

**MENTAL HEALTH SERVICES ACT
PREVENTION AND EARLY INTERVENTION COMMITTEE**

March 4, 2011 • 1:00-3:00 PM • Mtg #8

MINUTES

NEXT MEETING: Friday May 6 1:00-3:00 pm. Location to be announced.

PEI Committee Meetings will be held quarterly 1:00-3:00 pm on the first Friday.

NOTE IMPORTANT DATES:

- **Second Annual Evaluations are due April 15**

- **Instead of a June meeting in 2011, there will be a May 6, 2011 meeting. Next meeting is Sept.**

Participants

Cristin Brew, Spectrum/MMHB	Bruce Gurganus, CMHS	Sandra Ponek, Canal Alliance
Kay Brown, NAMI/Cmnty Mmbr	Margaret Hallett, FSA	Ann Pring, CMHS
Victor Buick, MMOW	Jane Ireland, MMOW	Bonne Goltz Reiser, JFCS
Pamela Dake, Cmnty Mmbr	Myra Levenson, Cmnty Mmbr	Phyllis Ring, Easter Seals
Bobbi Fischer, FCP/MH Awrnss	Nancy Masters, JFCS	Anita Strohmeier, CHA
Kristen Gardner, PEI Coord	Kathy Page, FSA/Canal Allnc	Carmen Tristan, Differentl Rspns
Jamie Goetz, CHA	Rene Mendez-Penate, CMHS	Claire Zurack, Buckelew

Welcome, Introductions

Public Comment

- This is a new standing agenda item to allow attendees to comment on items not on the agenda. Comments will be time-limited.
 - Bonne Goltz Reiser: Had questions about services in Spanish for families on the coast with children under 5 years old. Limited. One person with Catholic Charities.

MHSA and Related Updates

Bruce Gurganus and Kristen Gardner

MH Awards: Please complete nomination forms for the MH Board awards. This will be the first year that PEI programs will be in place and can be recognized in this celebration.

State Budget Proposals: The Governor's proposal is to take funds one-time from the State's MHSA account. This will greatly reduce the savings available, making it harder to fill in when income is down, but will not affect the ongoing collection and distribution of funds. So therefore, we will see no immediate impact on Marin's programs.

Client Choice and Hospital Prevention: There are 2 Requests for Proposals on the CMHS website: 1) PEI Crisis Planning; 2) Client Choice & Hosp Prev – to start a crisis residential program.

Statewide PEI: Requests for proposals are out. Most are for Statewide programs. FSA is working with other counties to apply for regional Suicide Prevention funds. See www.calmhsa.org.

Statewide MHSA Evaluation: UCLA has been contracted to conduct a statewide evaluation for multiple components of MHSA, including PEI. They will be using the data you have been submitting, and then may also request further information.

MHSA Community Services and Supports (CSS): Marin has been putting MHSA funds in reserve in order to keep programs stable in case of reduced income. There is a limit to how much can be kept in reserve, so CMHS is releasing some CSS funds to expand existing CSS services for 2 years. By next meeting we will know what expansions will be funded.

PEI Committee Updates

Transition Age Youth Subgroup: The first meeting of a TAY subgroup recently took place. It will be looking at improving information and referrals, outreach to TAY, community understanding of and support for TAY issues, and how to increase key services.

Trainings: See back of Agenda handout. Kristen will continue to arrange discussions/trainings for during PEI Com meetings, refer PEI Com to available trngs, and initiate trngs as needed.

Evaluation Reports

The focus of the current evaluation period is to prepare for the next 2 year contract period. There may need to be adjustments to ensure effectiveness, but CMHS is not looking at major changes right now.

- Site Visits: taking place in March.
- Reports: due April 15. Final forms will be sent out soon. Minimal changes to last year's forms.
- May 6 PEI Committee Meeting: discuss evaluation reports.
 - Will provide clear format for presentations, feedback, etc.
- PEI Revised Planning Process: We will conduct a process to consider current priorities. May result in significant program/contract changes. Will take place later part of 2012, maybe into early 2013.

Fiscal Reports/Invoices

- Fiscal requests that you submit your Outreach Logs WITH your invoices. Please note timeline provided on instructions (Feb Invoice and Logs due March 15. July-Jan Logs due end of March. From then on submit Logs and Invoices together).
- Larger programs should be invoicing every 1-2 months. Smaller programs can invoice quarterly.

Support for Mental Health Workers

Kathy Page, Canal Alliance

- Please see handouts provided with minutes.
- Kathy provided an overview of trauma, vicarious trauma, and how to reduce the impact of vicarious trauma in the workplace. It is hard for providers to work with clients effectively if they are affected by their own trauma or vicarious trauma. Providing support for and recognition of the issue in the workplace is key.

Closing

Meeting Evaluation:

What is working	What could be improved/changed
<ul style="list-style-type: none">• PEI Collegiality has grown• Discussions/trainings are good• Useful information to take back to orgs• Review of reporting process	<ul style="list-style-type: none">• Always have mtg in same location• Have providers present cases (successes, challenges)• (later) Networking time