

Covid-19 and Stigma



Diseases can make anyone sick regardless of their race or ethnicity.



Though the initial spread occurred in China, it is important to remember that the disease is linked to a geographical location and not a race or nationality. And it's important to note that African Americans, Pacific Islanders, and other communities of color are more vulnerable to COVID-19 due to inequities caused by racism around health, housing, education and employment.

You can interrupt stigma. Start by sharing accurate information.

Avoid spreading misinformation. Stay informed through reputable, trusted sources:

- [Marin County Health and Human Services](#)
- [Center for Disease Control and Prevention](#)



Speak up if you hear, see, or read misinformation or harassment.



Gently correct the false information, and remind the speaker: prejudiced language and actions make us all less safe.

Show compassion and support for those most closely impacted.

Listen to, acknowledge and, with permission, share the stories of people experiencing stigma, along with a message that bigotry is not acceptable in your community.



Adapted from: kingcounty.gov/ncov/anti-stigma



DEPARTMENT OF HEALTH AND HUMAN SERVICES
BEHAVIORAL HEALTH AND
RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.

