



Assisted Outpatient Treatment (AOT) also known as Laura's Law/AB1421

To make a referral, call 415-473-4321
3270 Kerner Blvd., Suite A, San Rafael, CA 94901

Program Overview

AOT, also known as AB 1421 or Laura's Law, provides services for individuals who are experiencing a serious and persistent mental illness, who can benefit from treatment, but decline voluntary participation.

Once an individual is referred, the AOT team will attempt to engage them in services on a voluntary basis. If the individual is still declining the recommended treatment, the AOT Team may petition the court with a plan and recommendation seeking court-ordered, involuntary outpatient treatment.

Participants will be offered community-based, mental health services delivered by a highly trained, professional, multidisciplinary team.

Treatment Services offered

- Screening, assessment, and referrals
- Intensive case management
- Psychiatry
- Medication management
- Housing support
- Assistance in reaching recovery goals

Who is eligible?

An individual may be eligible for AOT if they are a resident of Marin County and per the law, meet **all** of the following criteria:

1. 18 years of age or older;
2. Experiencing a mental illness;
3. Unlikely to survive safely in the community without supervision, per clinical determination;
4. History of lack of compliance with treatment for his or her mental illness, in that at least one of the following is true:
 - a) The person's mental illness has, at least twice within the last 36 months, been a substantial factor in necessitating hospitalization or receipt of services in a forensic or other mental health unit of a state correctional facility or local correctional facility, not including any period during which the person was hospitalized or incarcerated immediately preceding the filing of the petition; or
 - b) The person's mental illness has resulted in one or more acts of serious and violent behavior toward himself or herself or another within the last 48 months not including any period during which the person was hospitalized or incarcerated immediately preceding the filing of the petition;



5. Been offered an opportunity to participate in treatment and continues to fail to engage in treatment;
6. Substantially deteriorating;
7. Participation in AOT would be the least restrictive placement needed to ensure the person's recovery and stability;
8. In need of AOT in order to prevent a relapse or deterioration that would be likely to result in grave disability or serious harm to himself or herself, or to others; **and**
9. Likely to benefit from AOT

Who can refer?

A referral to Assisted Outpatient Treatment can be made by the following adults (age 18+):

1. Any adult who lives with the individual with mental illness;
2. A parent, spouse, sibling, or adult child of the individual with mental illness;
3. The director of a mental health institution in which the individual with mental illness lives;
4. The director of a hospital where the individual with mental illness is hospitalized;
5. A licensed mental health provider supervising the treatment of the individual; **or**
6. A peace, parole, or probation officer assigned to supervise the individual.

How do I refer?

To make a referral to the Assisted Outpatient Treatment (AOT) program please call (415) 473-4321. An AOT clinician will return your call to review your referral.

Note: AOT is not a crisis intervention. If you or someone you know is experiencing a mental health emergency, dial 911 or call the Crisis Stabilization Unit at (415) 473-6666.

Assisted Outpatient Treatment Process

