health and substance use services. The TAY Program Office is located at: 615 B Street, Suite 1A in downtown San Rafael.

- TAY served 29 unduplicated youth as full service partners
- Provided "partial" services to 80+ youth via drop-in groups, social activities, vocational support, case management and outreach efforts
- Staffing includes team leader, case manager, outreach coordinator, independent living skills coordinator, substance use counselor
- Bilingual capacity for youth and new parent group for Spanish speaking parents of youth with serious mental illness

#### **Family Partnership Program**

A component of both the YES and the YFS mental health services is the Family Partnership Program, contracted through Community Action Marin (CAM). This program employs 5 parents as Family Partners whose children or close family members received mental health services and therefore know how to navigate the system as well as provide a parent's perspective and enhance communication between the family and the mental health professionals. This program also has 2 mentors that

provide mentoring services for youth to develop skills and capacities to function better at home and school. The Director of the Family Partnership Program directly participates in developing policies, programs and services. Family Partners provide the following direct services:

- Parent coaching in English and Spanish
- Parenting support and instruction in positive parenting program (PPP)
- Individualized support and case management
- Support navigating the mental health, educational, and county systems

### **Therapeutic Behavioral Services (TBS)**

Therapeutic Behavioral Services (TBS) are supplemental mental health services under the Early & Periodic Screening, Diagnosis & Treatment (EPSDT) benefit. They are short-term, individualized behavioral interventions for children who are receiving other mental health services, but who are at risk of hospitalization or out of home placement. The risk must be due to behaviors related to the child's mental health condition. Services can also be used to transition children to lower levels of care (i.e., transition back to the community from residential placement).

TBS staff meets with clients in the home, school, and/or community using interventions based on the client's abilities, interests, and strengths to address and manage challenging behaviors. TBS coaches teach skills and replacement behaviors to develop alternative behaviors that are more adaptive and appropriate to support progress and long-term success for the client.

Referrals for TBS come from clinicians, Child and Family Service, YFS, and community providers, although anyone can make a referral. Referrals may also come directly from TBS providers. Our contract provider is Sunny Hills.

### **Seneca Family of Agencies-Marin**

Seneca Family of Agencies is a contracted provider in Marin to provide wraparound services and mental health support to youth placed in intensive foster care homes.

- Seneca's wraparound program primarily serves youth from probation and child welfare who are at risk of being placed outside their home. This program serves up to 30 families with intensive care coordination, meeting facilitation, support counseling for youth, crisis intervention and family finding.
- Seneca also supports youth in intensive foster care homes with counselors who can assist young adults with independent living skills, vocational/educational support and other skill development.

### ***Substance Use General Outpatient and Intensive Outpatient Treatment Services***

Bay Area Community Resources Telephone: 415-755-5812

The Family Connections program provides general outpatient and intensive outpatient treatment services for substance-abusing adolescents who are on or at-risk for being on Juvenile Probation. The Family Connections therapists are certified to deliver individual, group and family counselling to the youth and their parents/guardians.

### ***Substance Use Partial Hospitalization (Extended Day Treatment) Services***

Sunny Hills Services Telephone: 415-526-8097

The extended day Re-Start program is a trauma-informed and structured regimen designed to meet the treatment needs of adolescents identified with primary substance use disorder. The Extended Day Treatment Program is appropriate when an adolescent lacks the motivation and/or social support system to remain abstinent, but does not require residential treatment or hospitalization. This highly structured program (at least 20 hours of service per week) incorporates assessment, case management and treatment planning, group counseling, and social recreation services within a therapeutic milieu. Treatment interventions are matched to individual needs and routine case reviews provide the needed information to determine treatment duration.

### ***Substance Use Residential Treatment***

Sunny Hills Services Telephone: 415-526-8097

The Re-Start residential treatment program is a trauma-informed and structured regimen designed to meet the treatment needs of adolescents identified with primary substance use disorder. The residential treatment program is appropriate when an adolescent lacks the motivation and/or social support system to remain abstinent, but does not require hospitalization. This highly structured youth and family focused program incorporates assessment, case management and treatment planning, individual and group counseling, recreation and intensive family services within a therapeutic milieu. Treatment interventions are matched to individual needs and routine case reviews provide the needed information to determine treatment duration.

## **VII. PREVENTION AND EARLY INTERVENTION PROGRAMS**

### **Early Childhood Mental Health Consultation**

Provider: Jewish Family and Children's Services  
Address: 600 Fifth Ave, San Rafael CA 94901  
Telephone: **415-491-7960**

ECMH Consultation provides training and consultation to approximately 20 child-care centers in the county to increase their ability to identify and respond to the children's behavioral and emotional difficulties. They also provide assessment, action planning and referrals for families as needed. One BHRS clinician is one of a network of clinicians who provide this consultation on a part time basis.

### **School Age Prevention and Early Intervention**

Shoreline School District

Provider: Bay Area Community Resources  
Address: 171 Carlos Dr, San Rafael CA 94903  
Telephone: 415-444-5580

Sausalito Marin City School District

Provider: Marin City Community Services District  
Address: 630 Drake Avenue, Sausalito, CA 94965  
Telephone: 415-332-1441

Providing agencies are working with K-8 school districts to provide services such as staff training, identification and referral of students, and prevention and early intervention services.

### **Transition Age Youth Prevention and Early Intervention**

Provider: Huckleberry Youth Programs  
Address: 361 Third St, Suite G680 Wilson Ave  
San Rafael, CA 94901 Novato CA 94947  
Telephone: 415-258-4944 415-892-1643

Provider: North Marin Community Services  
Address: 680 Wilson Ave  
Novato CA 94947  
Telephone: 415-892-1643

TAY PEI provides screening and brief intervention for behavioral health concerns in teen clinics; psycho-education for TAY and community members, including parents and providers of TAY; and individual and group services in high schools for at-risk TAY, such as students who have recently immigrated to the US or at risk for dropping out of traditional school settings.

### **Older Adult Prevention and Early Intervention**

Provider: Jewish Family and Children's Services  
Address: 600 Fifth Ave, San Rafael CA 94901  
Telephone: 415-491-7960

Older Adult PEI provides screening and brief intervention for individuals (60+) experiencing symptoms of depression, anxiety and/or trauma. Interventions include evidence-based methods, such as CBT and Healthy Ideas, are home or office based, and provide linkages to additional services as needed. Education is also provided to community providers and members regarding identifying and responding to behavioral health symptoms in older adults.

### **Latino Community Connection**

Provider: Canal Alliance  
Address: 91 Larkspur St, San Rafael, CA 94901  
Telephone: 415-454-2640

Latino Community Connection trains and supports Promotores to provide outreach, education, support and linkages to services in Central, North and West Marin. Provides mental health education, screening, and assistance in a community-based organization in the Canal District. Produces a weekly radio show about mental health related topics in Spanish. These services help to bridge the cultural and language barriers that contribute to the Latino community being underserved for mental health needs.

Provider: KBBF 89.1 FM  
Address: CuerpoCorazonComunidad.org

“Cuerpo, Corazon, Comunidad” is a weekly radio show on a Spanish language station addressing health issues, including mental health and substance use. A BHRS clinician hosts the show.

### **Vietnamese Community Connection**

Provider: MarinLink– Marin Asian Advocacy Program  
Address: 30 N San Pedro Road, Suite 290, San Rafael, CA 94903  
Telephone: 415-491-9677

Vietnamese Community Connection provides mental health outreach, engagement, and prevention services for the Vietnamese community. Outreach is provided through trained Community Health Advocates. The Outreach Coordinator provides individual and family support, problem solving, and linkages to additional services as needed. Community activities are organized to reduce isolation and increase support.

### **Veteran’s Community Connection**

Provider: Marin County Veterans Service Office  
Address: 10 N San Pedro Road, San Rafael, CA 94903  
Telephone: 415-473-6193

Veteran's Community Connection provides outreach and supportive services for veterans with behavioral health concerns who are homeless and/or involved in the criminal justice system to stabilize their mental health.

### **Community and Provider Prevention and Early Intervention Training**

A variety of training opportunities are provided for providers, consumers, family members and other community members, including Mental Health First Aid, evidence-based practices, stigma and discrimination reduction, suicide prevention, cultural competence and others.

### **Statewide Prevention and Early Intervention**

Support for statewide efforts regarding Student Mental Health, Suicide Prevention and Stigma Reduction, as well as the local Suicide Prevention Hotline.

## **VIII. DISASTER TEAM**

Telephone: 415-473-3875 or CSU 415-499-6666

One of the mandates of the state of California for each county mental health system is to provide community mental health services as appropriate to people affected by disasters. The County of Marin Behavioral Health and Recovery Services has an emergency response capacity with the Disaster Response Team. The Disaster Assistance Coordinator develops and regularly updates the Disaster Response Plan in collaboration with other emergency staff from the county and is directly responsible for the direction and management of the disaster mental health response capability. The Disaster Assistance Coordinator reports to the BHRS Division Director.

The Disaster Team Coordinator is responsible for ensuring clinicians from both adult and children's services have been trained to respond to the psychological needs of disaster victims and first responders. They provide counseling and debriefing to those involved with traumatic and highly stressful events. The local community often calls on these trained staff to provide counseling for small groups in the community when a traumatic event or accident has occurred. The team also provides mutual aid to other counties struggling to respond to large disasters of all kinds.

## **IX. CLINICAL INTERNSHIP PROGRAM**

BHRS offers a clinical internship program for graduate students in psychology, social work, and counseling. The graduate clinical psychology program is accredited by the American Psychological Association. The purpose of the training program is to provide carefully supervised, in depth, clinical experience in a multi-service community mental

health system of care. Marin County BHRS provides both emergency and continuing care to a diverse client population with a wide range of challenging mental health needs. The interns have the opportunity of a 40 week training program or a full year program, either full or part time. Under the direction of a licensed clinical psychologist, the interns are assigned throughout the BHRS system located at Bon Air, Kerner and West Marin Clinics, in addition to Juvenile Hall. BHRS currently provides small stipends for interns.

The program is designed to provide the following:

1. Direct experience in clinical work with clients who have acute and chronic mental disorders, specifically those in the safety net population.
2. Supervision and training to develop interns' repertoire of clinical intervention skills to meet case specific needs.
3. Training and practice in assessment, treatment planning, case disposition and collaborative work with affiliated providers in the field.

Multiple opportunities to formulate cases, discuss treatment perspectives and integrate theory and practice.

#### **X. WEST MARIN SERVICE CENTER**

Address: 1 6<sup>th</sup> Street  
Point Reyes Station, California 94956  
Mailing – P.O. Box 331, Point Reyes Station, California 94956  
Telephone: 415-473-3800  
Hours: 9:00 a.m. - 4:30 p.m.

West Marin provides assessment, referral, crisis intervention, medication management, individual and family counseling for youth and adults. Services are offered in English. West Marin HHS also manages and supervises the PEI funded Promotore Program in conjunction with Canal Alliance. Coastal Health Alliance, one of our community partners has been awarded the MHSA PEI contract to provide prevention and early intervention services to students in the Shoreline School district.

#### **XI. COMMUNITY ADVISORY GROUP**

Address: 20 North San Pedro Road, Suite 2028  
San Rafael, CA 94903  
Mailing – Same as above  
Telephone: 415-473-7363  
Hours: 8:30 a.m. - 5:00 p.m.

#### **Mental Health Board**



The Mental Health Board (MHB) is a state-mandated advisory group that makes recommendations to the Board of Supervisors and to the Mental Health Director about the local mental health services. The MHB meets the second Tuesday evening each month at 6:00 p.m.

### **Alcohol and Drug Advisory Board**

The Alcohol and Drug Advisory Board (ADAB) makes recommendations to the Board of Supervisors and Substance Use Services Division Director on substance use related issues, The ADAB meets the first Monday evening of each month at 6:00 p.m.

Revised 9/2016