

**MENTAL HEALTH SERVICES ACT
PREVENTION AND EARLY INTERVENTION COMMITTEE**

August 27, 2010 • 1:00-3:00 PM • Mtg #6

MINUTES

NEXT MEETING: Friday December 3, 1:00-3:00 pm. Location to be announced.

PEI Committee Meetings will be held quarterly 1:00-3:00 pm on the first Friday.

Participants

Cristin Brew, Spectrum/MMHB Victor Buick, MMOW Alaina Cantor, Novato Yth Ctr Dan Cohen, Full Court Press Pamela Dake Elberta Eriksson, ISOJI/MDT Georgie Farren, MCC Kristen Gardner, PEI Coord Jamie Goetz, CHA Bruce Gurganus, CMHS	Siobhann Hall, MCC Margaret Hallet, FSA Jane Ireland, MMOW Myra Levenson, Cmnty Mmbr Vinh Q Luu, CAM-MAAP Patty Lyons, CMHS/HOPE Nazanin Mahdieh, MCC Nancy Masters, JFCS Rene Mendez-Penate, CMHS Kathy Page, Canal Allnce/FSA	Sandra Ponek, Canal Alliance Ann Pring, CMHS Amy Reisch, First 5 Marin Bonne Goltz Reiser, JFCS Roberta Romeo, Comm on Aging Maritza Saucedo, MCC Anita Strohmeier, CHA Laura Trahan, MCOE/Triple P Carmen Tristan, Dffrntl Response Sharon Turner, Marin City Netwrk
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Welcome, Introductions and Updates

New Members: Pamela Dake.

MHSA PEI Funding: SAP at MLK was terminated due to changes at the school district level. MH Awareness & Stigma Reduction and Suicide Prevention will continue through FY10-11, then the PEI Statewide programs should be getting started, which will include Suicide Prevention, Stigma Reduction and Student Mental Health. We expect the other Marin PEI programs to have stable funding through FY13-14, as long as the programs are achieving their outcomes.

Data Collection: All programs must collect the data included on the State form, or be able to make educated estimates. It is now clear that the State wants data collected on LGBTQ and Primary Language, as well as the other data on the State form. Call Cristin Brew at Spectrum if you have questions about collecting LGBTQ data.

PEI Evaluation Discussion

Questions

- What have these PEI Programs achieved?
- What have we learned?
- What could the PEI Programs do differently to better reach our goals?

Youth: 1 ECMH, 2 Triple P

Achievements	Learnings/Questions	Possible Changes
(1) Successfully working with a variety of ECE providers to increase quality of care and prevent expelling of children (1) Increase parental understanding of children (1) Outreach opened access for other services (2) Has a better reading of the community and community has better understanding of Triple P	(1) Needs greater than expected (1) There are specific needs and cultures of Family Childcare workers (1) Need for planning & flexibility (1) How to work in sites that are not yours (2) Need for much groundwork, networking to introduce a new approach	(2) A Statewide Learning Exchange is looking at what it means for Triple P to Culturally Competent. Training the right people is a key aspect.

Transition Age Youth: 4 TAY PEI

Achievements	Learnings/Questions	Possible Changes
<ul style="list-style-type: none"> • More intrvntions than expected • Brief intrvntion really impactful • More srvc for un/underserved • Great collab w/MCC 	<ul style="list-style-type: none"> • Svcs for So Marin? TAY PEI is site specific. FSA has Teen Screen at Tam. Trying to get So Marin in Marin Adol Hlth Ntwork. • GAIN good sreen, but not for assessing change. • As relationship built, looks like clients get worse – more honest. • 2 sites diff, hard to compare 	<ul style="list-style-type: none"> • Learn more about the tools being used (screen, eval, etc) • Build on the change in structure that worked.

Adult/Older Adult: 5 Canal, 6 Integrated Behavioral Health, 7 HDM*

* 7 HDM has initial data, but not an evaluation report due to recent start date

Achievements	Learnings/Questions	Possible Changes
<ul style="list-style-type: none"> • Screened many who would not have been served (6) IBH changed clinic culture (6) leveraged Sutter/MCF \$ for Behvrl Health (6) Med staff can focus on med (5) Incrsed Fam Rsrce Specialist skills (5) Increased MH & social support, even after group ends • Decreased stigma barrier having “in-house” svcs 	<ul style="list-style-type: none"> (6) How are multiple languages addressed? In house translators or AT&T (5) The importance of stories. How to access self-reflection (6) PHQ9 can pick up a lot and PST can respond to a lot (6) Difficult to track data 	<ul style="list-style-type: none"> (6) Increase older adults svd (are older adults mostly in private practice?) • Providers need support when dealing with trauma • Look at MediCal demographics to compare PEI numbers to

General: 8 Suicide Prevention, 9 MH Awareness & Stigma Reduction

Achievements	Learnings/Questions	Possible Changes
<ul style="list-style-type: none"> (8) Still going and answered a lot of calls (9) Lots of people trained in media, lots of articles and radio pieces 	<ul style="list-style-type: none"> (8) # of volunteers? 30. Trng is 40 hrs 	<ul style="list-style-type: none"> (9) Can make results of PEI known (heard Suicide Prev Strat Plan on radio in other county) (9) Present # svrd differently

Southern Marin Services

Sharon Turner, Marin City Network, read a letter re: the termination of SAP at MLK program. MCN tried in many ways to get it going, but the school district went through a number of changes and is now working with Marin Community Foundation. It seems the school is providing mental health services “in-house” by hiring an LCSW.

Representatives from Marin City request that the funds from the SAP at MLK program be directed to other work in Marin City. CMHS will consider ideas that meet State guidelines.

- MMOW will send their mental health worker to the meal service in Marin City
- Triple P just trained 3 providers from Corstone who are working with the Marin City Clinic and have trained providers at childcare center
- MCC and FSA talking with Marin City clinic about collaboration, on site services
- ECMH working with childcare center in Marin City

Closing

- PEI Collaboration Survey will be sent out in next couple of months and reviewed at December mtg.
- PEI Programs will receive FY10-11 MOUs to sign and return to be filed with their contracts.