

Resources

Marin County Mobile Crisis Response
Team
(415) 473-6392

Crisis Stabilization Unit (CSU)
(415) 473-6666

Suicide Hotline
(415) 499-1100



Contacts

Access Line
(888) 818-1115
Open 24 hrs / 7 days a week



DEPARTMENT OF HEALTH AND HUMAN SERVICES
**BEHAVIORAL HEALTH AND
RECOVERY SERVICES**
Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



Requests for accommodations may be made by calling (415) 473-2624 (Voice), CA Relay 711 or by e-mail at ecoهران@marincounty.org. Copies of documents are available in alternative formats, upon request.

**MARIN
HEALTH &
HUMAN
SERVICES**
Health, Well-being & Safety



SUPPORT



TRUST



UNITY



EXCELLENCE

Early and Periodic Screening, Diagnosis, and Treatment



What are Early and Periodic Screening, Diagnosis, and Treatment Services?

Early and Periodic Screening, Diagnosis, and Treatment (EPSDT) services are Medi-Cal services that address mental health issues that interfere with daily living. EPSDT mental health services are provided by Marin County Behavioral Health and Recovery Services.

EPSDT services are available to children and youth under age 21 with full scope Medi-Cal eligibility

Issues that may suggest the need for EPSDT services include:

- depression or isolation
- anxiety/fearfulness
- self-harming behavior
- use of alcohol or other substances
- coping difficulties because of trauma (physical abuse, immigration-related trauma, sexual abuse, neglect, racial inequity, cyber bullying).

Types of EPSDT Services:

- Culturally sensitive, gender/sexual orientation affirming, client centered and strengths-based assessment, treatment and ongoing care/advocacy
- Multiple and flexible modalities of treatment including:
 - Individual Therapy
 - Family Therapy
 - Group Therapy
 - Intensive Home-based Services
- Caregiver supports including:
 - Psycho-educational classes for parents
 - Peer Coaches for parents
- Additional Supports and Services including:
 - Medication Evaluation/Monitoring
 - Wraparound Services
 - Therapeutic Behavioral Services
 - Intensive Care Coordination

How to get EPSDT Services for yourself (under age 21) or your child

Ask your doctor, psychologist, counselor, social worker, or other health or social services provider about EPSDT services.

For children in foster care, consult the child's social worker or court-appointed attorney.

Check out the Marin County BHRS website for more information:

<https://www.marinhhs.org/behavioral-health-recovery-services>

You may also call BHRS directly at our toll-free ACCESS line 1-888-818-1115