

**MENTAL HEALTH SERVICES ACT
PREVENTION AND EARLY INTERVENTION COMMITTEE**

March 8, 2013 • 1:00-3:00 PM • Mtg #16

MINUTES

NEXT MEETING: Friday April 26, 1:00 pm. 3240 Kerner, Room 110

SPECIAL MEETING!!

• *Local PEI Logic Model and Evaluation Mtg with RAND*

Participants

Julie Baker, Ritter Center	Siobhann Hall, MCC	Bonne Goltz Reiser, JFCS
Julia Chu, JFCS	Margaret Hallett, FSA	Lisa Schwartz, MCOE
Paul Cohen, LAM	Margaret Kisliuk, HHS	Marcus Small, CfRP
Elberta Eriksson, S Marin MDT	Myra Levenson, Commty Mmbr	Judith Snead, MCC
Christina Fass, MCOE	Vinh Luu, CAM/Asian Advocacy	Jasmine Stevenson, HYP
Seth Friedrich, CAM	Nancy Masters, JFCS	Carmen Tristan, Diff Response
Kristen Gardner, PEI Coord	Ricardo Moncrief, MCHWC	Kara Vernor, NYC
Jamie Goetz, CHA	Sandy Ponek, Canal Alliance	Marty Zelin, MHB
Nellrose Graham, CAM	Ann Pring, MHSUS	Claire Zurack, Buckelew TAY

Welcome, Introductions

- Legal Services available: please send referrals for PEI clients or Mental Health system of care to Legal Aid of Marin (*referral and info release forms attached*)

Public Comment

- Marin Mental Health Board is working to address the stigma/discrimination coming up in regards to a perceived association between mental illness and gun violence.

Student Mental Health Initiative *Lisa Schwartz, MCOE*

Statewide PEI funds support mental health efforts at schools. Lisa is the coordinator for our regional project in K-8. An overall goal is to increase the capacity and cross-system collaborations to develop and sustain school-based mental health programs. Specific program work locally includes

- achieving a baseline of knowledge regarding MH and referral processes among school staff
- bullying prevention, including a focus on cyber-bullying and LGBTQ as a high-risk population
- Triple P (Positive Parenting Program) training for school staff (skills in working with students as well as referring families to further services)

A statewide clearinghouse of programs is being developed: <http://www.regionalk12smhi.org>
(*further info attached*)

MHSA and Related Updates *Kristen Gardner*

FY13-14: Current recommendation is to continue most FY12-13 allocations in FY13-14. Details about recommendations will be sent to PEI programs soon, although final approval by the Board of Supervisors does not occur until June.

MHSA Three Year Plan Process

- Meetings: There are a series of meetings involved in preparing PEI for the Three Year Plan. This includes work with RAND Corp on Logic Models and evaluation, as well as stakeholder meetings to look at potential changes to PEI. At the stakeholder meetings we will look at what PEI is intended to achieve (PEI Logic Model), what it has achieved, and what changes can be made in FY14-15. (*See second page of today's Agenda for list of meetings.*)
- Marin PEI Logic Model: We reviewed and provided feedback on the draft version (*attached*). Major areas not represented as well on the Logic Model as they should be:

- Primary Prevention: promote wellness via policies, org practices
 - Increasing access by providing early services and education in safe locations/reducing stigma
- Next steps: have RAND and ASA help revise it. Discuss it April 26.

- Sharing PEI Achievements: Kristen will develop a way to share our achievements briefly at the stakeholder meeting. A suggested frame is “What is different now?” or “A Story of Transformation.” Please send brief narratives to Kristen expressing what services were like before your PEI program compared to now.
- Potential Changes: Ideas for potential changes for PEI have been discussed since implementation. We will share these with stakeholders, inviting feedback and additional idea. Suggestions:
 - School age
 - Serving the most vulnerable
 - Supporting Statewide programs as funding ends: suicide prevention, student MH, stigma
 - Integrate Physical/mental health/substance use
 - Addressing basic needs (food, housing, etc)
 - Make sure PEI programs are funded to cover actual cost
 - Incorporate MHSUS Integration – ie Access Workgroup efforts
 - Primary Prevention
 - Underlying factors/Disparities: income, housing, immigration/deportation...
 - Experiences: DV, abuse/neglect, sexual abuse, Adverse Childhood Experiences...
 - Protective factors: connection/support, self esteem... (id & support “at risk” early)
 - Policy work (ie preschool for all)
 - Org practices
 - Access to services: drop in, well timed as early as possible, out in community, mobile
 - Bio-psycho-social: interaction of physical health, disability, cognitive decline, etc with MH
 - Transition from PreK to Kindergarten needs support
 - Non-MH partners: support to identify and refer

PEI Annual Report

- The report has only been slightly altered from last year. Usual due date is mid-August, but might be earlier this year to assist with Three Year Plan process. (*draft forms attached*)

Mental Health Month (May)

- Let Kristen know if you are planning anything. MHSUS communications team will be working on it.

Suicide Prevention Materials

- Beautiful posters, etc are available through:
Amy at FSA (415) 499-1193 ext. 3004 afaulstich@fsamarin.org