

Contacts

Emergency

Suicide Hotline:
800-273-8255

Crisis Stabilization Unit:
415-473-6666

Non-Emergency

Mental Health Access and Assessment Line:
1-888-818-1115

Helen Vine Recovery Center:
415-492-0818

NAMI of Marin County
415-444-0480 (M-F 1pm-3pm)
namimarinoffice@gmail.com

Warmline: Phone Support for Peers (7 days a
week/24 hours):
415-459-6330

Additional Community Resources: 211



Mobile Crisis Response Team
Administrative Office
250 Bon Air Road
Greenbrae, CA 94904
415-473-6392

Updated 11-2-2020



Behavioral Health &
Recovery Services



SUPPORT



TRUST



UNITY



EXCELLENCE

Mobile Crisis Response Team (MCRT)

Mon-Fri 8am-9pm

Sat 1pm-9pm

415-473-6392

415-473-3344 TTY

After Hours support through Crisis

Stabilization Unit

415-473-6666

Mental Health and Substance Abuse
Support and Crisis Intervention in Marin

What is the Mobile Crisis Response Team?

The MCRT is a team staffed by two Mental Health Clinicians. The purpose of the MCRT is to respond to mental health and substance abuse crises and psychiatric emergencies in the community throughout Marin County.

MCRT works collaboratively with the citizens of Marin County, community based mental health and substance abuse agencies, hospitals and local law enforcement to increase the safety of individuals in a crisis.



How the Mobile Crisis Response Team Helps?

MCRT will provide rapid crisis intervention in the field to address and de-escalate, as well as stabilize, an immediate crisis in the least restrictive environment possible. These interventions include but are not limited to:

- Face-to-face crisis counseling and brief supportive interventions
- Assessment of the individuals mental health and/or substance abuse needs
- When necessary, facilitate transportation to Crisis Stabilization Unit (CSU) *Formerly known as PES
- Coordination of appropriate and available community-based services for on-going treatment and follow-up
- Family support services
- Available for phone consultation to law enforcement, first responders, community providers, families and other community members

When to call the Mobile Crisis Response Team?

Your family/friend/loved one is experiencing a mental health or a substance abuse crisis

Someone is expressing or threatening suicide but has not yet acted

When to call 911

- An individual is actively engaged in a suicide attempt
- An individual has experienced physical harm that requires medical attention
- An individual is violent, aggressive, destroying property, physically harming or threatening others

Tips for Effective 911 Communication

- Stay calm
- Call away from a loved one
- Identify yourself and your relationship to the situation/individual
- Explain behaviors and any statements that have been made
- **Ask for a CIT officer and a 5150 evaluation**