

CDA Service Categories and Data Dictionary

| Service Category | Unit Measure ¹ | Definitions | NAPIS Reference | Definition / Historical Reference ² | Primary Funding Source | Priority Service | Registered or Non-Registered ³ |
|--|---------------------------|--|-----------------|--|------------------------|------------------|---|
| AAA Activities and CARS Reporting | | | | | | | |
| Personal Care | 1 Hour | Personal assistance, stand-by assistance, supervision or cues. (such as with eating, bathing, toileting, transferring in/out of bed/chair, walking, dressing, grooming). | NAPIS 1 | NAPIS Div 4000 Unit 20 | Title III B | Yes | Registered |
| Homemaker | 1 Hour | Assistance such as preparing meals, shopping for personal and household items, managing money, using the telephone or doing light housework. | NAPIS 2 | NAPIS Div 4000 Unit 50, Unit 27 | Title III B | Yes | Registered |
| Chore | 1 Hour | Assistance such as heavy housework, yard work or sidewalk and other home maintenance for a person. | NAPIS 3 | NAPIS Div 4000 Unit 5 | Title III B | Yes | Registered |
| Home-Delivered Meals | 1 Meal | A meal provided to an eligible individual in his or her place of residence, that meets all of the requirements of the Older Americans Act and State/Local laws, assures a minimum one-third of the current Dietary Reference Intake, and shall comply with Dietary Guidelines for Americans. | NAPIS 4 | NAPIS Div 4000 Unit 51 | Title III C-2 | No | Registered |
| Adult Day Care / Adult Day Health | 1 Hour | Personal care for dependent elders in a supervised, protective, and congregate setting during some portion of a day. Services offered in conjunction with adult day care/adult day health typically include social and recreational activities, training, counseling, and services such as rehabilitation, medications assistance and home health aide services for adult day health. | NAPIS 5 | NAPIS Div 4000 Pr 5, Pr 11, Pr 17 | Title III B | Yes | Registered |
| Case Management | 1 Hour | Assistance either in the form of access coordination in circumstances where the older person is experiencing diminished functioning capacities, personal conditions or other characteristics which require the provision of services by formal service providers or family caregivers. Activities of case management include such practices as assessing needs, developing care plans, authorizing and coordinating services among providers, and providing follow-up and reassessment, as required. | NAPIS 6 | NAPIS Div 4000 Pr 3 | Title III B | Yes | Registered |
| Assisted Transportation | 1 One Way Trip | Assistance and transportation, including escort, to a person who has difficulties (physical or cognitive) using regular vehicular transportation. | NAPIS 7 | NAPIS Div 4000 Unit 10 | Title III B | No | Registered |
| Congregate Meals | 1 Meal | A meal provided to an eligible individual in a congregate group setting, that meets all of the requirements of the Older Americans Act and State/Local laws, and assures a minimum one-third of the Dietary Reference Intake, and shall comply with Dietary Guidelines for Americans. | NAPIS 8 | NAPIS Div 4000 Pr 20 | Title III C-1 | No | Registered |

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| Nutrition Counseling | 1 Session Per Participant | Individualized guidance to individuals who are at nutritional risk because of their health or nutrition history, dietary intake, chronic illnesses, or medications use, or to caregivers. Counseling is provided one-on-one by a registered dietitian, and addresses the options and methods for improving nutrition status. Nutrition counseling may be made either in person or by any other means deemed appropriate (e.g., telephone, emails, etc.) | NAPIS 9 | NAPIS Div 4000 Unit 53 | Title III C-1 Title III C-2 Title III D ⁴ | No | Registered |
| Transportation | 1 One Way Trip | Transportation from one location to another. Does not include any other activity. May include travel vouchers and transit passes. | NAPIS 10 | NAPIS Div 4000 Pr 12 | Title III B | Yes | Non-Registered |
| Legal Assistance | 1 Hour | Legal advice, counseling and/or representation by an attorney or other person acting under the supervision of an attorney. | NAPIS 11 | NAPIS Div 4000 Pr 14 | Title III B | Yes | Non-Registered |
| Nutrition Education | 1 Session Per Participant | A program to promote better health by providing accurate and culturally sensitive nutrition, physical fitness, or health (as it relates to nutrition) information and instruction to participants, caregivers, or participants in a group or individual setting overseen by a dietitian or individual of comparable expertise. Methods of education may include demonstrations, audio-visual presentations, or small group discussions for congregate program participants. Handout materials may be used, but not limited to, as the sole education component for home-delivered meal program participants. | NAPIS 12 | NAPIS Div 4000 Unit 52 | Title III C-1 Title III C-2 Title III D ⁴ | No | Non-Registered |
| Information and Assistance | 1 Contact | A service that: (A) provides individuals with information on services available within the communities; (B) links individuals to the services and opportunities that are available within the communities; (C) to the maximum extent practicable, establishes adequate follow-up procedures. Internet web site "hits" are to be counted only if information is requested and supplied, and (C) is satisfied. Maximum extent practicable includes offering a follow-up call to all individuals who were linked to a service. Individuals can remain anonymous and refuse a follow-up call. | NAPIS 13 | NAPIS Div 4000 Pr 1 | Title III B | Yes | Non-Registered |
| Outreach | 1 Contact | Interventions (one-on-one contacts) with individuals initiated by an agency or provider for the purpose of identifying potential clients (or their age 60+ caregivers) and encouraging their use of existing services and benefits. | NAPIS 14 | NAPIS Div 4000 Unit 19 | Title III B | Yes | Non-Registered |

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| Health Promotion | 1 Contact | Provide health risk assessments; routine health screening; nutrition counseling/education services; evidence-based health promotion; physical fitness, group exercise, music, art therapy, dance movement and programs for multigenerational participation; home injury control services; screening for the prevention of depression and coordination of other mental health services; gerontological and social service counseling; and education on preventative health services. Primary activities are normally on a one-to-one basis; if done as a group activity, each participant shall be counted as one contact unit. | NAPIS 16 - Health Promotion | Older Americans Act Sec 102 (14) | Title III D ³ | No | Non-Registered |
| Alzheimer's Day Care Services | 1 Day of Attendance | Day of attendance (four hours minimum) at a licensed Adult Day Care or Adult Day Health Care Center that provides Alzheimer's or dementia services. | NAPIS 15 - Other | Div 4000 Pr 6 | Title III B | Yes | Non-Registered |
| Cash / Material Aid | 1 Assistance | Arrange for and provide assistance to participants in the form of commodities, surplus food distribution, emergency cash assistance, and vouchers. | NAPIS 15 - Other | Div 4000 Unit 15 | Title III B | No | Non-Registered |
| Community Education | 1 Activity | Educating groups of older persons, their families, friends, and community organizations/facility staff on rights, benefits, entitlements, and health and wellness information for older persons either residing at home or in an institutional setting. | NAPIS 15 - Other | Div 4000 Unit 9 | Title III B | No | Non-Registered |
| Comprehensive Assessment | 1 Hour | Evaluating a person's physical, psychological, and social needs, financial resources, and the strengths and weaknesses of their informal support system and the immediate environment as a basis for determining current functional ability and potential improvement in order to develop the appropriate services needed to maximize functional independence. | NAPIS 15 - Other | Div 4000 Unit 32 CCR 7112 | Title III B | Yes | Non-Registered |
| Disaster Preparedness Materials | 1 Product | Assemble and distribute disaster preparedness materials such as File of Life or preparedness kits that will assist seniors in the event of an emergency. | NAPIS 15 - Other | No reference | Title III B | No | Non-Registered |
| Elder Abuse Prevention, Education and Training | 1 Session | Public education and training of professionals to develop, strengthen, and carry out programs for the prevention, detection, assessment, and treatment of, intervention in, investigation of, and response to elder abuse, neglect, and exploitation (including financial exploitation). This includes training for Title III E caregivers. | NAPIS 15 - Other | Div 4000 Pr 22 | Title VII B | No | Non-Registered |
| Elder Abuse Prevention Educational Materials | 1 Product | Educational materials and guidance kits distributed for the prevention, detection, assessment, and treatment of, intervention in, investigation of, and response to elder abuse, neglect, and exploitation (including financial exploitation). | NAPIS 15 - Other | Div 4000 Pr 22 | Title VII B | No | Non-Registered |

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| Employment | 1 Activity | Activities designed to maintain or obtain part-time/full-time employment for older persons or to assist them in selecting and entering into a second career. This can be accomplished through activities including but not limited to career counseling, recruitment, assessment, training, job club, and job development. | NAPIS 15 - Other | Div 4000 Pr 15 | Title III B | No | Non-Registered |
| Health | 1 Hour | Activities such as health screening, physical fitness, therapy, and hospice to assist older individuals to improve or maintain physical health and secure necessary medical, preventive health, or health maintenance services. Health screening, therapy, and hospice must be provided by a licensed health professional or by a paraprofessional supervised by a licensed health professional. Does not include services covered by Medicare, Medi-Cal, or other health insurance. | NAPIS 15 - Other | Div 4000 Pr 9, Unit 13, Unit 21, Unit 29, Unit 37 | Title III B | Yes | Non-Registered |
| Housing | 1 Hour | Assistance in locating adequate housing through referral or placement. | NAPIS 15 - Other | Div 4000 Pr 4 | Title III B | No | Non-Registered |
| Interpretation / Translation | 1 Contact | Provide interpretation/translation services for older individuals and their caregivers. | NAPIS 15 - Other | Div 4000 Unit 4 | Title III B | No | Non-Registered |
| Mobility Management Activities | 1 Hour | Activities related to increasing transportation and mobility options for older adults by providing assistance, information, travel training, trip planning, coordination of service public or private transit operators, scheduling, access to transit information, creation of new models of service such as volunteer driver programs and shuttles. | NAPIS 15 - Other | | Title III B | No | Non-Registered |
| Medication Management ⁵ | 1 Contact | Medication Management is a required service with a separate funding allocation to provide medication screening and education to an individual and/or the caregiver to prevent incorrect medication administration and adverse drug reactions. Primary activities are normally on a one-to-one basis; if done as a group activity, each participant shall be counted as one contact unit. | NAPIS 15 - Other | PM 01-03 (P) AoA-PI-01-03 January 8, 2001 | Title III D | No | Non-Registered |
| Mental Health | 1 Hour | Provide services such as screening, assessment, therapy, counseling, follow-up, and referral to maintain or improve the mental health of older individuals. Mental Health services must be provided by a licensed health professional or by a paraprofessional supervised by a licensed health professional. Does not include services covered by Medicare, Medi-Cal, or other health insurance. | NAPIS 15 - Other | Div 4000 Pr 10, Unit 11, Unit 23, Unit 29 | Title III B | Yes | Non-Registered |
| Peer Counseling | 1 Hour | Use the skills and/or life experiences of trained volunteers, under qualified supervision, to provide advice, guidance, and support in a self-help approach in order to enhance well-being and enable clients to make informed choices. | NAPIS 15 - Other | Div 4000 Unit 7 | Title III B | No | Non-Registered |
| Personal Affairs Assistance | 1 Contact | Provide assistance in writing letters and with the completion of financial forms, including tax forms, and other written or electronic documents. | NAPIS 15 - Other | Div 4000 Unit 12, Pr 16 | Title III B | No | Non-Registered |

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| Personal / Home Security | 1 Product | Services for the security and safety of their home environment, by providing safety features such as: medical alert, alarms, assistive devices (including provision of assistive technology services and assistive technology devices). | NAPIS 15 - Other | Div 4000 Pr 7 | Title III B | No | Non-Registered |
| Public Information | 1 Activity | Contact with multiple current or potential clients or caregivers through publications, publicity campaigns, and other mass media campaigns including Internet websites. | NAPIS 15 - Other | NAPIS | Title III B | Yes | Non-Registered |
| Registry | 1 Hour | Recruit workers, maintain a current list of qualified workers, refer workers to clients or clients to workers, and follow-up to assure that service was received. | NAPIS 15 - Other | Div 4000 Unit 41 | Title III B | No | Non-Registered |
| Residential Repairs / Modifications | 1 Modification | Residential modifications of homes that are necessary to facilitate the ability of older individuals to remain at home and that are not available under other programs. Includes minor repairs/renovations in order to meet safety, health issues, and code standards. | NAPIS 15 - Other | Div 4000 Unit 1, Unit 48 | Title III B | Yes | Non-Registered |
| Respite Care | 1 Hour | Arrange for relief of the relatives or other caregivers of the frail elderly living at home by the coordination or direct provision of supportive services to the older person(s) while the primary caregiver is temporarily absent (includes Adult Day Care as a respite service for families). | NAPIS 15 - Other | Div 4000 Pr 18, Unit 45 | Title III B | Yes | Non-Registered |
| Senior Center Activities | 1 Hour | Services designed to enable older individuals to attain and/or maintain physical and mental well-being such as recreation, music, creative arts, physical activity, education, leadership development and other supportive services not covered under other service categories. Development and provision of new volunteer opportunities and services, and creation of additional services and programs to remedy gaps and deficiencies in existing services. Entertainment costs such as tickets to shows or sporting events, meals, lodging, rentals, transportation and gratuities, are not allowable. | NAPIS 15 - Other | Div 4000 Pr 13 OMB A-87 | Title III B | No | Non-Registered |
| Telephone Reassurance | 1 Contact | Telephone a client to provide contact and safety checks to reassure and support older individuals. | NAPIS 15 - Other | Div 4000 Unit 28 | Title III B | Yes | Non-Registered |
| Visiting | 1 Hour | Visit a client to provide contact and safety checks to reassure and support older individuals. | NAPIS 15 - Other | Div 4000 Unit 31 | Title III B | Yes | Non-Registered |

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| FCSP - Caregiver Caring for Elderly | | | | | | | |
| Support Services | | | | | | | |
| Caregiver Assessment (Caring for Elderly) | 1 Hour | An FCSP Support Service conducted by persons trained and experienced in the skills required to deliver the service that should result in a plan that includes emergency back-up provisions and is periodically updated; and will explore options and courses of action for caregivers by identifying their: (A) willingness to provide care; (B) duration and care frequency preferences; (C) caregiving abilities; (D) physical health, psychological, social support, and training needs; (E) financial resources relative for caregiving; and (F) strengths and weaknesses within the immediate caregiving environment and (caregiver's) extended informal support system. | NAPIS FCSP 1 Support Svs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Counseling (Caring for Elderly) | 1 Hour | An FCSP Support Service provided to a caregiver by a person appropriately trained and experienced in the skills required to deliver the level of support needed for stress, depression, and loss as a result of caregiving responsibilities. This service (A) may involve his or her informal support system; (B) may be individual direct sessions and/or telephone consultations, and (C) may address caregiving-related financial and long-term care placement responsibilities. | NAPIS FCSP 1 Support Svs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Peer Counseling (Caring for Elderly) | 1 Hour | An FCSP Support Service provided by experienced volunteers on the condition that appropriate training and qualified supervision protocols are in place. | NAPIS FCSP 1 Support Svs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Support Group (Caring for Elderly) | 1 Hour | An FCSP Support Service provided to a group of 3 - 12 caregivers that is led by a competent facilitator; conducted at least monthly within a supportive setting or via a controlled access, moderated online or teleconference approach; for the purpose of sharing experiences and ideas to ease the stress of caregiving, and to improve decision-making and problem-solving skills related to their caregiving responsibilities. | NAPIS FCSP 1 Support Svs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Training (Caring for Elderly) | 1 Hour | An FCSP Support Service consisting of workshops or one-on-one individually tailored sessions, conducted either in person or electronically by a skilled and knowledgeable individual, to assist caregivers in developing the skills and gaining the knowledge necessary to fulfill their caregiving responsibilities; and address the areas of health, nutrition, and financial literacy. | NAPIS FCSP 1 Support Svs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |

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| Caregiver Case Management (Caring for Elderly) | 1 Hour | An FCSP Support Service provided by a person who is trained and experienced in the skills that are required to coordinate and monitor the provision of formal caregiver-related services in circumstances where caregivers are experiencing diminished capacities due to mental impairment or temporary severe stress and/or depression. | NAPIS FCSP 1 Support Svcs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Respite Care | | | | | | | |
| Caregiver Respite In-Home Supervision (Caring for Elderly) | 1 Hour | An FCSP Respite Care service that includes the provision of care receiver day and/or overnight supervision and friendly visiting by an appropriately skilled provider or volunteer in order to prevent wandering and health or safety incidents. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Homemaker Assistance (Caring for Elderly) | 1 Hour | An FCSP Respite Care service that includes the provision of care receiver assistance with meal preparation, medication management, using the phone, and or light housework (along with care receiver supervision) by an appropriately skilled provider or volunteer. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite In-Home Personal Care (Caring for Elderly) | 1 Hour | An FCSP Respite Care service that includes the provision of care receiver assistance with eating, bathing, toileting, transferring, and or dressing (along with care receiver supervision and related homemaker assistance) by an appropriately skilled provider. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Home Chore (Caring for Elderly) | 1 Hour | An FCSP Respite Care service that includes an appropriately skilled provider or volunteer assisting a caregiver with heavy housework, yard work, and or sidewalk and other routine home maintenance (but not structural repairs) associated with caregiving responsibilities. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Out-of-Home Day Care (Caring for Elderly) | 1 Hour | An FCSP Respite Care service where the care receiver attends a supervised/protective, congregate setting during some portion of a day, and includes access to social and recreational activities. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Out-of-Home Overnight Care (Caring for Elderly) | 1 Hour | An FCSP Respite Care service where the care receiver is temporarily placed in a supervised/protective, residential setting for one or more nights, and may include access to nursing and personal care. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Supplemental Services | | | | | | | |
| Assistive Devices for Caregiving (Caring for Elderly) | 1 Device is 1 Occurrence | An FCSP Supplemental Service that involves the purchase, rental and/or service fee of any equipment or product system (ranging from a lift chair or bathtub transfer bench to an electronic pill dispenser or emergency alert fall prevention device) in order to facilitate and fulfill caregiving responsibilities. | NAPIS FCSP 3 Supplemental Svcs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |

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| Home Adaptations for Caregiving (Caring for Elderly) | 1 Modification is 1 Occurrence | An FCSP Supplemental Service that makes any minor or major physical change to the home (ranging from installation of grab bars or replacement of door handles to construction of an entrance ramp or roll-in shower) in order to fulfill caregiving responsibilities. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiving Services Registry (Caring for Elderly) | 1 Hour is 1 Occurrence | An FCSP Supplemental Service that recruits, screens, and maintains a listing of dependable, qualified self-employed homemaker or respite care workers who may be matched with caregivers willing to use personal resources to pay for assistance with their caregiving responsibilities. Both the caregiver and the self-employed worker will be: (A) advised about appropriate compensation and workplace performance expectations; and (B) provided with follow-up to ensure the match is functioning effectively. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiving Emergency Cash / Material Aid (Caring for Elderly) | 1 Assistance is 1 Occurrence | An FCSP Supplemental Service that arranges for and provides assistance to caregivers in the form of commodities, surplus food, emergency cash, transit passes, meals, and vouchers that will help meet identified needs associated with an individual caregiver's responsibilities. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Access Assistance | | | | | | | |
| Caregiver Outreach (Caring for Elderly) | 1 Contact | An FCSP Access Assistance service involving interventions (one-on-one contacts with individuals) initiated by an agency or provider for the purpose of identifying caregivers and encouraging their use of existing caregiver support services (e.g., Caregiver InfoVan staff contacts outside of local market). | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Caregiving Information and Assistance (Caring for Elderly) | 1 Contact | An FCSP Access Assistances service that: (A) provides caregivers with information on services available within the communities, including caregiving information related to assistive technology and caring for older individuals at risk for institutional placement; (B) links caregivers to the services and opportunities that are available within the communities; (C) to the maximum extent practicable, establishes adequate follow-up procedures (caregiver may remain anonymous and refuse follow-up contact). | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Caregiver Interpretation / Translation (Caring for Elderly) | 1 Contact | An FCSP Access Assistance Service for the provision of bilingual communication assistance to a caregiver in order to access assistance and receive support for his or her caregiving responsibilities (e.g., staff interpreting dialogue between caregiver and care consultant staff translating an elder's prescription drug label for his caregiver). | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Caregiver Legal Resources (Caring for Elderly) | 1 Contact | An FCSP Access Assistance Service involving one-to-one guidance provided by an attorney (or person under the supervision of an attorney) in the use of legal resources and services when assisting a caregiver with caregiving-related legal issues. | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |

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| Information Services | | | | | | | |
| Public Information on Caregiving (Caring for Elderly) | 1 Activity | An FCSP Information Service designed to provide information about available FCSP and other caregiver support resources and services by disseminating publications, conducting media campaigns, and maintaining electronic information systems (e.g., quarterly newsletter). | NAPIS FCSP 5 Information Svs | OAA 373(b)(1) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Community Education on Caregiving (Caring for Elderly) | 1 Activity | An FCSP Information Service designed to educate groups of current or potential caregivers and those who may provide them with assistance about available FCSP and other caregiver support resources and services (e.g., booth at a health fair). | NAPIS FCSP 5 Information Svs | OAA 373(b)(1) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |

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| FCSP - Grandparent Caring for Child | | | | | | | |
| Support Services | | | | | | | |
| Caregiver Assessment (Caring for Child) | 1 Hour | An FCSP Support Service provided to a caregiver by a person appropriately trained and experienced in the skills required to deliver the level of counseling service, which may range from guidance with caregiving responsibilities to therapy for stress, depression, and loss; and (A) may involve his or her informal support system; (B) may be individual direct sessions and/or telephone consultations, and (C) may address caregiving-related financial and long-term care placement responsibilities. | NAPIS FCSP 1 Support Svcs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Counseling (Caring for Child) | 1 Hour | An FCSP Support Service provided to a caregiver by a person appropriately trained and experienced in the skills required to deliver the level of support needed for stress, depression, and loss as a result of caregiving responsibilities. This service (A) may involve his or her informal support system; (B) may be individual direct sessions and/or telephone consultations, and (C) may address caregiving-related financial and long-term care placement responsibilities. | NAPIS FCSP 1 Support Svcs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
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| Caregiver Support Group (Caring for Child) | 1 Hour | An FCSP Support Service provided to a group of 3 - 12 caregivers that is led by a competent facilitator; conducted at least monthly within a supportive setting or via a controlled access, moderated online or teleconference approach; for the purpose of sharing experiences and ideas to ease the stress of caregiving, and to improve decision-making and problem-solving skills related to their caregiving responsibilities. | NAPIS FCSP 1 Support Svcs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Training (Caring for Child) | 1 Hour | An FCSP Support Service consisting of workshops or one-on-one individually tailored sessions, conducted either in person or electronically by a skilled and knowledgeable individual, to assist caregivers in developing the skills and gaining the knowledge necessary to fulfill their caregiving responsibilities; and shall address the areas of health, nutrition, and financial literacy. | NAPIS FCSP 1 Support Svcs | OAA 373(b)(3) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |

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| Respite Care | | | | | | | |
| Caregiver Respite In-Home Supervision (Caring for Child) | 1 Hour | An FCSP Respite Care service that includes the provision of care receiver day and/or overnight supervision and friendly visiting by an appropriately skilled provider or volunteer in order to prevent wandering and health or safety incidents. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Homemaker Assistance (Caring for Child) | 1 Hour | An FCSP Respite Care service that includes the provision of care receiver assistance with meal preparation, medication management, using the phone, and or light housework (along with care receiver supervision) by an appropriately skilled provider or volunteer. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite In-Home Personal Care (Caring for Child) | 1 Hour | An FCSP Respite Care service that includes the provision of care receiver assistance with eating, bathing, toileting, transferring, and or dressing (along with care receiver supervision and related homemaker assistance) by an appropriately skilled provider. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Home Chore (Caring for Child) | 1 Hour | An FCSP Respite Care service that includes an appropriately skilled provider or volunteer assisting a caregiver with heavy housework, yard work, and or sidewalk and other routine home maintenance (but not structural repairs) associated with caregiving responsibilities. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Out-of-Home Day Care (Caring for Child) | 1 Hour | An FCSP Respite Care service where the care receiver attends a supervised/protective, congregate setting during some portion of a day, and includes access to social and recreational activities. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiver Respite Out-of-Home Overnight Care (Caring for Child) | 1 Hour | An FCSP Respite Care service where the care receiver is temporarily placed in a supervised/protective, residential setting for one or more nights, and may include access to nursing and personal care. | NAPIS FCSP 2 Respite Care | OAA 373(b)(4) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Supplemental Services | | | | | | | |
| Assistive Devices for Caregiving (Caring for Child) | 1 Device is 1 Occurrence | An FCSP Supplemental Service that involves the purchase, rental and/or service fee of any equipment or product system (ranging from a lift chair or bathtub transfer bench to an electronic pill dispenser or emergency alert fall prevention device) in order to facilitate and fulfill the caregiving responsibilities. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |

CDA Service Categories and Data Dictionary

| Service Category | Unit Measure ¹ | Definitions | NAPIS Reference | Definition / Historical Reference ² | Primary Funding Source | Priority Service | Registered or Non-Registered ³ |
|--|--------------------------------|---|--------------------------------|--|------------------------|------------------|---|
| Home Adaptations for Caregiving (Caring for Child) | 1 Modification is 1 Occurrence | An FCSP Supplemental Service that makes any minor or major physical change to the home (ranging from installation of grab bars or replacement of door handles to construction of an entrance ramp or roll-in shower) in order to facilitate and fulfill caregiving responsibilities. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiving Services Registry (Caring for Child) | 1 Hour is 1 Occurrence | An FCSP Supplemental Service that recruits, screens, and maintains a listing of dependable, qualified self-employed homemaker or respite care workers who may be matched with caregivers willing to use personal resources to pay for assistance with their caregiving responsibilities. Both the caregiver and the self-employed worker will be: (A) advised about appropriate compensation and workplace performance expectations; and (B) provided with follow-up to ensure the match is functioning effectively. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Caregiving Emergency Cash / Material Aid (Caring for Child) | 1 Assistance is 1 Occurrence | An FCSP Supplemental Service that arranges for and provides assistance to caregivers in the form of commodities, surplus food, emergency cash, transit passes, meals, and vouchers that will help meet identified needs associated with an individual caregiver's responsibilities. | NAPIS FCSP 3 Supplemental Svs | OAA 373(b)(5) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Registered |
| Access Assistance | | | | | | | |
| Caregiver Outreach (Caring for Child) | 1 Contact | An FCSP Access Assistance service involving interventions (one-on-one contacts with individuals) initiated by an agency or provider for the purpose of identifying caregivers and encouraging their use of existing caregiver support services (e.g., Caregiver InfoVan staff contacts outside of local market). | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Caregiving Information and Assistance (Caring for Child) | 1 Contact | An FCSP Access Assistance service that: (A) provides caregivers with information on services available within the communities, including caregiving information related to assistive technology and caring for older individuals at risk for institutional placement; (B) links caregivers to the services and opportunities that are available within the communities; (C) to the maximum extent practicable, establishes adequate follow-up procedures (caregiver may remain anonymous and refuse follow-up contact). | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Caregiver Interpretation / Translation (Caring for Child) | 1 Contact | An FCSP Access Assistance service for the provision of bilingual communication assistance to a caregiver in order to access assistance and receive support for his or her caregiving responsibilities (e.g., staff interpreting dialogue between caregiver and care consultant staff translating an elder's prescription drug label for his caregiver). | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Caregiver Legal Resources (Caring for Child) | 1 Contact | An FCSP Access Assistance service involving one-to-one guidance provided by an attorney (or person under the supervision of an attorney) in the use of legal resources and services when assisting a caregiver with caregiving-related legal issues. | NAPIS FCSP 4 Access Assistance | OAA 373(b)(2) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |

CDA Service Categories and Data Dictionary

| Service Category | Unit Measure ¹ | Definitions | NAPIS Reference | Definition / Historical Reference ² | Primary Funding Source | Priority Service | Registered or Non-Registered ³ |
|---|---------------------------|---|------------------------------|--|------------------------|------------------|---|
| Information Services | | | | | | | |
| Public Information on Caregiving (Caring for Child) | 1 Activity | An FCSP Information Service designed to provide information about available FCSP and other caregiver support resources and services by disseminating publications, conducting media campaigns, and maintaining electronic information systems (e.g., quarterly newsletter). | NAPIS FCSP 5 Information Svs | OAA 373(b)(1) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |
| Community Education on Caregiving (Caring for Child) | 1 Activity | An FCSP Information Service designed to educate groups of current or potential caregivers and those who may provide them with assistance about available FCSP and other caregiver support resources and services (e.g., booth at a health fair). | NAPIS FCSP 5 Information Svs | OAA 373(b)(1) NAPIS CDA FCSP Service Matrix | Title III E | N/A | Non-Registered |

CDA Service Categories and Data Dictionary

| Service Category | Unit Measure ¹ | Definitions | NAPIS Reference | Definition / Historical Reference ² | Primary Funding Source | Priority Service | Registered or Non-Registered ³ |
|---|---------------------------|---|-----------------|--|------------------------|------------------|---|
| Fiscally Allowable Administrative Activities | | | | | | | |
| Program Development | N/A | Activities that either establish a new service or expand or integrate existing services. | Non-NAPIS | CDA Standard Agreement Exhibit A | Title III B | No | N/A |
| Coordination | N/A | Activities that involve the active participation of the AAA staff to include liaison with non-OAA funded agencies and organizations for the purpose of avoiding duplication, improving services, resolving problems related to service delivery, and addressing the service needs of the eligible service population. | Non-NAPIS | CDA Standard Agreement Exhibit A | Title III B | No | N/A |
| CARS/ Data Reporting Systems | N/A | Purchase, development, and maintenance of software designed to meet the requirements of the California Aging Reporting System. | Non-NAPIS | PM 08-15 (P) | Title III B | No | N/A |
| Emergency Preparedness | N/A | Develop long-term emergency plans. | Non-NAPIS | | Title III B | No | N/A |
| Senior Center Staffing | N/A | Assist with the operation of the multipurpose senior center by meeting all or part of the costs of compensating professional and technical personnel required for the operation of the center. | Non-NAPIS | Div 4000 Unit 42 | Title III B | No | N/A |

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| | Denotes Cluster 1 services. Reporting requirements include unduplicated client counts by characteristic, ADLs/IADLs and service units. |
| | Denotes Cluster 2 services. Reporting requirements include unduplicated client counts by characteristic and service units. For FCSP, ADL/IADL information is required for Care Receivers served in "Caregiver Caring for Elderly" component only. |
| | Denotes Non-Registered services. Reporting requirements include estimated unduplicated client counts and service units. |
| | Denotes FCSP Registered services. Reporting requirements include unduplicated client counts by characteristic and service units for Caregivers. ADL/IADL information is required for Care Receivers served in "Caregiver Caring for Elderly" component only. |
| | Denotes fiscally allowable administrative activities. |

¹ AAAs must track the actual time services provided in their local database (i.e. minutes, fractions). All service units that are measured in hours must be reported as whole numbers (no fractions/partial units can be reported). When exporting this data to the California Aging Reporting System (CARS) the AAA's software system must round total service units for each client by month and by service category to the nearest integer (i.e. can round up or down). This should not affect the actual data in the AAA database, only the service unit totals in the CARS export files. Due to rounding, CDA expects minor service unit discrepancies (not to exceed 10 percent) between the AAA database and CARS. Also see "CARS Overview and Guidance" document.

² All references to Division 4000 and CDA FCSP Service Matrix are for historical reference only.

³ In addition to reporting service units, AAAs must also report unduplicated client enrollments/estimated audience size (see the color key above for further information).

⁴ AAAs may designate Title IIID funding to provide "Nutrition Education" and "Nutrition Counseling" according to NAPIS 9 and NAPIS 12 service category definitions. The funding must be reported as separate budget line items in the Area Plan Budget (i.e. Title IIID Nutrition Education and Title IIID Nutrition Counseling). Performance data must be reported under NAPIS 9 (Nutrition Counseling) and NAPIS 12 (Nutrition Education) categories in CARS. AAAs may also designate separate Title IIID funding to provide "Health Promotion" services, where nutrition education and nutrition counseling are allowable activities. In such instances, these activities must be reported in the NAPIS 16 - (Health Promotion) service category in CARS and funds must be budgeted only in the "Health Promotion" line item.

CDA Service Categories and Data Dictionary

| Service Category | Unit Measure ¹ | Definitions | NAPIS Reference | Definition / Historical Reference ² | Primary Funding Source | Priority Service | Registered or Non-Registered ³ |
|------------------|---------------------------|-------------|-----------------|--|------------------------|------------------|---|
|------------------|---------------------------|-------------|-----------------|--|------------------------|------------------|---|

⁵ AAAs may move/transfer funding from "Health Promotion" to "Medication Management." The Administration on Aging has indicated that AAAs may not move/transfer funding from "Medication Management" to "Health Promotion" because Medication Management funds were appropriated exclusively for those specific activities. Per the AAA contract, a budget revision is required if the Service Category transfer exceeds 10%.