

Proposed MHSA Prevention and Early Intervention (PEI) Regulations July 2015

PEI Component: Intended to prevent mental illnesses from becoming severe and disabling.

- The County shall serve all ages. At least 51% of PEI funds shall be used for 0-25 year olds. Programs serving caregivers/family members for youth at-risk or with early onset meet these requirements.

Purpose of Revised Regulations: Clarify Prop 63. Define reporting expectations.

PEI PROGRAM		EVALUATION
Prevention <i>At least one program required</i>	<ul style="list-style-type: none"> • Reduce risk factors**, build protective factors, reduce negative outcomes • For individuals or groups at significantly higher than average risk of SMI 	<ul style="list-style-type: none"> • Demographics • Change in risk factors and/or protective factors
Early Intervention <i>At least one program required</i>	<ul style="list-style-type: none"> • Treatment/services to promote recovery and functional outcomes (including MHSA outcomes*) for mental illness (MI) early in emergence • Services for up to 18 months, unless first onset of serious mental illness with psychotic features (then up to 4 yrs) 	<ul style="list-style-type: none"> • Demographics • Change in symptoms, improved recovery (mental, emotional, functional)
Outreach for Increasing Recognition <i>At least one program required</i>	<ul style="list-style-type: none"> • Education and engagement of potential responders (families; employers; staff at schools, health clinics, community based agencies; emergency personnel; etc.) regarding recognizing & responding to early signs of MI • Outreach to individuals with signs/symptoms of MI who can recognize their own symptoms 	<ul style="list-style-type: none"> • Demographics • Settings for and types of responders (health care, education, etc.)
Stigma & Discrimination Reduction	<ul style="list-style-type: none"> • Direct activities to reduce negative feelings, attitudes, beliefs, perceptions, stereotypes and/or discrimination related to having a MI or seeking services and increase acceptance, dignity, inclusion, and equity for individuals with MI and their families 	<ul style="list-style-type: none"> • # individuals reached • Demographics available • Change in knowledge, attitude or behavior
Suicide Prevention	<ul style="list-style-type: none"> • Prevent suicide as consequence of MI 	<ul style="list-style-type: none"> • <i>Same as Stigma & Discrimination Red</i>

STRATEGIES	Must be included in all programs	EVALUATION
Access & Linkage to Treatment	<ul style="list-style-type: none"> • Link individuals with serious MI to treatment, including Co services 	<ul style="list-style-type: none"> • Demographics • #/type of referrals
Improve Timely Access for Underserved Populations	<ul style="list-style-type: none"> • Increase use of PEI and Tx services by underserved populations by increasing accessibility (culturally appropriate, hours, cost, location) 	<ul style="list-style-type: none"> • Services engaged in • Time from referral to services • Duration of untreated MI
Non-stigmatizing/ Non-discriminatory	<ul style="list-style-type: none"> • Promoting, designing and implementing programs in ways that reduce stigma 	
Effective methods	<ul style="list-style-type: none"> • Use practices that are evidence-based, promising, or have community/practice based evidence 	

* 7 Negative Outcomes: Prolonged Suffering (only one required for PEI), Suicide, Incarceration, Homelessness, School Failure or Drop-out, Removal of Children from their Home, Unemployment

** Risk factors of developing MI: Include, but are not limited to: biological including family history and neurological; behavioral; social/economic; and environmental. Examples include, but are not limited to, a serious chronic medical condition, adverse childhood experiences, severe trauma, ongoing stress, exposure to drugs or toxins including in the womb, poverty, domestic violence, racism and social inequality, prolonged isolation, traumatic loss, etc.

Definitions

- **Mental Illness:** syndrome characterized by clinically significant disturbance in individual’s cognition, emotion regulation, or behavior that reflects a dysfunction in the psychological or biological processes underlying mental functioning. Significant distress or disability in important activities. Includes emotional disturbance in a youth (under 18) other than primary substance use disorder or developmental disorder.
- **Severe/Serious Mental Illness:** a mental illness that is severe in degree and persistent, which may cause behavioral functioning which interferes substantially with activities of daily living. Includes schizophrenia, bipolar disorder, PTSD, major affective disorders and others.

Complete demographics

<p>Age 0-15 (children/youth) 16-25 (TAY), 26-59 (adult) 60+ (OA) Declined to answer</p> <p>Primary Language (by County threshold language)</p> <p>Sexual Orientation Gay/Lesbian Heterosexual/Straight Bisexual Questioning Queer Other Declined to answer</p> <p>Disability Communication (seeing, hearing, speech) Mental not including mental illness Physical/Mobility Chronic health condition Other (specify) No Declined to answer</p> <p>Veteran</p> <p>Gender Assigned at birth Male Female Declined to answer Current gender identity Male Female Transgender Genderqueer Questioning or unsure Declined to answer</p>	<p>Race American Indian / Alaskan Native Asian Black / African American Native Hawaiian / Pacific Islander White Other More than one race Declined to answer</p> <p>Ethnicity Hispanic/Latino: Caribbean Central American Mexican/Mexican-American/Chicano Puerto Rican South American Other Declined to answer Non-Hispanic/Latino: African Asian Indian/South Asian Cambodian Chinese Eastern European European Filipino Japanese Korean Middle Eastern Vietnamese Other Declined to answer More than one ethnicity Declined to answer</p>
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