MENTAL HEALTH SERVICES ACT
PREVENTION AND EARLY INTERVENTION COMMITTEE
December 4, 2009 • 1:00-3:00 PM • Mtg #3

MINUTES

NEXT MEETING: Friday March 5, 1:00-3:00 pm. Location to be announced.
PEI Committee Meetings will be held quarterly 1:00-3:00 pm on the first Friday.

Participants

| Linda Allen, FSA-Suicide Prvtn | Bruce Gurganus, HHS/CMHS | Amy Reisch, FIRST 5 Marin |
| Kay Browne, NAMI | Vinh Luu, MAAP | Bonne Goltz Reiser, JFCS |
| Victor Buick, MMOW | Nancy Masters, JFCS | Roberta Romeo, Comm on Aging |
| Alaina Cantor, Novato Yth Ctr | Nazanin Mahdieh, MCC | Gary Scheppke, MMHB |
| Bobbi Fischer, FCP | Kathy Page, Canal Alliance/FSA | Jasmine Stevenson, HYP |
| Kristen Gardner, PEI Coord | Sandra Ponek, Canal Alliance | Laura Trahan, MCOE |
| Jamie Goetz, CHA | Ann Pring, HHS/CMHS | Donna West, HHS/DPH |

Welcome, Introductions and Updates

PEI through Home Delivered Meals: We are in the process of contracting with Marin Meals on Wheels to provide PEI services to clients receiving meal delivery services.

MHSA Budget: The Governor will submit his 2010-11 budget January 10. Legislature will debate it Jan-May. We do not expect an impact on MHSA funding since voters rejected changing MHSA.

MHSA Innovation: Patty Lyons is coordinating this component. There have been a couple of large meetings where potential projects have been presented. A small subgroup (made up of reps from agencies that are not potential contractors) are reviewing the ideas and will report back to the large group. Hopefully 1-2 will be agreed upon and RFPS will be developed for them. According to Innovation guidelines, these are time-limited projects, so others can receive funding when these expire.

State Data Request: State guidelines for data collection ask for “types of needs/problems addressed” by PEI projects. The State has not provided further clarification about what that means. I will let you know when they do.

MH Awareness and Stigma Reduction (Bobbi F): Full Court Press is working on getting articles in English and Spanish papers about holiday stress. They will poll PEI Com members about good training topics and dates/times.

MHSA PEI Committee Vision

Handout: PEI Committee Vision

The PEI Vision is an internal document for guiding the PEI Com’s work. It was approved with small changes.

Networking

Handouts: PEI Committee Member lists

Every agency spoke about the resources they provide. During break individuals followed-up with each other.

PEI Outcomes

Handouts: PEI Com Survey Results, PEI Committee Outcomes, Areas of Collaboration

- PEI Com Survey: Generally the items were rated positively – setting a high bar for improvement.
- Under Committee Purpose & Roles and Process, Kristen will look at how to clarify member roles and the decision-making process.
There was discussion about inviting additional members to the Committee (some ideas listed in the survey results, Spectrum, Client Network). Maybe stipends could be provided for clients/consumers. There was concern that expanding the group would make it hard for the group to move forward. We will revisit this.

- Our work together should improve the ratings on PEI Com Impact over time.

- PEI Com Outcomes: Some are being addressed by individual PEI Programs. Some we will work on in PEI Com.

- Areas of Collaboration: Some topics will be worked on in sub-group meetings, some are better addressed by other groups, and some can be addressed in the PEI Com mtgs.

What will be take up in the PEI Com meetings?

Issues that are:
- relevant to (almost) all attending organizations
- not being addressed by other groups
- help us achieve our vision

Some of the topics raised that could be addressed soon:
- ATOD: When addressing Mental Health, Alcohol, Tobacco and Other Drugs issues are likely to come up with clients. Look at how to integrate ATOD into PEI Programs. (interest to address soon)
- Primary Prevention: PEI encompasses a continuum of prevention and early intervention. Learn more about prevention and how to incorporate it in PEI Programs. (interest to address later)
- Tools: Look at screening, assessment and brief intervention tools PEI programs are using. This should be educational across programs and will help us understand how data is being tracked across programs, and whether more needs to be done to track effectively.

Closing Announcement

Lancet has an article about why primary care providers do not address mental health issues.