MENTAL HEALTH SERVICES ACT (MHSA) PREVENTION AND EARLY INTERVENTION (PEI)

County of Marin
Mental Health and Substance Use Services
Mental Health Services Act (MHSA) Components

- Community Services and Supports (CSS) 80%
  *Housing is included in CSS component*
- Prevention and Early Intervention (PEI) 20%
- Innovation (INN) 5% (from CSS/PEI)
- Workforce Education and Training (WET)
- Capital Facilities and Technological Needs (CFTN)
PEI Purpose
Prevent mental illnesses (MI) from becoming severe and disabling.

• Prevention: reduce risk/increase protective factors
• Treatment: for MI early in emergence
• Education to recognize and respond to early signs
• Reduce stigma and discrimination
• Suicide prevention
• Linkage to treatment
• Timely access to services for underserved
• Effective methods (EBP, promising practices)
Clients Served by PEI FY09-FY14

- Age
- Race/Ethnicity
- Primary Language
- Zip Code
PEI Clients by Age Group
FY09-FY14

OVERALL TOTAL
44,851

- 0-15 years old: 6882
- 16-25 years old: 6620
- 26-59 years old: 20255
- 60+ years old: 7441
- Unknown: 4792
## PEI Clients by Race/Ethnicity

**FY09-FY14**

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th># served</th>
<th>% served</th>
<th>% Marin Pop</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>22,894</td>
<td>51%</td>
<td>73%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>16,411</td>
<td>37%</td>
<td>15%</td>
</tr>
<tr>
<td>African American/Black</td>
<td>1,461</td>
<td>3%</td>
<td>2.5%</td>
</tr>
<tr>
<td>Asian/Pacific Islander</td>
<td>1,335</td>
<td>3%</td>
<td>5.5%</td>
</tr>
<tr>
<td>Native American</td>
<td>182</td>
<td>&lt;1%</td>
<td>&lt;1%</td>
</tr>
<tr>
<td>Multi</td>
<td>947</td>
<td>2%</td>
<td>3%</td>
</tr>
<tr>
<td>Other/Unknown</td>
<td>1,626</td>
<td>4%</td>
<td>&lt;1%</td>
</tr>
</tbody>
</table>
PEI Clients by Race/Ethnicity
FY09-FY14
PEI Clients by Zip Code
FY13-FY14

TOTAL SERVICES WITH ZIPCODES - 8943
TOTAL SERVICES WITHOUT ZIPCODES - 6050
Early Childhood Mental Health

*Jewish Family and Children’s Services*

- Training and support for childcare staff
- Family intervention: case plans, resources

Childcare staff receiving ECMH Consultation that report increased ability to identify, intervene with, and support children in their care with emotional/behavioral issues. 90%
Triple P (Positive Parenting)

_Jewish Family and Children’s Services_

- Training and technical assistance for providers
- Group classes for parents

20+ active providers

~100 parents attend classes/year
NEW: School Age PEI (K-8)

Sausalito Marin City  
*Marin City Community Services District*

Shoreline School District  
*Bay Area Community Resources*

San Rafael City Schools  
*Seneca*

• Training for school/community staff  
• Services for students/families
Transition Age Youth PEI

Huckleberry Youth Programs

Novato Youth Center

• Screen Teen Clinic clients
• Counseling
• School-based groups

Clients participating in at least three sessions of brief intervention that demonstrate improvement in well being. 90%
Latino Community Connection

Canal Alliance / Novato Youth Center

• Promotores – outreach, education
• Individual/family problem solving
• PTSD support groups
• Radio show in Spanish

Clients who participated in a support group for at least 3 months that report improvement in PTSD signs/symptoms. 100%
Behavioral Health in Primary Care

Coastal Health Alliance

Ritter Center

• Screen clients

• Intervention: counseling, medication

Clients completing brief intervention experiencing a significant reduction in depression  43%
Older Adult PEI

*Jewish Family and Children’s Services*

- Provider education
- Intervention: care plans, counseling

Older adults receiving brief intervention for depression or anxiety experiencing a clinically significant reduction in symptoms. **73%**
Vietnamese Community Connection

CAM/Marin Asian Advocacy Program

• Community Health Advocates – outreach
• Individual/family problem solving
• Support group

Individuals receiving brief intervention that showed an improvement in mental health status. 80%
NEW: Veterans Community Connection

Veterans Service Office

• Support veterans released from incarceration to complete mental health plan
Statewide PEI

*CalMHSA, FSA, MCOE*

- Suicide Prevention
- Student Mental Health Initiative
- Stigma & Discrimination Reduction
- Reducing Disparities
Coming Up

• Revised State PEI Regulations

• Possible increased State oversight
Questions?