

Marin County Suicide Prevention Collaborative

Marin County Behavioral Health and Recovery Services
Mental Health and Suicide Prevention Partnership Events

Winter-Spring 2021-2022

www.BHRSPrevention.org

(as of 10/25/21)



The following events are hosted by Marin County Behavioral Health and Recovery Services, Marin County Office of Education, and other community-based partners to promote behavioral health and wellness in our community. This calendar listing will be updated periodically.

American Foundation for Suicide Prevention "Let's Talk" Trainings. Hosted by the Marin County Office of Education. Held from 11:00 am to Noon. Audience: Parents/Guardians (18+). **Dates: November 17, December 15, January 19, February 16, 2022, March 16, 2022.** [Register here.](#)

Mental Health First Aid Training for Youth. Hosted by Marin County Behavioral Health and Recovery Services. Facilitator: Maria Rea, LMFT, BHRS Outreach Coordinator. **Dates:**

- November 9, 2021: 8:30 am - 5:00 pm - Adult - In Person. [Register here.](#)
- December 11, 2021: 9:00 am - 3:30 pm - Youth - Virtual. [Register here.](#)
- January 22, 2022: 8:30 am - 5:00 pm - Youth - In Person. For Spanish Speakers. [Register here.](#)
- February 24, 2022: 8:30 am - 5:00 pm - Adult - In Person. [Register here.](#)
- March 24, 2022: 9:00 am - 3:30 pm - Adult - Virtual. [Register here.](#)
- April 16, 2022: 8:30 am - 5:00 pm - Adult - In Person. [Register here.](#)
- May 19, 2022: 8:30 am - 5:00 pm - Adult - In Person. For Spanish Speakers. [Register here.](#)
- June 14, 2022: 8:30 am - 5:00 pm - Youth - In Person. [Register here.](#)

Marin County Suicide Prevention Collaborative Meetings. All are welcome to learn more about the Collaborative and the Community Action Team's efforts to reduce suicide in our community.

Upcoming dates: November 3, December 1, and January 5. [Register here.](#)

Spanish Language Suicide Prevention Training. Spread hope and learn how to communicate with someone in distress and refer them to help. Presenters: Maria Rea, LMFT, BHRS Outreach Coordinator and Berta Campos-Anicetti, MPH, Director of Latinx Services, North Marin Community Services. Dates: **January 18, March 16 and May 12 at 6:00 pm.** [Join here.](#)

Safety Planning Training: Lunch and Learn. Safety planning has been utilized in diverse care settings to help reduce suicide risk and improve coping skills. Presenters: Vanessa Blum, PhD, Clinical Psychologist, BHRS, and Kara Connors, MPH, Senior Program Coordinator for Suicide Prevention, BHRS. **Date: December 9 at Noon.** [Register here.](#)

Suicide Prevention "Question, Persuade, Refer" Training and Lethal Means Counseling.

Ongoing! These self-directed, online trainings allow you to build your skills at your own pace and time. [Visit here to sign up.](#)



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