MHSA Innovative Programs

MHSA Innovation Promise and Potential

Why Innovation?
- What we don’t know exceeds what we know
- Creativity of community
- Transformation: develop and evaluate new mental health practices, encourage adoption throughout California

Challenge to public sector innovation
- Every county creates, innovates
- Some Innovative Programs won’t work
- Change is challenging
- Sustaining Innovative Projects
- Getting the song out of our heads (for awhile)
MHSOAC and Innovation

- Counties’ Three-Year Program and Expenditure Plans and Annual Updates, including programs for innovations, shall be submitted to the MHSOAC within 30 days of adoption by boards of supervisors.

- County mental health programs shall expend funds for their innovation programs upon approval of the MHSOAC.

Innovation to Date

- 55 of 59 counties: at least one approved Innovative Program.

- 172 Innovative Programs approved to date:
  - 105 approved by MHSOAC
  - 67 Approved Locally

- Average time from submission by county to MHSOAC approval (post-AB 1467): 24 business days.
MHSA Definition: Innovation

- Introduces new mental health practices/approaches including prevention and early intervention or
- Changes an existing mental health practice/approach, including adaptation for a new setting or community or
- Introduces a new application to the mental health system of a promising community-driven practice/approach that has been successful in non-mental health contexts or settings

Innovation Trends

- Serious mental illness or emotional disturbance: 70%
- Treatment: 55%
- System changes: 45%
- Early intervention: 37%
- Crisis response: 32%
- Prevention: 23%
Innovation Trends

■ Peer Support
  ▪ Riverside: Recovery Learning Center
  ▪ LA: Integrated Peer-Run Model
  ▪ Contra Costa: Promoting Wellness, Recovery, and Self-Management through Peers
  ▪ Humboldt: Adaptation to Peer Transition-Age Youth
  ▪ Lake: Peer-Informed Access
  ▪ San Diego: Peer and Family Engagement Project
  ▪ San Francisco: Peer-Led Hoarding and Cluttering Support Team
  ▪ Marin: Client Choice and Hospital Prevention Program
  ▪ Trinity: Respite Support Project
  ▪ San Joaquin: Adapting Functional Family Therapy

Innovation Trends

■ Physical-Behavioral Integrated Health
  ▪ Ventura: Healthcare Access and Outcomes Project
  ▪ Tuolumne: Wellness: One Mind One Body
  ▪ Tulare: Integrated Clinic with Pharmaceutical Case Management
  ▪ Tri-City: Integrated Services
  ▪ Stanislaus: Integrated Innovations
  ▪ Sonoma: Integrated Health Team
  ▪ San Mateo: Total Wellness
Innovation Trends

■ Physical-Behavioral Integrated Health
  ▪ San Diego: Physical Health Integration Project
  ▪ San Benito: Primary Care Integration Project
  ▪ Orange: Integrated Services
  ▪ Nevada: Integrated Healthcare
  ▪ Modoc: Taking Integration Personally
  ▪ Madera: Development of Model of Integrated Peer Support and Clinical Services
  ▪ LA: Integrated Clinic Model and 3 others
  ▪ Inyo: Coordinated Care Collaborative

■ La Cultura Cura
  ▪ Monterey: Alternative Healing and Promotores de Salud
  ▪ Napa: The Collaborative Project
  ▪ San Bernardino: Holistic Campus
  ▪ Santa Clara: Multi-Cultural Center Project
  ▪ Sonoma: Reducing Disparities Community Fund Initiative
  ▪ Sutter-Yuba: A Culturally Competent Collaboration to Address Serious Mental Illness in the Traditional Hmong Population
  ▪ Tehama: Drumming for Health
  ▪ Stanislaus: Families in the Park
Innovation Trends

- **La Cultura Cura**
  - Berkeley: African-American Community Empowerment Academy
  - Butte: A Community-Based Treatment for Historical Trauma to Help Hmong Elders (The Happy Program)
  - Fresno: Holistic Culturally Competent Wellness Center
  - Kings: Native American Youth Equine-Facilitated Psychotherapy Program
  - LA: Community-Designed Integrated Service Management Model
  - Merced: Strengthening Families Project

Mental Illness/Mental Health

- Innovation may affect virtually any aspect of mental health practices or assess a new or changed application of a promising approach to solving persistent, seemingly intractable mental health challenges.
Primary Purposes

- Increase access to services
- Increase access to services for underserved groups
- Improve the quality of services, including measurable outcomes
- Promote interagency and community collaboration

MHSA General Standards

- Community collaboration
- Cultural competence
- Client-driven
- Family-driven
- Focused on wellness, recovery, and resilience
- Integrated service experience for clients and their families
Time-Limited Pilot Projects

- If an innovative project has proven to be successful and a county chooses to continue it, the project work plan shall transition to another category of funding as appropriate
  - Timeline
  - Evaluation
  - Budget

Timeline

- Timeline with sufficient opportunity for learning, testing, making decisions, and disseminating
  - Maximum five years (proposed regulations)
  - Key activities and milestones
    - Implementing and refining
    - Evaluating
    - Making decisions
    - Communicating successes and lessons learned
Evaluation

- Plan to evaluate whether/how Innovative Project has proven to be successful
- Expected outcomes of Innovation
- How and at what frequency outcomes will be measured
- How outcomes relate to Innovation’s primary purpose
- How county will assess which elements of Innovation contributed to positive outcomes, especially whatever is new or changed

Budget

- Includes anticipated future Innovation funds
- County provides budgets for each fiscal year and total budget, specifying MHSA Innovation funds
- Budget is consistent with a time-limited pilot; county has option to provide narrative with brief rationale for budget
Change

- Expected to learn and change as you go along
- Evaluation is ongoing, not just at the end
- Participants and community members have lots to contribute to evaluation
- Changes that require community participation and MHSOAC approval
- Implementing change as a result of Innovation learning

MHSOAC Support for Counties on Innovation

- Partnership with community members
- Pre-submission technical assistance and support, if county requests
- Review of submitted plan for consistency with MHSA requirements using MHSOAC review tool
- Phone conference with county
- Support and review county’s revisions
- Submit to MHSOAC
- Support for Innovation evaluations
- Support for telling the story and sharing successes