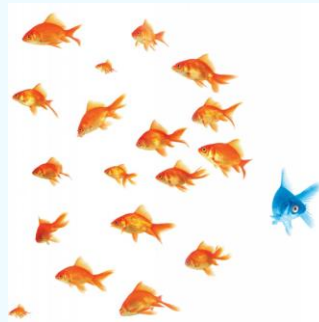


## MHSA Innovative Programs



WELLNESS • RECOVERY • RESILIENCE

## MHSA Innovation Promise and Potential

### Why Innovation?

- What we don't know exceeds what we know
- Creativity of community
- Transformation: develop and evaluate new mental health practices, encourage adoption throughout California

### Challenge to public sector innovation

- Every county creates, innovates
- Some Innovative Programs won't work
- Change is challenging
- Sustaining Innovative Projects
- Getting the song out of our heads (for awhile)

## MHSOAC and Innovation

- Counties' Three-Year Program and Expenditure Plans and Annual Updates, including programs for innovations, shall be submitted to the MHSOAC within 30 days of adoption by boards of supervisors
- County mental health programs shall expend funds for their innovation programs upon approval of the MHSOAC



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## Innovation to Date

- 55 of 59 counties: at least one approved Innovative Program
- 172 Innovative Programs approved to date
  - 105 approved by MHSOAC
  - 67 Approved Locally
- Average time from submission by county to MHSOAC approval (post-AB 1467): 24 business days



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## MHSA Definition: Innovation

- Introduces new mental health practices/ approaches including prevention and early intervention *or*
- Changes an existing mental health practice/approach, including adaptation for a new setting or community *or*
- Introduces a new application to the mental health system of a promising community-driven practice/approach that has been successful in non-mental health contexts or settings



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## Innovation Trends

- Serious mental illness or emotional disturbance: 70%
- Treatment: 55%
- System changes: 45%
- Early intervention: 37%
- Crisis response: 32%
- Prevention: 23%



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## Innovation Trends

- Peer Support
  - Riverside: Recovery Learning Center
  - LA: Integrated Peer-Run Model
  - Contra Costa: Promoting Wellness, Recovery, and Self-Management through Peers
  - Humboldt: Adaptation to Peer Transition-Age Youth
  - Lake: Peer-Informed Access
  - San Diego: Peer and Family Engagement Project
  - San Francisco: Peer-Led Hoarding and Cluttering Support Team
  - Marin: Client Choice and Hospital Prevention Program
  - Trinity: Respite Support Project
  - San Joaquin: Adapting Functional Family Therapy



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## Innovation Trends

- Physical-Behavioral Integrated Health
  - Ventura: Healthcare Access and Outcomes Project
  - Tuolumne: Wellness: One Mind One Body
  - Tulare: Integrated Clinic with Pharmaceutical Case Management]
  - Tri-City: Integrated Services
  - Stanislaus: Integrated Innovations
  - Sonoma: Integrated Health Team
  - San Mateo: Total Wellness



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## Innovation Trends

- Physical-Behavioral Integrated Health
  - San Diego: Physical Health Integration Project
  - San Benito: Primary Care Integration Project
  - Orange: Integrated Services
  - Nevada: Integrated Healthcare
  - Modoc: Taking Integration Personally
  - Madera: Development of Model of Integrated Peer Support and Clinical Services
  - LA: Integrated Clinic Model and 3 others
  - Inyo: Coordinated Care Collaborative



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## Innovation Trends

- La Cultura Cura
  - Monterey: Alternative Healing and Promotores de Salud
  - Napa: The Collaborative Project
  - San Bernardino: Holistic Campus
  - Santa Clara: Multi-Cultural Center Project
  - Sonoma: Reducing Disparities Community Fund Initiative
  - Sutter-Yuba: A Culturally Competent Collaboration to Address Serious Mental Illness in the Traditional Hmong Population
  - Tehama: Drumming for Health
  - Stanislaus: Families in the Park



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## Innovation Trends

- La Cultura Cura
  - Berkeley: African-American Community Empowerment Academy
  - Butte: A Community-Based Treatment for Historical Trauma to Help Hmong Elders (The Happy Program)
  - Fresno: Holistic Culturally Competent Wellness Center
  - Kings: Native American Youth Equine-Facilitated Psychotherapy Program
  - LA: Community-Designed Integrated Service Management Model
  - Merced: Strengthening Families Project

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## Mental Illness/Mental Health

- Innovation may affect virtually any aspect of mental health practices or assess a new or changed application of a promising approach to solving persistent, seemingly intractable mental health challenges.

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## Primary Purposes

- Increase access to services
- Increase access to services for underserved groups
- Improve the quality of services, including measurable outcomes
- Promote interagency and community collaboration



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## MHSA General Standards

- Community collaboration
- Cultural competence
- Client-driven
- Family-driven
- Focused on wellness, recovery, and resilience
- Integrated service experience for clients and their families



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## Time-Limited Pilot Projects

- If an innovative project has proven to be successful and a county chooses to continue it, the project work plan shall transition to another category of funding as appropriate
  - Timeline
  - Evaluation
  - Budget



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## Timeline

- Timeline with sufficient opportunity for learning, testing, making decisions, and disseminating
  - Maximum five years (proposed regulations)
  - Key activities and milestones
    - ◆ Implementing and refining
    - ◆ Evaluating
    - ◆ Making decisions
    - ◆ Communicating successes and lessons learned



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## Evaluation

- Plan to evaluate whether/how Innovative Project has proven to be successful
- Expected outcomes of Innovation
- How and at what frequency outcomes will be measured
- How outcomes relate to Innovation's primary purpose
- How county will assess which elements of Innovation contributed to positive outcomes, especially whatever is new or changed



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## Budget

- Includes anticipated future Innovation funds
- County provides budgets for each fiscal year and total budget, specifying MHSA Innovation funds
- Budget is consistent with a time-limited pilot; county has option to provide narrative with brief rationale for budget



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## Change

- Expected to learn and change as you go along
- Evaluation is ongoing, not just at the end
- Participants and community members have lots to contribute to evaluation
- Changes that require community participation and MHSOAC approval
- Implementing change as a result of Innovation learning



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## MHSOAC Support for Counties on Innovation

- Partnership with community members
- Pre-submission technical assistance and support, if county requests
- Review of submitted plan for consistency with MHSOAC requirements using MHSOAC review tool
- Phone conference with county
- Support and review county's revisions
- Submit to MHSOAC
- Support for Innovation evaluations
- Support for telling the story and sharing successes



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