

# EARLY CHILDHOOD MENTAL HEALTH CONSULTATION

FY2015-16

The Early Childhood Mental Health Consultation (ECMH) program promotes mental health and reduces the likelihood of adverse childhood experiences for children 0-5. It provides training and consultation for childcare providers at subsidized preschools in (a) developing children’s social emotional skills, (b) working effectively with children who demonstrate behavioral issues, and (c) identifying children at the earliest point and linking their families to needed services. In addition, consultants provide education, brief intervention, and linkages to further services for families of children identified for services.

Provider	Jewish Family and Children’s Services	Number served	Cost per person
Services	Prevention services for <u>children</u> in subsidized preschools, including training and consultation for childcare providers	637	\$361
Prevention	Brief interventions and linkage to services for <u>families</u>	108	
Staff	2.6 FTE: consultants, occupational therapist, coordination	Budget	\$230,000
Target Population	Children (0-5) in subsidized preschools. Services are provided in the preschools or in the home. English and Spanish. <i>Be clear on unique/underserved aspect</i>		
Substance Use	<i>Note any SU related services</i>		

Outcomes for FY14-15	Goal	Actual
<b>Children and Families Receiving Services</b>		
Children that received prevention services.	800	661
Percent of these children that come from un/underserved cultural populations (Latino, Asian, African American, West Marin).	70%	82% N=661
Children/families identified for enhanced intervention (through observation or validated screening tools for child behavior or family caregiver depression) and provided services through ECMH Consultation.	75	110
Children in childcare settings served by ECMH Consultants retained in their current program, or transitioned to a more appropriate setting. <i>Case notes</i>	100%	100% N=661
Parents/primary caregivers of families receiving intensive services that report increased understanding of their child’s development and improved parenting strategies. <i>JFCS multi-county parent questionnaire</i>	85%	100% N=17*
Families receiving ECMH Consultation services that report satisfaction with the services (would use again, would recommend, were helpful). <i>PEI survey</i>	75%	100% N=17*
<b>Early Childhood Education Sites Receiving Services</b>		
Childcare staff that received additional consultation and/or training	160	129
Childcare staff receiving ECMH Consultation that report increased ability to identify, intervene with, and support children in their care with emotional/behavioral issues. <i>JFCS multi-county provider questionnaire</i>	85%	87% N=67
Care providers receiving ECMH Consultation services reporting increased effectiveness in communication with parents. <i>JFCS multi-county provider questionnaire</i>	85%	81% N=67
Staff receiving ECMH Consultation services that report satisfaction with the services (would use again, would recommend, were helpful). <i>PEI survey</i>	75%	93% N=67
ECMH consultants that showed increase in knowledge about sensory processing and environmental supports. <i>JFCS multi-county provider questionnaire</i>	100%	89% N=47

## **Demographics**

*Insert charts showing demographics of those served*

## **Program Trends**

*Such as:*

- *Ways the program has adjusted to meet needs over time (change in pop served, svcs)*
- *Unexpected outcomes/benefits*
- *Specific feedback received*
- *Other ways the program has contributed to the system of care (collaboration, etc)*

## **Program Challenges**

*Such as:*

- *Unmet need – who is not getting served?*
- *Key challenges and how you have/will address them*

## **Client Story**

**MHSA Three-Year Plan**