

MHSA Advisory Committee Meeting Notes

January 27, 2016

1:30-3pm

20 N. San Pedro Road, Point Reyes Conference Room

Introductions and review of the agenda and materials provided to participants of the meeting.

The committee members were informed that Marvin Mars had to resign from his participation of the committee due to personal health reasons. The committee agreed that we should recognize his valuable contribution to the committee and that his voice at the table would be missed.

MHSUS Calendar

Mental Health and Substance Use Services Division created the 1st Annual Bilingual Calendar exhibiting artwork from MHSUS consumers. Utilizing funding from the Mental Health Services Act (Prop. 63), the calendar is a creative way to increase awareness of mental health and substance use resources to Marin's broader community.

The art portrayed in the calendar is a result of the collaboration with the Enterprise Resource Center (ERC) Program, run by Community Action Marin, which plays a key role in Marin's effort to outreach to and engage with adults with mental illness. The ERC provides art therapy among other services for personal support and growth for those with mental illness. The 1108 Gallery, located at 1108 Tamalpais Avenue in San Rafael frequently exhibits artwork created by MHSUS consumers.

I handed out calendars to committee members in attendance at the meeting and will distribute calendars to those that did not receive one. For members that did not already receive one and that will not be at the 2/24 meeting, a calendar will be mailed to you directly.

Unfortunately, there was a limited supply of these calendars and there are no extras available. Next year we will have a larger number printed with the potential to charge a nominal fee for the them. All revenue received from the calendar sales would go to the ERC and/or other programs for art supplies.

The committee members agreed that we should send a letter to all of the artist expressing our appreciation for their artwork contribution.

Innovation Plan Feedback

Kristen Gardner reviewed the updated MHSA Innovation Plan with the committee members (emailed out to all members prior to the 1/27/16 meeting).

Brian Slattery felt that Innovation should be about "doing" not "learning". He was concerned about the severely mentally ill (SMI) in our community and that we don't have enough services as it is. He is concerned that the LGBTQ community is not represented in the plan. Feels more LGBTQ / African American should serve clients and that not just grassroots are skilled for this. He is concerned that \$1.6 million being used to support a "hypothesis". He would like MHSUS to ensure that there is tracking of outcomes for TAY involved in project. Kristen explained that pre and post evaluation of participants would be included in the project. Brian recommended that we use (anonymous) client satisfaction surveys in the project.

Kerry Peirson wanted to ensure that the Plan references both Mental Health and Substance Use services. Felt we did a superb job putting this updated language together by including the feedback and recommendations from this committee and from the public comments received. Kerry disagrees with Brian's reference to use established community based organizations for this project. The target group (TAY) need to be approached differently as we haven't been successful reached the underserved TAY in the current system. Feels if we create the right environment for TAY, then they will come. Has some concerns with new interventions from the project and wants us to use a data driven approach in the project. Kristen pointed to a section in the Plan that details the outcomes we hope to achieve with the project.

Laura Kantorowski recommended that we show the TAY age range in the overview and wants to see evaluation efforts throughout the entire project and not just at the end. Implementing the project like a research project should be a goal. Laura would like to see more substance in the number of TAY to be reached for the \$1.6 million project allocation. Really want to see substantial kinds of practices. How can people identify what they did? Wants to make sure that what is learned can be sustained. Laura wonders if the informal organizations might benefit from TA mentor – someone who's done this stuff before. Suzanne et al confirmed that was exactly our goal.

Sandra Ramirez Griggs wanted to know who will determine what data is collected and subsequent impact to the community based organizations. She wants to understand how learning could impact other providers in the formal system of care. Kristen advised that we will have outcome measurements and based on that data we will determine what, if any, changes need to be made in the formal system with the goal to bring the county, established organizations and the informal system on the same level.

Maya Gladstern was impressed at changes and clarity in the MHSA Innovation Plan language. Innovation is about unproven practices and that's what this covers. For peer groups like the Marin Advocates for Mental Health, almost every person had their first break as a TAY. She has high hopes for this project.

Bob Reiser said he appreciated the efforts to incorporate all the feedback. Expressed some name concerns when using "services" in the project title: Growing Roots: The Young Adult Services Project. Kristen explained that services are part of the informal system. Bob asked about the approximately \$500K in the budget and how much of that will be used for direct services. Kristen explained that those budgets/percentages will be identified during the scope of the project.

Gail Theller advised her concerns around getting to those with SMI and Suzanne Tavano explained that the focus was for TAY at risk of or experiencing signs or symptoms of mental illness. Gail asked for examples of "informal" services and both Kristen and Suzanne provided some. Gail like hearing about the program in Los Angeles County that is providing mental health training and referral sources to hairdressers in hair salons because that was a place where a lot of people talk about their problems.

Steve Eckert expressed some concern around Innovation funding for the informal system providers that will eventually end and how would they be able to sustain enhancements that were created during the TAY project. Kristen, Kasey and Suzanne advised that if the enhancements were successful then there was potential to continue project funding with other MHSA component funding such as Prevention and Early Intervention (PEI) or through Community Services and Supports (CSS) just as we did with the previous Innovation project which is now funded through CSS. Steve also felt that community assessment is needed.

Robbie Powelson wants us to ensure that we identify the various pockets of youth across Marin (including more affluent areas like Corte Madera as an example) that are experiencing Mental Health and Substance Use challenges. Also wants to have the TAY Advisory Council to determine their structure and activities – does not want the adults telling the Council how it should be done.

After all feedback was received from the Committee it was agreed that MHSUS could finalize the MHSA Innovation Plan, Growing Roots: The Young Adult Services Project and seek the Board of Supervisors approval. The final Innovation Plan language will be posted on the MHSA Innovation webpage at <https://www.marinhhs.org/innovation-meeting> for all to view. We expect to have the Innovation Plan post on the website on or around February 23rd. An email announcement will be sent to all stakeholders once it's on the webpage. The Innovation Plan will go before the Board on March 1st.

MHSA Advisory Committee Purpose

Due to time limitations, we briefly reviewed the language from the Napa County committee. It was agreed that Kasey would take Napa's language, and using some feedback from the committee and written thoughts from Gail Theller, would create draft language for Marin's MHSA Advisory Committee purpose. Kasey agreed to send out the draft language before the 2/24 meeting.

CalHFA Housing

Committee members asked Suzanne about the status of the CalHFA housing funds. Suzanne advised she has reached out to some developers and is actively talking about options for use of the funding. Suzanne will update the committee when she has more substantial information to share.

Next Meeting Agenda

At the end of the 1/27 meeting, it was determined that we would have Cesar Lagleva, the Ethnic Services Manager, come to speak at our 2/24 meeting regarding WET (Workforce, Education and Training) programs and expenditures for FY14-15. Unfortunately it was later determined that Cesar was not available for the 2/24 meeting and we will have him at our 3/23/16 meeting instead.

Alternatively, at the 2/24 meeting, we will have Dawn Kaiser from our Quality Management group and Janice Wells, Division Manager, present on FY14-15 services for our adult Full Service Partnerships (FSP) which will include the STAR FSP, the Odyssey FSP and the HOPE FSP. We will also have Celia Allen, HHS Chief Fiscal Officer and Denise Zvanovec, the Assistant Chief Fiscal Officer for MHSUS review the FY14-15 allocations and expenditures for the adult FSPs.

Our next meeting is scheduled for Wednesday, February 24, 2016, 1:30-3pm in the Point Reyes Conference Room at 20 North San Pedro Road.