

**MENTAL HEALTH SERVICES ACT  
(MHSA)  
PREVENTION AND  
EARLY INTERVENTION  
(PEI)**

County of Marin  
Mental Health and Substance Use Services

# Mental Health Services Act (MHSA) Components

- Community Services and Supports (CSS) 80%  
*Housing is included in CSS component*
- Prevention and Early Intervention (PEI) 20%
- Innovation (INN) 5% (from CSS/PEI)
- Workforce Education and Training (WET)
- Capital Facilities and Technological Needs (CFTN)

# PEI Purpose

Prevent mental illnesses (MI) from becoming severe and disabling.

- Prevention: reduce risk/increase protective factors
- Treatment: for MI early in emergence
- Education to recognize and respond to early signs
- Reduce stigma and discrimination
- Suicide prevention
- Linkage to treatment
- Timely access to services for underserved
- Effective methods (EBP, promising practices)

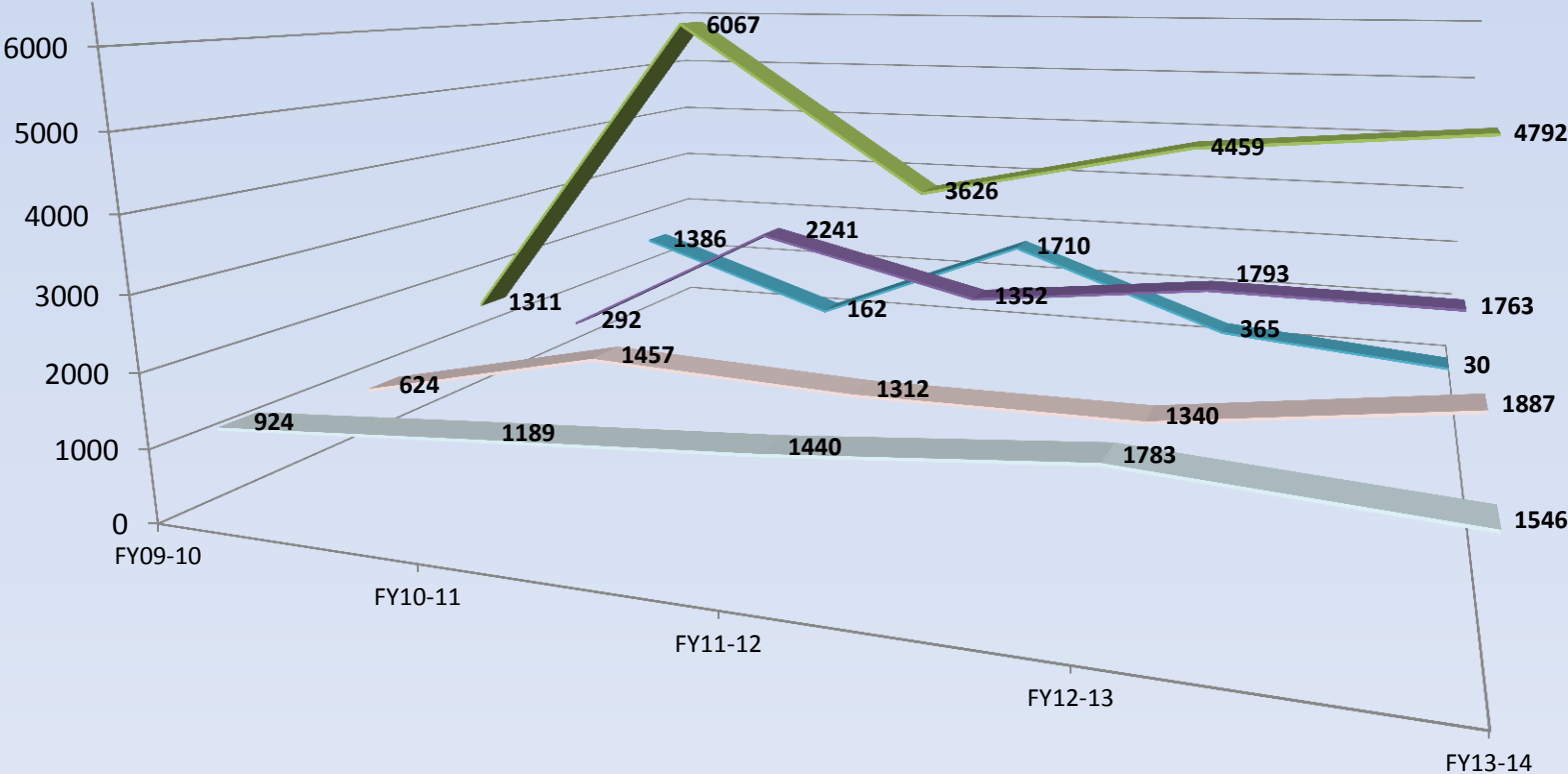
# Clients Served by PEI FY09-FY14

- Age
- Race/Ethnicity
- Primary Language
- Zip Code

# PEI Clients by Age Group FY09-FY14

**OVERALL TOTAL**  
**44,851**

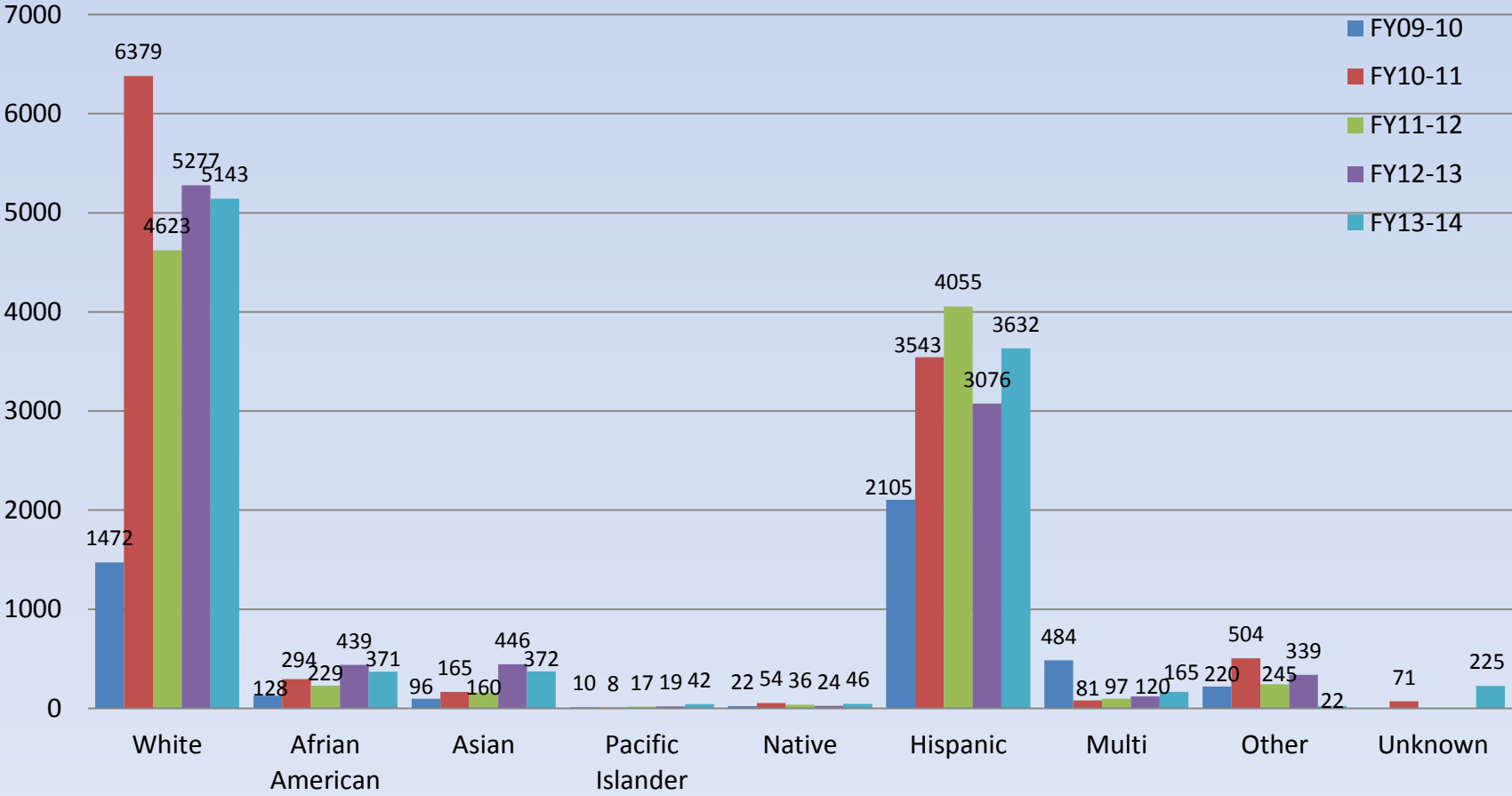
0-15 years old	6882
16-25 years old	6620
26-59 years old	20255
60+ years old	7441
Unknown	



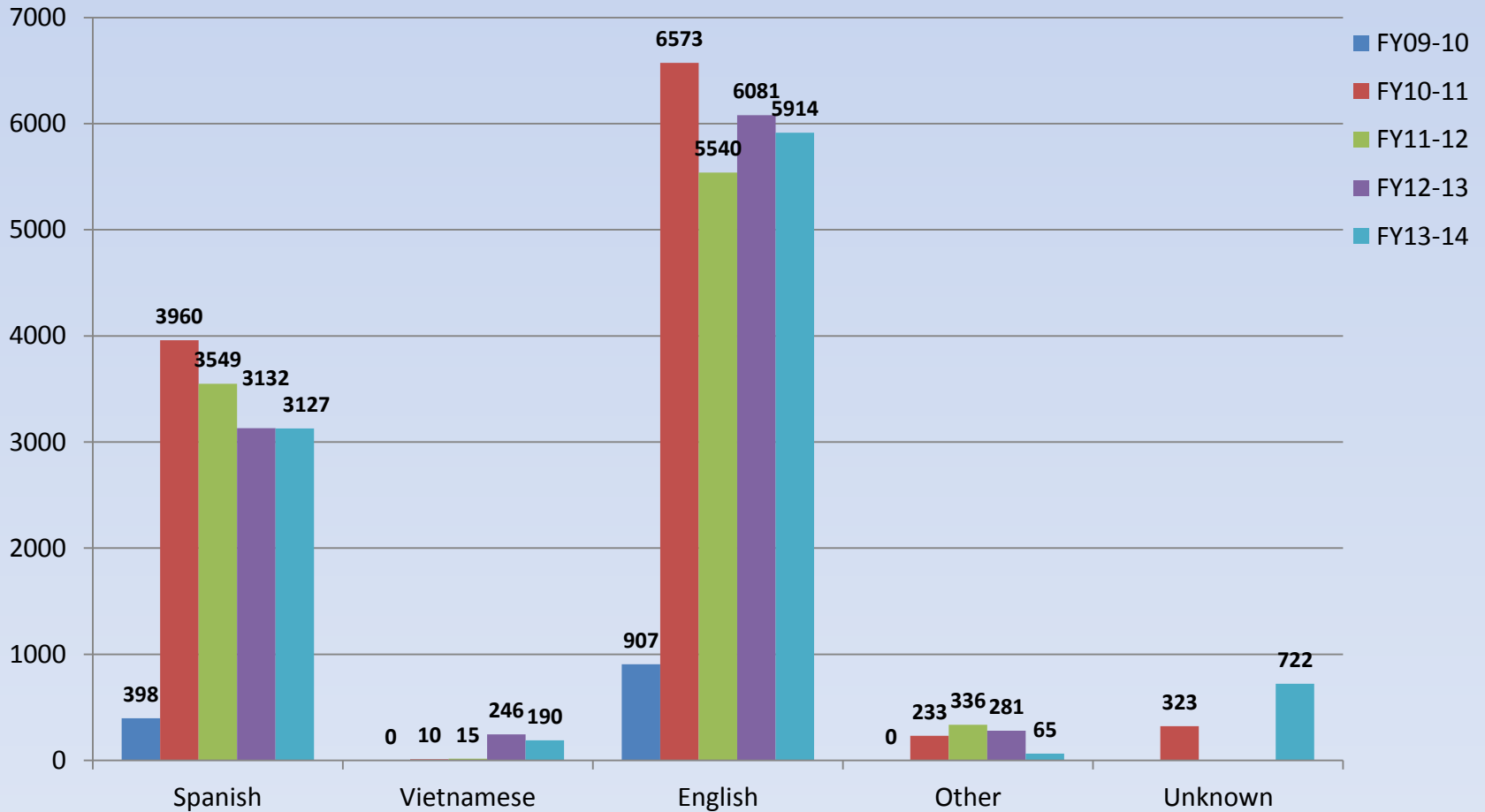
# PEI Clients by Race/Ethnicity FY09-FY14

	# served	% served	% Marin Pop
White	22,894	51%	73%
Hispanic	16,411	37%	15%
African American/Black	1,461	3%	2.5%
Asian/Pacific Islander	1,335	3%	5.5%
Native American	182	<1%	<1%
Multi	947	2%	3%
Other/Unknown	1,626	4%	<1%

# PEI Clients by Race/Ethnicity FY09-FY14



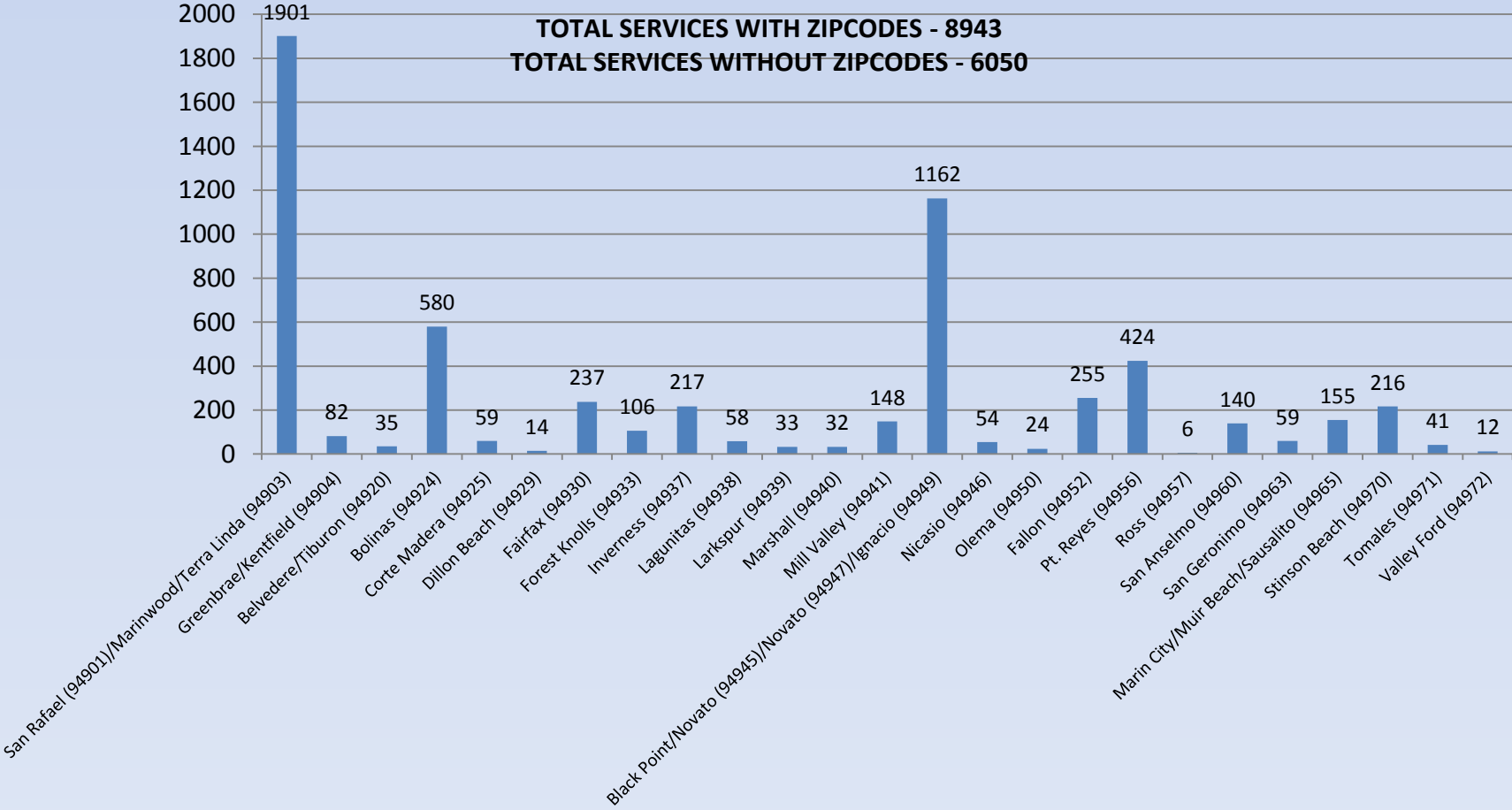
# PEI Clients by Primary Language FY09-FY14





# PEI Clients by Zip Code

## FY13-FY14



MHSA  
PEI Programs  
FY2014-15

# Early Childhood Mental Health

## *Jewish Family and Children's Services*

- Training and support for childcare staff
- Family intervention: case plans, resources

Childcare staff receiving ECMH Consultation that report increased ability to identify, intervene with, and support children in their care with emotional/behavioral issues. 90%

# **Triple P (Positive Parenting)**

*Jewish Family and Children's Services*

- Training and technical assistance for providers
- Group classes for parents

20+ active providers

~100 parents attend classes/year

## **NEW: School Age PEI (K-8)**

Sausalito Marin City

*Marin City Community Services District*

Shoreline School District

*Bay Area Community Resources*

San Rafael City Schools

*Seneca*

- Training for school/community staff
- Services for students/families

# Transition Age Youth PEI

*Huckleberry Youth Programs*

*Novato Youth Center*

- Screen Teen Clinic clients
- Counseling
- School-based groups

Clients participating in at least three sessions of brief intervention that demonstrate improvement in well being. 90%

# Latino Community Connection

*Canal Alliance / Novato Youth Center*

- Promotores – outreach, education
- Individual/family problem solving
- PTSD support groups
- *Radio show in Spanish*

Clients who participated in a support group for at least 3 months that report improvement in PTSD signs/symptoms. 100%

# Behavioral Health in Primary Care

*Coastal Health Alliance*

*Ritter Center*

- Screen clients
- Intervention: counseling, medication

Clients completing brief intervention  
experiencing a significant reduction in  
depression

43%



## Older Adult PEI

### *Jewish Family and Children's Services*

- Provider education
- Intervention: care plans, counseling

Older adults receiving brief intervention for depression or anxiety experiencing a clinically significant reduction in symptoms.

73%

# **Vietnamese Community Connection**

## *CAM/Marin Asian Advocacy Program*

- Community Health Advocates – outreach
- Individual/family problem solving
- Support group

Individuals receiving brief intervention that showed an improvement in mental health status.

80%

# **NEW: Veterans Community Connection**

## *Veterans Service Office*

- Support veterans released from incarceration to complete mental health plan

# Statewide PEI

*CalMHSA, FSA, MCOE*

- Suicide Prevention
- Student Mental Health Initiative
- Stigma & Discrimination Reduction
- Reducing Disparities

# Coming Up

- Revised State PEI Regulations
- Possible increased State oversight

Questions?