

Public transit access

To Marin County Health & Human Services, Public Assistance 120 North Redwood Drive, San Rafael

Route 245 – Weekday service every 60 minutes.

To Marin County Health & Wellness Campus 3240 Kerner Blvd, San Rafael

Routes 23, 29, 35 or 36 – Weekday service every 60 minutes.

All Marin Transit services are wheelchair accessible and hold at least two bicycles. One-way fare is \$2.00 for adults and \$1.00 for seniors/youth/ disabled.

For additional information, call (415) 454-0902 or go to www.marintransit.org



Requests for accommodations may be made by calling (415) 473-4381 (Voice), CA Relay 711 or by e-mail at disabilityaccess@marincounty.org. Copies of documents are available in alternative formats, upon request.

How do I apply for CalFresh benefits?

Online:

Go to www.c4yourself.com

By Mail or Phone:

Call (877) 410-8817 to start an application.

In Person:

Apply at Marin County Health & Human Services, Public Assistance office in San Rafael or West Marin. Call for current status of office hours.

San Rafael

120 North Redwood Dr
San Rafael, CA 94903

Phone (877) 410-8817
Hours: M-F
8:00am - 12:00pm
1:00pm - 4:30pm

3240 Kerner Blvd
San Rafael, CA 94901

Phone (877) 410-8817
Hours: M-F
8:00am - 4:30pm

West Marin

1 6th Street
Point Reyes Station, CA 95956

Phone (415) 473-3800
Hours: M-F
9:00am - 12pm
1:00pm - 4:30pm



Applying for CalFresh

How to access food for you
and your family



United Way 2-1-1

Free, confidential, information and referrals 24 hours per day seven days per week in over 150 languages. Dial 2-1-1 for any kind of health or human service needs.

Marin Health and Human Services

This information is accurate as September 2020

What is CalFresh?

The CalFresh (formerly Food Stamps) Program helps people with little or no income buy nutritious food. CalFresh benefits are not cash. They come on an electronic benefit transfer (EBT) card that you use like a bank card to buy food. Most grocery stores take CalFresh benefits.

Can I get CalFresh?

To get CalFresh benefits, your income must be under certain limits. Income limits are different for elderly or disabled households. When you apply, you will be told what those limits are.

To see if you might be able to get CalFresh, go to:

www.fsn.usda.gov/snap/recipient/eligibility

Answer the questions. You will find out if you might be eligible and how much you could receive. But to know for sure, you must apply.

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By Mail or Phone:

Call (877) 410-8817 to start an application.

In Person:

Apply at one of the Marin County Health & Human Services, Public Assistance offices in San Rafael or West Marin.

After you submit an application, you will be contacted by an eligibility worker to complete the application process.

You may need to provide papers such as pay stubs, rent or mortgage payments, utility bills, child or elder care bills, and child support orders. An eligibility worker will tell you exactly what papers you need to provide.

After you have completed the application process, an eligibility worker will tell you if you will get CalFresh and how much.

I am not a U.S. citizen. Can I get CalFresh? Can my children?

You might get CalFresh if you are a legal immigrant. An eligibility worker will let you know if you qualify. Even if you are not eligible due to immigration status, your legal immigrant or citizen children may qualify.

If I am denied CalFresh, can I ask why?

Yes. You will be notified in writing of your denial. If you have any questions, you may call your eligibility worker. If you think there is a mistake, ask to speak to a supervisor. If you do not agree with the explanation, you may request a "State Hearing." State Hearings are free but you must ask for one within 90 days of the date you were denied.

