

**MENTAL HEALTH SERVICES ACT
PREVENTION AND EARLY INTERVENTION COMMITTEE**

March 12, 2010 • 1:00-3:00 PM • Mtg #4

MINUTES

NEXT MEETING: Friday June 4, 1:00-3:00 pm. Location to be announced.

PEI Committee Meetings will be held quarterly 1:00-3:00 pm on the first Friday.

Participants *(please send corrections – sign-in was not sent around)*

Kay Browne, NAMI	Jamie Goetz, CHA Bruce	Sandra Ramirez-Griggs,
Victor Buick, MMOW	Gurganus, HHS/CMHS	CMHS/Bahia Vista Elem
Alaina Cantor, Novato Yth Ctr	Margaret Hallet, FSA	Roberta Romeo, Comm on Aging
Juanita Edwards, MCN	Nancy Masters, JFCS	Gary Schepke, MMHB
Elberta Eriksson, ISOJI/MDT	Gary Najarian, HHS/ATDP	Jasmine Stevenson, HYP
Bobbi Fischer, FCP	Kathy Page, Canal Allnce/FSA	Sharon Turner, MCN
Kristen Gardner, PEI Coord	<i>Rep</i> , Buckelew	Donna West, HHS/DPH

Welcome, Introductions and Updates

MHSA Budget: There will be no ballot initiative in June to reroute MHSA funding to other MH services. There will probably not be a ballot initiative in November either. Funds for PEI programs in 2010-11 are fine.

MHSA PEI Statewide Projects: Initially counties were told they had to assign the funds for statewide projects over to the State (about \$1 million for Marin). That is not the case, so Marin plans to move those funds into a Joint Powers Authority (JPA) that would pool funds from many counties and decisions about spending those funds for statewide/regional projects in alignment with State guidelines would be made by those counties jointly.

MH Awareness and Stigma Reduction: There has been a lot of media coverage of mental health issues generated, such as unemployment and mental health. Please attend the communications trainings and have your talking points ready so you can respond quickly if you are contacted.

PEI Com Vision: The Vision was approved in December. The final draft is provided (*handout*).

Primary Prevention in PEI – Gary Najarian

Handout: MHSA Guidelines on Prevention

Gary defined and gave examples of types of prevention. Almost all interventions can be seen as preventing something, so there are different levels identified. PEI is overall interested in looking at where our programs fit on this continuum and encouraging an increase in “primary prevention” over time.

Tertiary Providing **maintenance** services for people with a diagnosis to go as long as possible with as few symptoms and negative outcomes as possible

Secondary Providing **treatment** for people with a diagnosis. PEI provides brief intervention.

Primary Working with people who **do not have a diagnosis**.

Indicated: working with populations with symptoms

Selective: working with populations with identified risk

Universal: working with populations based on their characteristics that are not “risks” (such as pregnant women, TAY, Latino men, African American women)

Upcoming PEI Committee Activities

*Handout: Upcoming PEI Com Agendas & Subgroups
Annual State Report Form*

The original scope given to the PEI Committee was:

Oversee the implementation of the MHSA PEI projects, including:

- Create a “culture of prevention” in Marin
- Improve the mental health continuum of care
- Identify & solve implementation challenges
- Review & provide feedback on program evaluations

A draft of future meeting agendas has been created. Today’s item on Primary Prevention is an educational opportunity for everyone and the beginning of a conversation about developing a “culture of prevention” that moves further into “upstream” prevention over time. June’s meeting will be a sharing of tools used by PEI programs, in part as prep for the review of completed PEI Eval Reports. September will be the review of PEI Annual Evaluation Reports.

Most of the explicit work on the mental health continuum of care will be done in subgroups. In 2009 a Post Partum Depression subgroup convened for 3 meetings and had accomplished a few outcomes. The Integrated Behavioral Health subgroup is being convened in April. Others will follow later.

There are 3 reports due in the near future:

- April 9: - FY 10-11 budget update (see your current budgets in your contract)
- July 30: - State data (*handout*)
- County Annual Evaluation Report (*we will discuss at the June mtg*)

Additional Members

The PEI Committee is not looking to expand, but we do want to be sure that we have the appropriate representation on the committee. There have been a few suggestions made about possible new invitees. Today we will clarify who invites will be extended to:

- GLBTQ (Spectrum) – Gary Schepke and Kristen will work on this

Closing

Announcements

- The HHS Family Support newsletter for providers is soliciting short articles/announcements. Contact Donna West if you would like to submit something. (DWest@co.marin.ca.us)