

MHSA CURRENT PROGRAM DESCRIPTIONS AND CONTACTS

COMMUNITY SERVICES AND SUPPORTS PROGRAMS (CSS)

PROGRAM DESCRIPTION

CONTACT PERSON

CHILDREN'S SYSTEM OF CARE (CSOC – FSP-01)

BRIAN ROBINSON

This program serves 40 youth with serious emotional disturbance who are involved with juvenile justice and/or attend County Community School, a continuation high school. Clinical staff works with trained family partners to meet the mental health, social, and developmental needs of each child or adolescent and their families in a culturally competent manner.

TRANSITIONAL AGE YOUTH (TAY – FSP-02)

BUCKELEW PROGRAMS

This integrated multi-disciplinary service team program for 20 Transitional Age Youth (16-25) with serious mental illness or serious emotional disturbance provides culturally competent mental health services, intensive case management, housing supports, psychiatric care, substance abuse counseling, employment services and independent living skills. Transition Age Youth who are aging out of children's mental health services and transitioning to adult services and independent living are linked to necessary services.

SUPPORT AND TREATMENT AFTER RELEASE (STAR – FSP-03)

ZIYA DIKMAN

This multi-agency, multi-disciplinary team provides culturally competent, community-based services to 40 adults who have serious mental illness and current involvement with the criminal justice system. Operating in conjunction with the STAR mental health court, the team provides comprehensive assessment, individualized client-centered service planning, psychiatric care, intensive case management, therapy and linkages to all needed services and supports. The goals of the program are to promote recovery and self-sufficiency, improve the ability to function independently in the community, reduce incarceration, and reduce hospitalization.

HELPING OLDER PEOPLE EXCEL (HOPE – FSP-04)

PATTY LYONS

This multi-agency, multi-disciplinary team serves 40 older adults, ages 60 and older, who have serious mental illness, and are isolated and at risk of out of home placement, hospitalization or homelessness. By providing a full range of integrated, culturally competent services including outreach, comprehensive assessment, individualized client-centered service planning, psychiatric care, intensive case management, therapy and linkages to needed services and supports, participants are assisted to better control their illness, reach their personal goals, lead more satisfying lives, and avoid higher, more restrictive levels of care.

ODYSSEY PROGRAM (HOMELESS – FSP-05)

JANICE WELLS

This multi-agency, multi-disciplinary team provides culturally competent intensive, integrated services to 60 adults with serious mental illness who are homeless or at-risk of homelessness. The program comprehensive assessment, individualized client-centered service planning, psychiatric care, intensive case management, supported housing and linkages to all needed services and supports in order to assist participants to achieve their individualized goals, as well as to promote recovery and

self-sufficiency, improve the ability to function independently in the community, reduce homelessness, reduce incarceration, and reduce hospitalization.

ENTERPRISE RESOURCE CENTER EXPANSION (SDOE-01)

COMMUNITY ACTION MARIN

The Outreach and Engagement project involved expanding and enhancing Marin's consumer-operated Enterprise Resource Center by adding consumer positions and establishing a Wellness/Recovery Center in central Marin through enlarging and co-locating the Enterprise Resource Center with housing, employment and clinical services at the new Health & Human Services Health and Wellness Campus. Known for its low-barrier access and welcoming environment, the Enterprise Resource Center plays a key role in Marin's effort to outreach to and engage with adults with serious mental illness in the county who are disenfranchised and reluctant to seek help and services. Managed and staffed entirely by mental health consumers, the center promotes a strengths-based, harm-reduction approach and offers participants a one-stop central location to access and receive services such as socialization activities, peer counseling, mentoring, psycho-educational activities, and support groups. The goals of the program are to promote recovery and self-sufficiency, improve the ability to function in the community, increase social supports and reduce isolation.

SOUTHERN MARIN SERVICES SITE (SDOE-04)

FAMILY SERVICE AGENCY

A community-based, culturally competent, easily accessible mental health service site was opened in Southern Marin, an underserved area. Clients and families benefit from easy access to an array of mental health services including individual, family and group counseling along with support groups, and medication monitoring for seriously mentally ill adults with serious mental illness and youth with serious emotional disturbance.

ADULT SYSTEM OF CARE DEVELOPMENT (SDOE-07)

DIANE SLAGER

This System Development expansion project was designed to expand and enhance supports and services available in Marin's system of care for adults with serious mental illness and their families by: 1) increasing peer specialist services on the Adult Case Management team; 2) providing outreach and engagement and support services to Hispanics/Latinos; 3) increasing Vietnamese outreach and engagement services; 4) adding family outreach, engagement and support services to the ASOC at large, and 5) providing short-term housing assistance. The goals of the project are to promote recovery and self-sufficiency, improve the ability to function in the community, reduce isolation, and provide low-barrier access which welcomes unserved clients of Vietnamese and Hispanic/Latino origin.

PREVENTION AND EARLY INTERVENTION PROGRAMS (PEI)

PROGRAM DESCRIPTION

PROVIDER

EARLY CHILDHOOD MENTAL HEALTH CONSULTATION (ECMH – PEI-1)

JEWISH FAMILY AND CHILDREN'S SERVICES

This program provides training and support to staff of childcare and early childhood education sites to identify children whose behavior indicates social/emotional difficulties, develop a plan for meeting the child's needs, and to assist the family. Training is provided to strengthen staff skills in working with all children and voluntary screening is available to families for adult depression.

**TRIPLE P
(POSITIVE PARENTING PROGRAM – PEI-2)**

**MARIN COUNTY
OFFICE OF EDUCATION**

A broad range of providers working with families are being trained in an evidence-based method for coaching families with parenting challenges. Now that a network of providers has been established, an outreach and education campaign is being developed.

ACROSS AGE MENTORING (PEI-3)

MARIN CITY NETWORK

This program provides an evidence-based mentoring program for middle school students in Southern Marin that includes mentoring, community service, social competence training, and family activities.

**TRANSITION AGE YOUTH PREVENTION AND
EARLY INTERVENTION (PEI-4)**

**HUCKLEBERRY YOUTH PROGRAMS
NOVATO YOUTH CENTER
LIFT FOR TEENS**

Huckleberry Youth and Novato Youth Programs provide mental health education, screening and assistance in collaboration with agencies serving transition age youth (16-25). This age group is at risk for substance abuse, justice system involvement, and onset of serious mental illness. In FY12-13 and FY13-14, Lift for Teens and Center for Restorative Practice are providing workshops for at-risk TAY and their caregivers to increase resiliency and coping skills.

**CANAL COMMUNITY-BASED PREVENTION AND
EARLY INTERVENTION (PEI-5)**

CANAL ALLIANCE

This program provides mental health education, screening and assistance in a community-based organization in the Canal District. These services help to bridge the cultural and language barriers that contribute to this neighborhood being underserved for mental health needs.

**INTEGRATED BEHAVIORAL HEALTH
IN PRIMARY CARE (PEI-6)**

**MARIN COMMUNITY CLINICS
COASTAL HEALTH ALLIANCE
MARIN CITY HEALTH AND WELLNESS CENTER
RITTER CENTER
CENTER POINT, INC.**

Programs at Marin Community Clinics and Coastal Health Alliance are expanding the mental health services available within health care settings for underserved populations using a Stepped Care Model. Services include mental health education, screening, and assistance that is coordinated with physical health care services. In FY12-13 and FY13-14 Marin City Health and Wellness Center, Ritter Center and Center Point, Inc. are expanding their capacity to provide integrated behavioral health services.

**OLDER ADULT PREVENTION AND
EARLY INTERVENTION (PEI-7)**

**JEWISH FAMILY AND
CHILDREN'S SERVICES
NOVATO FIRE DISTRICT**

This Jewish Family and Children's Services program provides an evidence-based model of mental health education, screening, and brief intervention to older adults who are experiencing transitions or other risk factor. In addition, a wide-range of providers are trained to identify and refer at-risk older adults. In FY12-13 the Novato Fire District is conducting research to better understand trends related to falls and depression and pilot prevention and early intervention strategies.

**CLIENT CHOICE AND HOSPITAL PREVENTION PROGRAM:
CRISIS PLANNING (PEI-10)**

COMMUNITY ACTION MARIN

This program provides crisis-planning services for those at risk of a psychiatric crisis in order to increase client choice in times of crisis and reduce psychiatric hospitalizations.

SHORT-TERM PROGRAMS PLANNED FOR FY12/13 AND FY13/14

PROGRAM DESCRIPTION

PROVIDER

VIETNAMESE COMMUNITY CONNECTION (PEI-11)

**COMMUNITY ACTION MARIN
ASIAN ADVOCACY PROJECT**

This program provides culturally and linguistically appropriate outreach, education and linkages to mental health services for the Vietnamese community, as well as assessing community needs.

MENTAL HEALTH COMMUNITY TRAINING (PEI-12)

**CALIFORNIA INSTITUTE
OF MENTAL HEALTH (CIMH)**

This program provides Mental Health First Aid (MHFA) training for front-line workers, community members and many others. MHFA is an evidence-based training that increases knowledge about mental health and substance use signs and symptoms and helping somebody access services, as well as reducing stigma.

TEEN SCREEN (PEI-13)

FAMILY SERVICE AGENCY

An evidence-based screening and referral process for a variety of mental health and substance use issues provided annually to sophomores in participating high schools.

MENTAL HEALTH COMMUNITY COALITIONS (PEI-14)

This is an evidence-based, primary prevention strategy for engaging a range of stakeholders in identifying community concerns and solutions. Three existing community coalitions, funded by Health and Human Services to focus on substance use issues, are expanding their efforts to include a mental health lens.

**MENTAL HEALTH AND SUBSTANCE USE
COMMUNITY HEALTH ADVOCATES (PEI-15)**

CANAL ALLIANCE

This program provides training and support for trusted community resource people (promotores, community health workers, etc.) to better address mental health and substance use concerns in their communities. CHAs provide education, support, and links to services.

LEGAL ASSISTANCE (PEI 16)

LEGAL AID MARIN

This program provides legal services for clients referred from CSS and PEI programs in order to reduce exacerbation of mental health issues.

SOUTHERN MARIN COMMUNITY CONNECTION (PEI 17)

**SOUTHERN MARIN MULTI-
DISCIPLINARY TEAM**

This program provides brief intervention and case management services for Marin City residents regarding mental health, parenting, housing, economics, medical services and education. In FY12-13 the California Reducing Disparities Project (CRPD) is assisting in developing data collection and analysis methods