

Marin County Systems Integration Steering Committee

Meeting Notes

February 14, 2012 • 9:00 - 10:30AM
20 N San Pedro Road, San Rafael - Conference Rooms A&B

Attendees: Joanne Bender, Brian Slattery, Catherine Condon, Diane Linn, Bruce Gurganus, D.J. Pierce, Robert Reinhard, Roberta English, Bobbe Rockoff, Steve Ramsland, Hutton Taylor, Julie Van Winkle, Marsha Grant, Amy Rogers, Chris Cline, Ken Minkoff, Larry Meredith, Margaret Kisliuk

1. Introductions – Hutton welcomed everyone and each person introduced themselves and their organizational affiliation.

2. Spreadsheet Tracking & Announcements

- The Tracking Spreadsheet was passed around the table so that attendees could update their program/agency information.
- Kathy passed out SAMHSA's new working definition of Recovery from Mental Disorders and Substance Use Disorders.

As the Committee read over this document, trauma training was brought up as something we can work on when we are ready. Our Charter Document can also be amended to include trauma informed care.

3. Partnering – How have we partnered across domains? How have we assisted in our partner's success?

- Marin Recovery Project, "It Happens," is a partnership between mental health and AOD for recovery month. The planning process is just beginning and it will take place on September 22, 2012.
- Amy brought up Buckelew's smoking cessation and recovery group, which was awarded a grant for nicotine patches (\$7000). They hope to incorporate the information into their Smoke Busters Program and would like to involve other programs.
- Buckelew has partnered with a researcher at Stanford on a grant submittal to look at employment, socio-economic status and smoking. They are working with the Workforce Investment Board and hope to involve others in this project.
- Several people mentioned how helpful Beth Lillard (BACR) has been around helping programs with smoking cessation and culture change.
- Bobbe informed the Committee that she is looking into a potential study by Dale Jarvis that looks at cross system data and identifies frequent users and makes the business case for increasing behavioral health services for people with moderate needs. HHS is looking at contracting with him as part of the larger HHS System Integration effort.
- Ken mentioned that he has spoken with Dale and they discussed the possibility of him working with the Steering Committee on this effort.
- Brian congratulated Steve and Buckelew Programs for their huge achievement - saving Helen Vine and adding Family Service Agency (FSA) by merging them to the Buckelew Programs Family.
- Steve also mentioned that in the near future Buckelew Programs will change their name to better reflect its expanded role in serving the community.
- Bruce announced a public hearing this evening to get public comment related to funding for 5 new one-time Mental Health Services Act (MHSA) Prevention and Early Intervention (PEI)

programs to be used for joining with community coalitions working on drug and alcohol issues. The programs include:

1. Supporting Community Health Workers to educate them in how to provide mental health and drug and alcohol information to clients.
 2. Teen Screen – program for high school students to screen for mental health and drug and alcohol issues.
 3. Vietnamese speaking Outreach Worker for behavioral health.
 4. Community training for mental health first aide.
 5. North Bay Regional Suicide Prevention – is using Marin as a model for 6 counties in the North Bay.
- Hutton talked about the Co-Occurring Disorders Committee and their work on creating a caseload of high end users of services. AOD and mental health workers will combine their talents on one team with a shared caseload. There will be 10-15 clients on the caseload to start.
 - Chris mentioned that Margie Balfour (a woman in Dallas) did a high-end user study and she posted her data on the Change Agent Connection, part of the ZiaPartners website.
 - Diane shared Ritter's new BWell behavioral health approach in which mental health, AOD, case management and medical care through their Federally Qualified Health Center (FQHC) provide comprehensive services to their clients. They hope this collaboration will create a new funding stream with Medi-Cal money from the FQHC. They plan to move into a new, larger space for groups and other activities and need support from the city with the expansion.
 - Larry talked about the new policy environment around smoking in Marin County including:
 - a. The Health & Wellness campus is now totally non-smoking and the hope is to do the same at the civic center and all other county owned buildings in the near future.
 - b. Non-smoking ordinance for condos with 4 or more units.
 - c. How tobacco is displayed and sold in businesses with a pharmacy.
 - d. Healthy eating environment – the vending machine policy is changing to provide more healthy choices with unhealthy items subsidizing more healthy items. He called this the Informed Consumer Model.
 - e. The Prevention Hub (Sparkie Spaeth is the contact) is working with Stanford on the Collective Impact model. The model is very similar with what we are working on – collaborations of well intended projects with community organizations.
 - Diane pointed out that there is a delicate balance between being welcoming and the smoking issue. Ken mentioned that he started that conversation with the Change Agents at the last training in November.
 - The Committee decided that smoking should be a future agenda item.
 - Marsha spoke about AB 109 and their hope to get the STAR program back up and running. She also let everyone know that their re-entry deputy is being honored today at the BOS meeting. The new Sheriff's Captain is Doug Endy and he is overseeing two new reentry staff. He is supportive of the reentry work and his philosophy is similar to former Captain's

4. Issues from Last Meeting

- Steve asked the question: How can we, as part of the broader system change initiative, provide input into the overall system change process.
- Ken emphasized what a wonderful opportunity we have to be helpful to HHS to advance the system by sharing what we've already accomplished and what we've learned. We also need to look at our partnerships and determine if we have all of the representatives we need at the table. He went on to say that the Steering Committee has the opportunity to include more partners to join in on the progress we've already made. We represent a partnership for the system.
- We need to ask ourselves: are we, as a Steering Committee, a piece of functionality within the current system that should be used in our planning process?

- Ken feels the Steering Committee is starting to manage the system vision and that we have a role in determining where we want to go now and in the future.
- Brian made an observation that he has noticed and is bothered by the fact that there aren't many community based substance abuse providers and other community providers at the table. He also feels we need to notice and realize the economy is tough and wonders if AOD will be subsumed under mental health in the future. He questions whether drug and alcohol providers will lose their identity and voice for their clients.
- According to Ken, the Steering Committee will transition as the system changes and the focus of the meetings shifts. And more representatives can and should be invited to the table.
- Ken emphasized that the Steering Committee must bring important conversations to this table and not assume the conversations will happen elsewhere.
- Chris told us we might want to look at all of this through the lens of the Charter document, to determine who is actually here and not here. The Charter can become a better road map. The Committee needs to look at the nature of the current membership and figure out some strategies that will attract others to the table. This kind of activity will intentionally push the Committee to a higher level.
- Diane mentioned the Partnership to End Homelessness – she thinks that maybe we can bring that group to the table and get regular updates on what they are doing from Joe Hegedus.
- D.J. committed to inviting Marc from Center Point back to the table. He came when we started but has not been around in a while.
- Joanne feels that one partner we are missing is physical health care. She feels they are loudly absent and wonders how we integrate them into this group.
- Ken says that it helps to make a clear statement about what our vision is and what we want to do in order to attract additional partners. He says it also helps to have the invitation come from multiple sources. We need more partners at the table to share our vision.
- In order to attract primary health partners we need to think of ourselves as a process that assists and embeds quality improvement (QI) into everything we do. Potential partners could find benefit from learning the fundamentals of QI and we have the tools that can assist them. We need to say outloud: that we are engaged in a change process and we've made progress and are not simply project based, but involved in designing the new infrastructure. They won't want to miss out on this.
- This all leads us to look at our contract language...what does our current contract language say and what SHOULD it say?
- Collective impact = partners dedicated to internal quality improvement.
- Chris says that she is not at all clear about how this Committee will be represented and interact with the larger system integration project so that we aren't working in a parallel process.
- We need to know what the relationship is between the two groups (this Committee and the HHS Transition Planning Team) and where the transformation process is going so that we can make that process more successful.
- Chris tells us that markers of an integrated system is that everyone comes together to work with you in a framework of a design...so we can all work together toward a common vision.
- She went on to say that we want to have directed conversations at the Steering Committee about how we can work with the larger transformational committee. We have overlapping cost and service delivery systems. The questions to discuss are:
 - Do we step up a notch as a committee?
 - Do we want one process?
 - What do we want the transition process to look like?
- Amy talked about how a welcoming packet for the Steering Committee would be a good thing to put together. We have talked about doing it, but never have. She mentioned that the Change Agent group is attempting to put something together for new change agents.

- We may want to carve out some time at one Steering Committee meeting to discuss which partners we would like to invite to join us.
- Chris stated that she feels we need an invitation and a statement from Larry and his management team about how we are to be involved in the larger system transformation/integration process.

5. Celebrating Successes

- Unfortunately we didn't have time to get to this item today, however, our partnering activities are always something for us to celebrate!

NEXT MEETING: March 20, 2012 from 9:00-10:30AM at 20 N. San Pedro Road, upstairs in conference rooms A&B.