

**CELEBRATE SUCCESS!**

## **Mental Health Services Act (Prop 63) In Marin**

**How has the money been used?**

**What difference has it made?**

**What will happen in the future?**

**Come find out! Provide your thoughts!**

### **EVENT SUMMARY**

August 20, 2012

5:30pm – 7:30pm

Connection Center, 3240 Kerner Blvd, Room 109/110

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Over 60 community members – consumers, families, providers, and others – gathered to discuss what MHSA has accomplished and where we will go next.

To review the information presented see accompanying documents:

- 8.20.12 MHSA PowerPoint
- 8.20.12 MHSA Handout Packet

After the presentation the participants broke into small groups. Notes from those discussions are included below.

#### **LATINO / AFRICAN-AMERICAN / ASIAN PACIFIC ISLANDER**

*What benefits have you seen from MHSA?*

- Identified underserved populations
- Increased services to underserved populations
- Serving Southern Marin / Marin City
- Lots of community process
- Sets up good expectations for future funding processes
- Empowered Mental Health Board
- Community Process – led to more trust from Latino community
- Visibility of and emphasis on “Recovery”
- Vietnamese speaking workers
- Services Coastal Health Alliance / Spanish speaking

*Going forward how can the Mental Health system of care be improved?*

- Capturing data on un-insured
- Contract agencies to report services to un-insured Latino’s etc.+
- How “recovery” might look different for minority populations
- Bi-lingual / sensitive services at/from PES
- Supporting and assisting families
- Assist marginally housed/homeless

*What role can you play in making these improvements?*

- Advocate and make suggestions
- Be innovative and creative

## **ADULT SYSTEM OF CARE**

*What benefits have you seen from MHSA?*

- Consumer run services (ERC)
- Trainings for all levels (staff, peers, family)
- Focus on consumer experience
- Focus on consumer quality
- Welcomed
- Hearing more of the stories
- Staff is listening more to consumer story and family story
- Collaboration between NAMI and MHSA services
- Inclusion
- Primary care providers and psychiatrists are hearing us more when we talk about side effects

*Going forward how can the Mental Health system of care be improved?*

- Providers can do better to hear consumers medical issues and side effects
- Better Independent Living Skills (ILS) support
- More housing that works for the consumer
- Rapid response – we need this type of service
- Better jail based services
- Better integration with criminal justice
- Better support during life cycle transitions, like death of a parent
- Easier transition when moving including more support
- More time with provider/doctor and/or helping consumer organize their needs prior to appointment
  - peer to peer help
  - a form for client to fill out before appt to organize their thoughts and be sure they get to everything they want to cover
- Implement SAMSAS definition of consumer run services
- Real career paths to help consumers to get out of the cycle
- Access – finding the right door
- Encourage consumers and families/everyone to participate with law enforcement “citizen’s academy”
- Stop seeing consumers as a cheaper form of labor

*What role can you play in making these improvements?*

- We can partner, we can offer to participate
- Advocate (especially with Crisis Care)
- Create true asylum

## **TRANSITION AGE YOUTH (TAY) SYSTEM OF CARE**

*What benefits have you seen from MHSA?*

- Prevention – early screen for psychosis
- Screening in High School and Primary Care

*Going forward how can the Mental Health system of care be improved?*

- TAY Peer Leaders
- More access
- Maturing - In Process
- Link with GEM
- Need more open hours
- Need more staffing
- Increase hours of operation
- Transition planning in Children's SOC
- Parent education – early signs/symptom's
- Education of Clergy

*What role can you play in making these improvements?*

- Working with Crisis Planning and with Family
- Education re: video game addiction

## **PRIMARY PREVENTION**

*How can we improve mental well-being and reduce mental health problems?*

- Creative expression: arts, sports, etc
- Supporting natural leaders in the community who people can look up to and model behavior from
- Embrace "Collective Impact": large scale social change supported by cross-sector coordination. Sectors currently focus on isolated intervention by individual organizations
- Provide opportunities for self-assessments that allow individuals to know who they are and where they best fit into society
- Health lifestyle choices available – Greenbelt, etc
- Prevention skills: coping, resiliency, supportive/non-violent communication

*How can we make this happen?*

- How do we evaluate success?
- Can we fund community centers, schools, etc to do this work?