

**MENTAL HEALTH SERVICES ACT (MHSA)
PREVENTION AND
EARLY INTERVENTION
(PEI)**

2014-15 PROGRAM REPORTS

County of Marin

Mental Health and Substance Use Services

PEI Purpose

Prevent mental illnesses (MI) from becoming severe and disabling.

- Prevention: reduce risk/increase protective factors
- Early Intervention: for MI early in emergence
- Education to recognize and respond to early signs
- Reduce stigma and discrimination
- Suicide prevention
- Linkage to treatment
- Timely access to services for underserved
- Effective methods (EBP, promising practices)

Clients Served by PEI FY2014-15

TOTAL CLIENTS SERVED 3812

Gender	2014-15
Male	40%
Female	59%
Unknown	1%

Clients Served by PEI FY2014-15

Race/Ethnicity	2010-11	2014-15	Marin 200% FPL
White	46%	29%	58%
African American	3%	4%	9%
Asian	2%	5%	5%
Pacific Islander	0%	0%	.5%
Native	0%	0%	.5%
Hispanic	44%	55%	23%
Multi	1%	3%	4%
Other/Unknown	7%	2%	

Clients Served by PEI FY2014-15

Age	2010-11	2014-15	Marin Pop
0-15	18%	27%	21%
16-25	18%	27%	6%
26-59	46%	38%	49%
60+	18%	8%	24%

Outreach

Education to recognize and respond to early signs

PARTIAL LIST OF PARTICIPANTS:

Childcare Providers: 129

Education: 96

Health/MH/SU Providers: 88

Social Service Providers: 63

TAY: 79

Latino: 985

Vietnamese: 140

Older Adults: 48

Early Childhood Mental Health

Jewish Family and Children's Services

- Training and support for childcare staff
- Family intervention: case plans, resources

87% of childcare staff receiving ECMH

Consultation report increased ability to identify, intervene with, and support children in their care with emotional/behavioral issues.

Triple P (Positive Parenting)

Jewish Family and Children's Services

- Training and technical assistance for providers
- Group classes for parents

83% of participating providers report that they are skilled in identifying, responding to, and effectively referring at-risk families

173 parents attended classes

Transition Age Youth PEI

Huckleberry Youth Programs

Novato Youth Center

- Screen Teen Clinic clients
- Counseling
- School-based groups

84% of TAY participating in at least three sessions of brief intervention report improvement in well being (ORS).

Latino Community Connection

Canal Alliance / Novato Youth Center

- Promotores – outreach, education
- Individual/family problem solving
- PTSD support groups
- *Radio show in Spanish*

100% of clients who participated in a support group for at least 3 months show improvement in PTSD signs/symptoms (5 points on PCL-C)

Behavioral Health in Primary Care

Coastal Health Alliance

Ritter Center

- Screen clients
- Intervention: counseling, medication

53% of Ritter's PEI clients attending at least 2 Med Management sessions experiencing a decrease of at least 50% depression symptoms, or reduction to "mild" symptoms (less than 10 on PHQ9)

Older Adult PEI

Jewish Family and Children's Services

- Provider education
- Intervention: care plans, counseling

77% of older adults receiving brief intervention for depression experiencing a clinically significant reduction in symptoms (PHQ9)

Vietnamese Community Connection

CAM/Marin Asian Advocacy Program

- Community Health Advocates – outreach
- Individual/family problem solving
- Support group

100% of clients that participated in home visits or a support group report that the service was somewhat or very helpful in addressing their problems.

PEI Training

- Mental Health First Aid (127 participants)
- Conferences, trainings, etc

MHFA participants report feeling able to offer a distressed person basic “first aid” information and reassurance about mental health

4.4 on a 1-5 scale

School Age PEI (K-8)

- Training for school/community staff
- Services for students/families

81-88% of students receiving counseling services report improvement (SDQ, post only)

57-64% of students participating in Social Emotional Skills group showing improvement (SDQ, pre/post, statistically significant)

Veterans Community Connection

Veterans Service Office

- Support veterans released from incarceration to complete mental health plan

95% of veterans receiving support complied with their mental health treatment plan

Questions?