

# MHSA Advisory Committee Meeting Notes

August 24, 2016

1:30-3:00 pm

20 N. San Pedro Road, Point Reyes Conference Room

*Advisory Committee Members Present:* Brian Slattery, Carol Kerr, Gail Theller, Laura Kantorowski, Nick Avila, Robert Reiser, Sandra Ponak, Sandra Ramirez Griggs, Sandra Fawn, Victoria Sanders and Vihn Luu.

*Non-committee participants at this meeting were:* Kristen Gardner, PEI/INN Coordinator and Mary Roy, MHSA Three Year Community Planning.

Welcome, introductions, review of the agenda and materials were provided to the participants of the meeting. Item added to the agenda, with the consent of the committee: Draft Outcome Rating Scale. Suzanne Tavano had a conflicting meeting in Sacramento, which prevented her from being in attendance.

*Announcements:* Kristen shared NAMI's annual county program listing with committee members.

## **Committee Updates:**

### **MHSA Advisory Committee Outreach**

**Kristin will convene a Membership Committee Meeting, which will take place on Wednesday August 31, from 2:00 to 3:00 in the Point Reyes Room.** Interested members of the MHSAAC are encouraged to attend. The current committee membership was reviewed and committee members suggested additional representation, in the following areas:

- Children
- TAY
- West Marin
- African American
- Co-occurring MH/SA representative

A discussion ensued regarding the challenge of providing consumer members of the committee and how to improve their input into the MHSA Planning Process. This will continue to be a focus of committee attention.

When considering how to recruit additional members, clarity was sought regarding the role and impact of MHSAAC Members in the decision making process. Mary clarified their role was advisory. Questions were also raised regarding the decision making process, and how priorities are set. This item will be placed on the agenda for our next meeting. Concerns regarding trust in this process were expressed and the historical context in which these issues arose. It is hoped that we can design a process, which will increase the level of trust and meaningful committee involvement.

A recent decline in attendance by committee members was noted. There was discussion regarding whether this was attributable to summer or whether there were areas of improvement, which could be identified. Kristin reported that some members who for personal reasons taken time off were planning to return.

Committee members also raised the issue of whether their role was to represent their particular program, a population they were chosen to represent or the mental health interests of the community. We will put clarification of committee member roles, and committee process on our upcoming agenda, so that members can create shared standards.

### **MHSA Program Rating Scale**

Laura Kantorowski introduced a draft rating scale for consideration by committee members. A strong preference for a 5 point rating scale was expressed. Other areas added to the draft rating scale were: Community Priorities, Program Outcomes and Cost per person per service. MHSAAC Members are encouraged to provide additional feedback to Laura via e-mail before the next committee meeting. The results will be reviewed at the next meeting.

### **Innovation Project Status Report**

Kristen provided an update on the Innovation Project. A Transition Age Youth Advisory (TAY) Council has been formed. They have selected the facilitator through an Request for Qualification process and Julie Kawahara from Kawahara Associates was awarded the contract. Resource Development Associates was awarded the contract to evaluate the project. Kristen reviewed the timeline and next steps in the project. The challenge of effectively engaging TAY was discussed. Additional members for the advisory council are being recruited with the goal of having a committee, which is representative of the ethnic and cultural composition of Marin, which can address the health equity issues which have been identified in this project.

### **MHSA Planning Overview**

Mary reviewed the Flow Chart for the upcoming MHSA Planning Activities and solicited advisory committee input. MHSAAC members have provided input on Consumer participation and LGBTQ population. Copies of which were provided to committee members. Additional MHSAAC members will also participate in providing input on Vietnamese, Latino and Veterans. This feedback will be built upon to create a composite picture of the identified, health equity populations.

Recommendations for consideration will be generated for consideration as part of the MHSA planning process. MHSAAC members will be updated on a monthly basis regarding progress. Additional Key Informants are being identified throughout the process and interviews are being scheduled. If you would like to provide MHSAAC member feedback, please contact Mary directly at maryroymft@gmail.com or 925 360-9928 to arrange a meeting.

A variety of methods will be used to gather data for each area of focus, which may include literature review, existing data review, focus groups and community meetings.

**CORRECTION: Veterans were inadvertently omitted from the health equity areas of focus.**

### **Advancement of Clinical Practice**

There have been two areas of focus identified for the advancement of clinical practice: Early Intervention in Psychosis and Suicide Prevention. Although there was support for these areas of focus, questions regarding why they were chosen were voiced. Mary explained that Early Intervention in Psychosis programs have been researched and proven to be effective in reducing the long-term disability associated with psychotic disorders. Marin County has received a small amount of Federal funds to begin this work.

### **Review of Upcoming Meeting Dates:**

During the months of November and December, the MHSAAC meeting dates and times conflict with holiday schedules. Committee members identified two alternate meeting dates for each month. The proposed dates were reviewed with Dr. Tavano and the updated schedule for the **November and December meeting are now rescheduled to:**

**November 15, Tuesday 12:30 to 2pm and**

**December 13, Tuesday 12:30 to 2pm.**

Committee members identified the following positive aspects of the meeting:

- The timeline for MHSA planning
- The discussions within today's meeting
- The rating scale developed by Laura Kantorowski
- Materials were provided in advance of today's meeting

The following areas were identified for improvement:

- Increased data
- Increased decision making
- Clarity regarding how the areas of focus for MHSA Planning were determined

Members voiced a desire to have more information provided regarding other funding, which may be outside of MHSA, but will impact Behavioral Health.

### **Next Meeting Agenda**

**Our next meeting is scheduled for Wednesday, September 28, 1:30-3pm** in the Point Reyes Conference Room at 20 North San Pedro Road. A proposed agenda will be sent out in advance of the meeting.