MENTAL HEALTH SERVICES ACT (MHSA) PREVENTION AND EARLY INTERVENTION (PEI)

2014–15 PROGRAM REPORTS

County of Marin
Mental Health and Substance Use Services
PEI Purpose

Prevent mental illnesses (MI) from becoming severe and disabling.

- Prevention: reduce risk/increase protective factors
- Early Intervention: for MI early in emergence
- Education to recognize and respond to early signs
- Reduce stigma and discrimination
- Suicide prevention
- Linkage to treatment
- Timely access to services for underserved
- Effective methods (EBP, promising practices)
Clients Served by PEI FY2014-15

TOTAL CLIENTS SERVED 3812

<table>
<thead>
<tr>
<th>Gender</th>
<th>2014-15</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male</td>
<td>40%</td>
</tr>
<tr>
<td>Female</td>
<td>59%</td>
</tr>
<tr>
<td>Unknown</td>
<td>1%</td>
</tr>
</tbody>
</table>
Clients Served by PEI FY2014-15

<table>
<thead>
<tr>
<th>Race/Ethnicity</th>
<th>2010-11</th>
<th>2014-15</th>
<th>Marin 200% FPL</th>
</tr>
</thead>
<tbody>
<tr>
<td>White</td>
<td>46%</td>
<td>29%</td>
<td>58%</td>
</tr>
<tr>
<td>African American</td>
<td>3%</td>
<td>4%</td>
<td>9%</td>
</tr>
<tr>
<td>Asian</td>
<td>2%</td>
<td>5%</td>
<td>5%</td>
</tr>
<tr>
<td>Pacific Islander</td>
<td>0%</td>
<td>0%</td>
<td>.5%</td>
</tr>
<tr>
<td>Native</td>
<td>0%</td>
<td>0%</td>
<td>.5%</td>
</tr>
<tr>
<td>Hispanic</td>
<td>44%</td>
<td>55%</td>
<td>23%</td>
</tr>
<tr>
<td>Multi</td>
<td>1%</td>
<td>3%</td>
<td>4%</td>
</tr>
<tr>
<td>Other/Unknown</td>
<td>7%</td>
<td>2%</td>
<td></td>
</tr>
</tbody>
</table>
## Clients Served by PEI
### FY2014-15

<table>
<thead>
<tr>
<th>Age</th>
<th>2010-11</th>
<th>2014-15</th>
<th>Marin Pop</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-15</td>
<td>18%</td>
<td>27%</td>
<td>21%</td>
</tr>
<tr>
<td>16-25</td>
<td>18%</td>
<td>27%</td>
<td>6%</td>
</tr>
<tr>
<td>26-59</td>
<td>46%</td>
<td>38%</td>
<td>49%</td>
</tr>
<tr>
<td>60+</td>
<td>18%</td>
<td>8%</td>
<td>24%</td>
</tr>
</tbody>
</table>
Outreach
Education to recognize and respond to early signs

PARTIAL LIST OF PARTICIPANTS:
Childcare Providers: 129
Education: 96
Health/MH/SU Providers: 88
Social Service Providers: 63
TAY: 79
Latino: 985
Vietnamese: 140
Older Adults: 48
Early Childhood Mental Health

Jewish Family and Children’s Services

• Training and support for childcare staff
• Family intervention: case plans, resources

87% of childcare staff receiving ECMH Consultation report increased ability to identify, intervene with, and support children in their care with emotional/behavioral issues.
Triple P (Positive Parenting)

*Jewish Family and Children’s Services*

- Training and technical assistance for providers
- Group classes for parents

83% of participating providers report that they are skilled in identifying, responding to, and effectively referring at-risk families

173 parents attended classes
Transition Age Youth PEI

Huckleberry Youth Programs

Novato Youth Center

- Screen Teen Clinic clients
- Counseling
- School-based groups

84% of TAY participating in at least three sessions of brief intervention report improvement in well being (ORS).
Latino Community Connection

Canal Alliance / Novato Youth Center

- Promotores – outreach, education
- Individual/family problem solving
- PTSD support groups
- Radio show in Spanish

100% of clients who participated in a support group for at least 3 months show improvement in PTSD signs/symptoms (5 points on PCL-C)
Behavioral Health in Primary Care

Coastal Health Alliance

Ritter Center

- Screen clients
- Intervention: counseling, medication

53% of Ritter’s PEI clients attending at least 2 Med Management sessions experiencing a decrease of at least 50% depression symptoms, or reduction to “mild” symptoms (less than 10 on PHQ9)
Older Adult PEI

*Jewish Family and Children’s Services*

- Provider education
- Intervention: care plans, counseling

77% of older adults receiving brief intervention for depression experiencing a clinically significant reduction in symptoms (PHQ9)
Vietnamese Community Connection

CAM/Marin Asian Advocacy Program

• Community Health Advocates – outreach
• Individual/family problem solving
• Support group

100% of clients that participated in home visits or a support group report that the service was somewhat or very helpful in addressing their problems.
PEI Training

• Mental Health First Aid (127 participants)
• Conferences, trainings, etc

MHFA participants report feeling able to offer a distressed person basic “first aid” information and reassurance about mental health

4.4 on a 1-5 scale
School Age PEI (K-8)

- Training for school/community staff
- Services for students/families

81-88% of students receiving counseling services report improvement (SDQ, post only)

57-64% of students participating in Social Emotional Skills group showing improvement (SDQ, pre/post, statistically significant)
Veterans Community Connection

Veterans Service Office

- Support veterans released from incarceration to complete mental health plan

95% of veterans receiving support complied with their mental health treatment plan
Questions?